WFWP UK Yoga Promotion: Unlock Inner Peace with Exclusive Online Yoga Classes for WFWP Members

Mitty Tohma September 11, 2024



Dear WFWP Community,

After experiencing the powerful effects of Rosaleen Bloomfield's yoga session at our recent Women's Retreat, we're thrilled to invite you to take part in her alignment-based online yoga classes. This is your opportunity to not only stretch and strengthen your body but also cultivate balance, inner peace, and empowerment. With over 20 years of teaching experience, Rosaleen, the founder of Yoga Blooming, is known for her transformative approach - and now, as a WFWP member, you can enjoy an exclusive discount to join her inspiring classes.

Why join these classes?

Improve Physical Resilience: Through alignment-based yoga, you'll build strength, increase flexibility, and improve balance, leaving you feeling energised and physically strong.

Enhance Mental Clarity and Calm: These sessions are designed to reduce stress, cultivate mindfulness, and support your ability to stay centred as you navigate daily life, leadership, and community work.

Nurture Holistic Well-being: Each class deepens your connection between mind, body, emotions and spirit, fostering resilience and mental clarity in all aspects of life.

Exclusive Offer for WFWP Members

As a WFWP member, you are entitled to a 27% discount on Rosaleen's 10-Class Pack: £80 for a 10-class pack (normally £110)

That's only £8 per class!

Class Pack Validity

Each 10-class pack is valid for 12 weeks from the date of purchase, giving you flexibility to join when it suits your schedule. Missed a live session? No problem! You'll have access to recorded classes, so you can practise at your own pace and convenience.

How to Join

It's easy to start your yoga journey with Rosaleen's classes! Classes are hosted live via Zoom, and payment is simple:

PayPal: paypal.me/OnlineyogaRosaleeen

Bank Transfer: Email <u>rlbloomuk@ gmail,com</u> and I'll send you the payment details. Once your payment is confirmed, you'll receive a Zoom link to join the live sessions or access the class recording - whichever works best for you!

Upcoming Events

In addition to the online yoga classes, I also host quarterly in-person one-day retreats in London, as well as international retreats for those who wish to immerse themselves even deeper in their yoga practice. The next London retreat is 19th October, 10am - 4pm!

Frequently Asked Questions

1. How long do I have to use my 10-class pack?

Your 10-class pack is valid for 12 weeks, allowing you to establish a consistent yoga practice. You can join from anywhere and access recorded sessions if you miss a live class. You will have 30 days to watch the recording.

2. What if I'm not tech-savvy?

No worries! Our Zoom platform is easy to use, and we'll provide step-by-step instructions. If you need help, we're more than happy to assist so you can enjoy your yoga practice stress- free.

3. What makes these online classes different from free videos?

With these live, alignment-focused classes, you'll receive personalised instruction and real-time interaction with Rosaleen. Plus, being part of the WFWP community brings a sense of connection and support that goes beyond a typical yoga video.

4. How do I pay?

You can pay via PayPal <u>paypal.me/OnlineyogaRosaleeen</u> or bank transfer. Simply email <u>rlbloomuk@gmail.com</u> for more details.

5. Do you offer any in-person yoga experiences?

Yes! In addition to these online classes, we offer quarterly in-person mini retreats (1-day) in London and international retreats. These are perfect for deepening your practice in a more immersive environment.

Next Steps

Take advantage of this exclusive offer today! For more information or any questions, feel free to contact us at rlbloomuk@ gmail,com

Take this opportunity to nurture your well-being and cultivate inner peace while staying connected with the WFWP community and supporting our mission of empowering women worldwide. I look forward to seeing you in class!

Warm regards,

Rosaleen Bloomfield

Founder, Yoga Blooming rlbloomuk@gmail.com

