

Forest Walk - How quickly things can change

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How quickly things can change. I now have my two screens, the sunroom, an internet connection. And I even managed to get the printer/scanner connected via cable which is a must for me since I want to scan all my photos and need to discard lots of paper stuff.

Forest Walk

Today for the first time I went out to the forest which is just across the road. So lovely and peaceful to walk amongst the trees, to see all the little pink/mauve violets coming up. It is so good to just go out and walk and already be in nature.

Did I tell you that dreams come true?

Legacy

Today I watched the Legacy of Bob Proctor. Since I did the Thinking into Results course with Vivienne Posch I still get mails and was again inspired by all he represents in having a vision and acting to get what you want. He stresses you need to decide what you want without worrying or wondering how to get it, or how much it costs. The universe can work when you do your bit.

This is so aligned with Unification Principle. Whether you believe in spirit world, the power of prayer, quantum physics, miracles, or just the power of positive thinking, all systems are aligning to the same frequency: to the power of high vibrations.

Transition

I've been settling into the new home and only recently recognized that even that, despite being a dream come true, requires an adjustment, a transition, an arrival. Sure, we are still unpacking boxes, even still carting stuff out of the old flat. And, I have my office set up, step by step, with patience and effort, the issues are being cleared and taken care of. Notice how here I said "and" not "but" as I continue conscious mindful gratitude.

Self-love

Then I realized I need to be patient with MYSELF! Are you in any of those groups which now stress self-love? So different to what we propagated years ago. Sure, you need to live for the sake of others, but you can't save anyone without saving yourself first. Same thing. Take care of yourself and you can take care of others. Mothers take note!

Spa

We drove to Baden on Saturday to the Roman baths. There's a sulphur pool and I was surprised how really hot it was when we got in. Maybe it's also because we still have no hot water in the new house yet. So, I washed my hair under the shower and again am overcome with extreme gratitude. For a hot shower! Can you imagine that? Gratitude for a hot shower. I guess it's the consciousness, the mindfulness.

Family

I think of each one of my family. My brother is in hospital instead of on a river cruise. My oldest brother shared a picture of his daughter on my mother's grave with her two daughters. Can't believe it is already four years since my mother died. Well, yes, it was Covid, I couldn't travel, and I haven't been back home to Australia since 2018, when my niece got married and my Mum turned 90. Like I said: Patience, breathe, be grateful.

Kids

Our children are so supportive, and it is so lovely to see them rejoice in our happiness in the new house. Three of us have moved these last few months so it is really a transition, a new chapter, I mean three of our family, which is actually seven of us. Our nephew from Australia came to visit after the recent events in Rome.

And I know I still need to re-evaluate what I post as I recognize my inclination to record details I don't want to forget. Or perhaps, I think I might forget and want to know there is a place where I can find them again.

Autobiography

You know what my next big goal is? I want to scan all our family photos and write my autobiography. Okay, so now I have said it. Yes, I post in gratitude because I have friends who are gone who didn't write their autobiography and maybe you won't even find anything about them. I still have a vision and am grateful for all I can do. Funny how I still think about what I am NOT doing. Lol.