

February Already

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What's Up?

We began this month with some review and budget measures and decided to cancel a few applications I have been paying for over the last years. Now, you can't stop me from learning or doing, so now we are all about learning by doing and I just created this avatar. Of course the risk is just like any addiction, that as you get into whatever it is, you easily get carried away and before you know it, the free version is used up. Now what to do? Do you pay for the next level? Do you just give up and do nothing? Do you switch to some other exciting shiny object?

Shiny Objects

Over the years, despite physical challenges, I have been extremely active and am so excited that now I have finally explored another fascinating aspect of this current age in time. I am fully aware that there are lots of people my age and beyond who are so very savvy in AI, ChatGPT, Instagram and all sorts of other modern tools of social media and communication. I must say I am happy to say that I am not addicted to my phone or any social media account, though I do appreciate all we can gain from responsible use of resources available to us.

Progress

My [blogs](#) until now have been created in [Thrive](#) and yesterday we cancelled my subscription which I purchased when I thought I would make a [business](#) after retirement. Don't get me wrong. I regret that I did not follow up the few who really asked me to mentor them, simply because I was not ready to scale or market amidst the demands on my time which I succumbed to, of simply helping voluntarily.

YouTube

You know I set up a number of [YouTube channels](#) for the [groups](#) I was supporting over the [years](#).

Another aspect of not scaling or marketing is that I do not have successors to follow up for those groups.

Legacy

I see this as an important aspect to take care of, especially now I see [more](#) and more of my [friends](#) and colleagues disappearing "to the other [side](#)" more quickly than we can hand over all our treasures.

Descript

I first learned about [Descript](#) a few years ago while networking across the seas, waves and miles. It's hard to believe how time has rolled on. It was [Sharam](#) who had an initiative from America which inspired me and one thing led to another. I joined the [PRnT](#) sessions, connected to other interesting and exciting people, some of whom I had already met briefly in person and some I met just a short time later. Your names and faces are right here and I don't know if I have the liberty of naming and sharing. I think all my friends and contacts are in the same category as my own family. They don't want to be abused or misused for public purposes.

Maturity

Some things change as we grow older. Yes, I too am learning this. Even from my own children. Not only, that I myself no longer have all the endless energy that I had when I was younger, but now my own children are not so fussy as they were. I am in a sense still hung up and caught in old concepts, which may have been helpful and valid when we were all living together. However, times really have moved on and perhaps it is time to start asking questions again. Maybe I can tell you how proud I am of each one of my five wonderful sons? Maybe we can shout it from the rooftops? Family is important. We value our relationships.

Signs of the Times

This week I went through some of my video recordings of the [farewell](#) speeches of my colleagues at work. I have posted them to YouTube on a private link meaning I can share them individually even though you can't find them in search or on my channels. I am so moved by the amazing people I worked with and all that was [accomplished](#) in those years. And I also grieve at the difficulties so many working at the [UN](#) now have today due to lack of funding, security or plan options. Don't get me wrong. I never had it easy there either. I was on thirteen short-term contracts, the ten years I worked at IAEA and only had job security the last couple of years after an intermittent retirement.

Retirement

Where my sister-in-law proudly pronounced her early retirement in her late fifties, I was sorry that I had to leave as a staff member and international civil servant at the age of sixty-five. It was self explanatory that I would continue supporting the [Toastmasters](#) Club and Women in Nuclear - [WiN](#) even after retiring. And of course that's where the voluntary activities again took a front row slot.

Conclusion

Okay, so I've managed an Avatar. I've written my blog. Next I need to set time limits to my goals and then just post whatever is ready. Otherwise, I am forever thinking of something else to add. And then, where is the main point?