

## WFWP Italy and International: Women and Their Desire to Love and be Loved

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On the 30th October the last webinar of the series "THE BEAUTY OF THE FEMININE WORLD" organised by WFWP Italy and sponsored by WFWP International was held. The title was "WOMEN AND THEIR DESIRE TO LOVE AND BE LOVED."

The moderator of the event Elisabetta Nistri President of WFWP Italy, after greeting all participants, reminded everyone that the webinar supported both number 3 and number 5 of the UN agenda for 2030. She also explained by showing the posters exhibited behind her that this year is the centenary of the late Rev. Moon's birth and invited everyone to visit the website [www.thelegacyoflove.org](http://www.thelegacyoflove.org) where information could be found about all the organizations founded and activities done by Rev. and Mrs. Moon. These activities are continuing under the guidance of Mrs. Moon including "the rally of hope".



The first speaker was Flora Grassivaro, President of WFWP Padua who spoke about the female qualities of sweetness and sensitivity which are very important but are many times accompanied by great vulnerability.

She also explained that the desire for love is natural and very important, and that we all have this quality

since our birth and there is a constant need to satisfy it. Unfortunately many relationships today are fast and superficial and do not help us to feel loved or satisfied. Mrs. Grassivaro quoted a sentence of the Roman philosopher Seneca, "Love if you want to be loved" as loving is an action and should be nurtured day by day with both small and big acts of service.

She concluded by quoting from MOTHER OF PEACE, founder of WFWP, Mrs. Hak Ja Han Moon's autobiography. We would like to share some of the sentences she quoted. "True love moves on a circular path. Where it starts or end no one knows... it is ever fresh, in spring, in autumn and winter... the more we give the more we receive."

The moderator Elisabetta Nistri then introduced the main speaker of the evening, Dr. Onorina Gibi who is a psychologist and family psychotherapist. She had already been the main speaker in the two previous webinars.



In her presentation, Dr. Gibi explained that women feel a very strong desire to be desired and loved, and because of this can sometimes fall into the trap of trying to please others at all costs, giving more importance to physical beauty and doing everything to make themselves more desired. But it is important to remember that this does not bring happiness; on the contrary it often becomes the base for creating toxic relationships, denying completely one's desires, dreams and ambitions in order to please their partner. This type of love is not true love but it is a relationship in which our partner becomes a "predator of energy."

Dr. Gibi explained various types of unhealthy relationships and the different types of hormones that activate in our body when we fall in love. These hormones last for only a brief time period so love must be built with commitment, time, and mental, physical and spiritual dedication towards the other.

Another thought to be considered is that women are afraid of being abandoned and often refuse to accept themselves when it happens. It is important to remember that suffering can help us to grow if we live through this experience wisely. She suggested that a good exercise to improve our self-esteem is to make positive affirmations to ourselves like "I'm a person of value, someone who will bring happiness to another person and to myself."

In concluding she said that all women deserve to be loved with true love and we should start by first learning to love ourselves."

Her presentation was followed by some questions from participants with answers given by Flora Grassivaro and Dr. Gibi. To conclude Dr. Gibi gave a small gift of visualization and meditation to everyone.

After a presentation of future events and goodbyes to all participants, the webinar ended with a video of the song "Hand in hand" and a presentation of all the activities done by WFWP International.

[www.youtube.com/watch?v=XDCgs8Ci4zUandt=13s](https://www.youtube.com/watch?v=XDCgs8Ci4zUandt=13s)