

Youth UPF UK

Hi everyone,

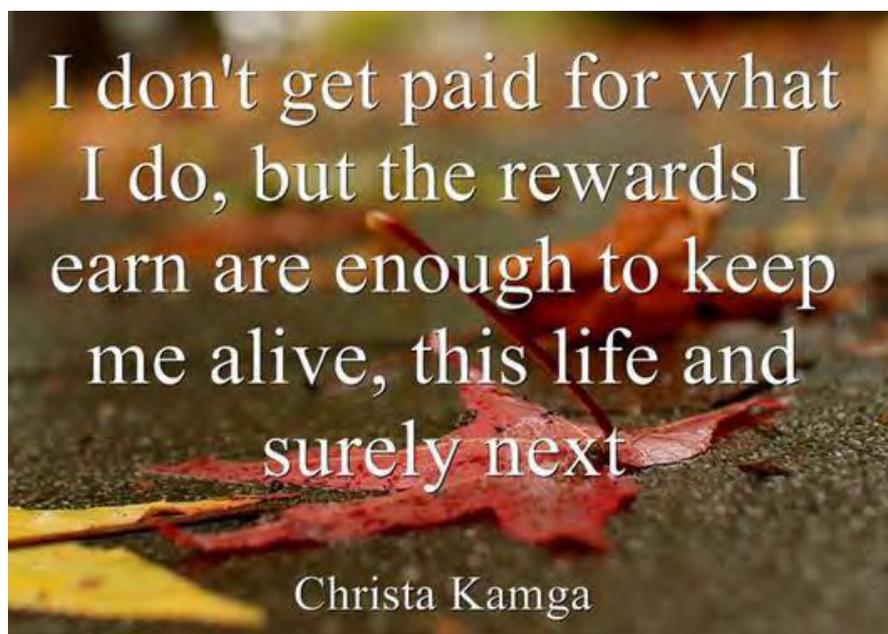
As you know I am Co- Director of YouthUPF in the UK at the moment and just wanted to share with you how much my life has changed since I actually decided to become more active with [UPF](#) after listening to True Mother's 2020 Vision in Korea. We can see Father's Vision being substantially actualized. When the vision is transferred to the AFP to the world at large. So many fascinating things start to emerge. They not only look forward to subsequent events but many agree especially after listening to lectures that it is much needed. UPF is also a fantastic medium to bring people to God so we just wanted to share below three examples of amazing people who do not only show interest in Rev. Father Moon's work and vision but want to go for workshops to understand "in their own words" this Great man of God and his drive for such implausible works. Just yesterday, someone was in tears on the UPF office phone It was 21:30pm saying she met her mentors in "US - the UPF" for the first time. The list is long but here are just a few, and we would like to start sending even on bi-weekly basis if you wish or more often. It is uncontainable and I personally, go back home deeply touched by the people we meet every time. I must mention I receive **only** basic travel expenses from UPF office but I don't mind, the rewards, I earn keeps me alive. Definitely a hope for the movement. Witnessing is an important activity for me and the UC and during one of our AFP gathering where Mark Brann gave a report on UPF works, I had a realization -moment that this witnessing can be done through UPF on big scale. There is also a wave of interest in UPF & YouthUPF works from some second generations who would surely be happy to testify. We hope very much that some will take responsibility in the future.

Christa Kamga

Please check the videos made by such supporters who devote their time and skills to YouthUPF & UPF <http://www.youtube.com/watch?v=rBpo2wUBVyY>

and from some other young YouthUPF volunteers during another event: http://www.youtube.com/watch?v=GH24Xokx6_M

There is much more but **Please also take time to read the attached PDF uplifting testimonies.**



THREE INSPIRATIONAL TESTIMONIES!

YOUNG PEOPLE LIFE BEING AFFECTED BY MEETING YOUTHUPF & UPF

28th August 2013

The UPF Ambassador For Peace Get Together – DP presentations followed by discussion and sharing on the topic living for the sake of other.

Testimony 1

(In the young lady's own words, YouthUPF, 1st year University Student)

The room was filled with inspirational ambassadors for peace ready to share their stories and aspire so naturally the spiritual stimulation did not end there. Margaret Ali and Robin Marsh went on to explore the UPF motto 'live for the sake of others' and successfully proved that it is more than a 'pretty saying.' They dissected the maxim in a way that showed that 'giving', 'helping' and 'aiding' others is not a favour we are doing for the world. Instead it is a necessity. It is something that we must do in order to survive and thrive spiritually. Having a counter view only focuses on our bodily needs. It turns out that many of us tend to prioritise the latter needs hence why so many individuals seem to think giving is a luxury. I did not think I was a perpetrator of such a stance but after listening to the presentation and evaluating my daily thoughts and actions, which at first instance seemed trivial, I more or less neglect my spiritual self and instead devote excessive time and effort to physical ME. As the presentation drew to a close, I made a mental note of all the actions, which focus on physical me and promised myself I would do more to ensure that spiritual ME is not kept in the shadows.

Trying to change so drastically is not going to happen overnight. Even a journey of a thousand miles must start with the first step. The Ambassadors For Peace however were way ahead of the game and were willing to share their achievements as well as setbacks with the rest of the group. What I found most inspirational was the fact that such individuals were of varying faiths; cultures and socioeconomic background yet all shared the same aim in life; 'to live for the sake of others.'

Another element of the evening I found extremely interesting was that one career does not have to hinder our ability to help others. Many tend to think in order to aid the less fortunate, one must eliminate every other aspect of their life, which consequently infers quitting the day job. However, this notion was proved wrong in the meeting. A particular ambassador for peace showed us that she is able to maintain her day job as Gregg's manager whilst simultaneously raising funds to help aid education in Ghana. And if this was not enough, she personally visits the children she is helping. She showed that we should utilise the resources provided to us, whether at the University as Students or talking to customers about our cause in a retail outlet or even at football ground, while playing with friends or engaging our work colleagues in our office with enthusiasm for the cause.

In conclusion I would like to say that I thank God that I came to hear this Principle. In the short few hours, I have learned so much and I was touched deeply by the presentations given and the people around me. I look forward to hearing more. We can all make a difference. All we need to do is take the first step. That in turn means that if we really want to change the world, we need to get up and take action by making the first step to uphold the UPF principle of Living for the Sake of Others.

By a young lady 1st year at University who has come to a couple of YouthUPF events & Youth Training day in June, she volunteered to be part of YouthUPF Team, this was her first exposure to Divine Principle Lecture presentation at an Ambassador For Peace Get Together to which she was invited by Christa Kanga.

THREE INSPIRATIONAL TESTIMONIES! YOUNG PEOPLE LIFE BEING AFFECTED BY MEETING YOUTHUPF & UPF

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Testimony 2

Another young person who has been a member of YouthUPF since its beginning was encouraged to come and help in the office and during conversations, after Christa shared how she met God, he was ready to share how he met God truly for the first time last year when he part-attended the seven days Divine Principle Workshop. After these deep talks in the office we invited him to come to the church and he has been coming to the South London community. The first time he came, he made an enthusiastic testimony of his experiences in YouthUPF and how meeting the UPF changed his life, he also joined our church holiday celebrations on another occasion and after attending church for a few weeks he feels very much part of the Embracing Unification Church community. After all this, the door was opened for us to approach him and asked him to attend the next seven day workshop which he is preparing for. What moved him to want to learn more about principles is because he wants to commit to a life of Unification Model family by understanding about the blessing.

Testimony 3

A third person we would like to mention is somebody who has also been to one or two UPF events, he is a friend of a guest of Robin who came to events and upon reading the website of UPF called Christa and said " how can I help YouthUPF?" I am so inspired by the vision of UPF and its founder Rev. Father Moon. From that day on he has been coming regularly to the office and one of the things he helped us prepare is the attached invite to the first anniversary of the ascension of True Father. Please watch the attached video it's only a few minutes, where he actually interviewed some of us including four second generations. <http://www.youtube.com/watch?v=rBpo2wUBVyY> . This person also appears in the video and wants to know more about Father Moon's life and works, so he has also been invited to the seven days' workshop for which he is also preparing.

There are a lot more inspiring testimonies to follow; God is really working with UPF and YouthUPF especially at this time. We would like to start with these three brief uplifting testimonies. If you liked these testimonies and would like to know more about our work, please contact the UPF office: pa@uk.upf.org where we can share more about our ideas regarding future programs and projects in the pipeline.

All the glory to our Heavenly Parents, thank you all for taking your time & God Bless

Father Moon's First Anniversary of his ascension event 31st August 2013



Some reflections from our second gens attending UPF- HQ event for the first time!

- I am so happy I came, this was very touching event, to hear about True Father's life with so many Ambassador For Peace, what was even more exciting was that there were so many young people associated with UPF.
- I enjoyed the overall program even though some speeches were long but the reading of True Father's poem by a second generation was great & another second generation dedicating a song to True Father was also very beautiful.
- Thank you so much for inviting me, I felt so privilege to be there with guests and members, second gens and YouthUPF it was wow. Definitely ask me again to help.

Testimony 1 - (11am – Malta YouthUPF Europe Project Preparatory UK-Team Meeting)

(By a YouthUPF team member doing Masters in Science)

Additionally to the most important event we were holding in the 31st August 2013 (Father's Moon's One Year Ascension Anniversary we also had our first Malta meeting (11am).

The Malta meeting was enjoyable and engaging. It allowed participants to get to know each other on a more personal level. I have enjoyed the ice breaker activity, where each participant had to bring an item that had a significant meaning to him/her. I felt confident about being able to share my item (Thomas the bear!) with everyone. The bear was given to me by my high school teacher. I also enjoyed listening to the stories of others regarding the items they have chosen. Christa chose a mirror that played an important role and a pledge card which played an important role in different. The mirror encouraged her to look inside herself every day to ask if she had done well to someone and while as the pledge card reminded her promise to God in eight ways. Lauren chose a MacDonald Happy-meal toy that reminded her of a good friend who showed unconditional support while she was ill couple of years ago. Keldon also brought a sparkling stone which he picked during a memorable trip. Finally, a beautiful bracelet was shared by Yousera because it reminded her of heritage and Moroccan culture.

In addition to the ice breaker activity, Christa had given us some questions to answer that focused on the term "social change". They were not as easy as I thought. I struggled. The questions were too deep, and had to think carefully before writing down answers. However, I went back home and looked up several YouTube videos related to the topic of social change then it made me realize that it was a good way for us to look into what actually social change is. I was on the right track. I guess (kind of!).

Overall, the meeting was a family-like atmosphere. I am looking forward to the Malta trip. It feels like everyone will benefit from this, particularly on social change-related topics and project management skills. I also cannot wait to meet participants from other parts of the world. Amazing what one young organization like YouthUPF can do. I am sure the trip will be exciting and beneficial to everyone.



Testimony 2 (2pm – Father Moon's First Anniversary of his ascension event)

(By a Young YouthUPF Team Member who was so attentive that she didn't even miss any detail or title of the speakers she wrote about, which even official report makers often miss.)

Father Moon Memorial Day

Father Moon; a man of endless compassion, courage and love . He was a man with a vision; 'to liberate humanity through the liberation of God'. From a very young age he devoted his life to not only vocalizing this message but also acting on it. It is easy for us to simply say what we believe in peace, unconditional love or human rights, but to go out into the world and endure hardship and barriers both social and political is something to be commended. Father Moon travelled the world visiting one hundred countries in one hundred days without taking a break. In each country he left an imprint of his message by changing someone's life be it supporting the Jerusalem Declaration or clearing blood between old enemies.

All of those who spoke at the Memorial Day did not fail to highlight the tribulations that threw themselves in Father Moon's path. When in North Korea, he was arrested and sent to a hard labour camp, which notoriously tends to break many of its victims and in some cases leading to insanity. But not Father Moon. He was an exceptional man. He fought the pain and agony by holding onto his love for God and refusing to give in to his physical suffering. How many times do we give in or at least contemplate the latter when one element fails to go our way?

A man of such courage and perseverance has shown us that when a human is armed with spirituality, love and compassion for his/her God, we can overcome any hindrance to achieve our goals. Such love led him to meet Kim Il Sung, a man who once tried to kill him. Wherever he went he inspired. When in the US he won the support of several Americans especially the Black Christian community. Proof of such support was demonstrated in 1976 when Father Moon staged the largest rally in the Washington Monument.

Although it has been a year since Father Moon's passing, his legacy has remained intact. As we celebrated his life and his achievements, many were enlightened and inspired to do their bit for

humanity. Ollie Davis emphasized that although Father Moon was no doubt an exceptional man, the power of compassion and unconditional love that drove him was not exclusive. It is an innate characteristic for some and for others it is acquired through experience. But once one has obtained such ability, once channelled in all the right places, we can really make a difference. He went on to put this into perspective by saying that if one man guided by an unconditional love can achieve so much, what a whole country or generation can achieve is surreal. To achieve this would of course require much sacrifice. Christa Kamga, co-Director of the UK UPF Youth, has started dedicating 75% of her time to UPF and has begun to see positive result which outweighs any sacrifices. So if we are willing to be selfless we too can aim to accomplish and help humanity as Father Moon did.



In commemoration of Father Moon's life, Jack Corley the National Director of FFWP really brought the message home with his phone analogy. He interestingly stated that although one could successfully use a phone as a door stopper, it would not be doing what it was truly capable of doing. Bringing this into context he inferred that many of us are not living our lives to the fullest in that we are not utilizing the gifts God has blessed us with to help and aid humanity. If we are blessed with wealth we should donate our money, if we are blessed with a beautiful voice, we should use music to put forward our message. Only when we utilize our gifts efficiently will we truly reach our fullest potential and only when will we make a difference.

World peace seems far too immense at times to comprehend and with all the violence and death around us one may even dare to suppose it impossible.

However Mr Corley presented this in an undisputable manner making global peace seem within our realms. He believes that it all comes down to family. If one can achieve peace at home and teach such morals to ones children, then this will move on and transcend through generations. This means ones does not need to look at over complicated peace models. Instead one should look at the nature of the family model to find the foundation that the world needs to finally put an end to all the needless deaths, bloody borders segregating brother from brother and sister from sister.

Humanity needs to stop and realize that racing forwards and developing new technical and complicated ideas is not the answer. The answer has been around for as long as life has existed. Family. Some such as Father Moon realized this and dedicated their lives to spreading this message. Sometimes in order to progress one must look back, reminisce and remember a time when straight rigid lines did not define us. Father Moon may have passed away but his message,

his work and his legacy are still here and do not plan on leaving any time soon. His life may have come to an end however his vision and the work needed to be complete it, still remains on this earth. Ready and waiting for us to take it further so that one day the words 'them' will cease to exist and world peace will finally return.

Testimony 3

(By a YouthUPF team member training in Social Media consultancy, introduced to us by a UPF guest)

As a Londoner, the Houses of Parliament is part of the landscape. Somewhere that I walk past but never in a million years expected to walk into, particularly as I'm not really the most political of people, however, to be able to go into such a place to see the work of the Universal Peace Federation was a real privilege. It really did make me feel as though peace is achievable and that people are trying to fight for humanity and the universal emotion of love rather than against each other because of religion.

Within the Eye of the Storm focuses upon the stories of two men, Rami and Bassam, two fathers that lost their daughters because of the "other" (with regards to the Israeli/ Palestinian conflict). I instead of letting their hearts be overtaken with hatred, they decided on peace and communication. The documentary thus focuses upon the fact that the two men have formed a friendship that is so beautiful and wonderful, that it completely destroys the myth of the "other", It is an excellent documentary that was screened by UPF in House of Commons. I felt absolutely privileged to be in the same room as the two men whose strength and courage is being used in such a positive way. I just hope that it has the desired impact on the world. Thank you UPF for this giving us hope that even in areas of deepest conflict there is possibility of overcoming hatred. After this event I determined to be part of YouthUPF.