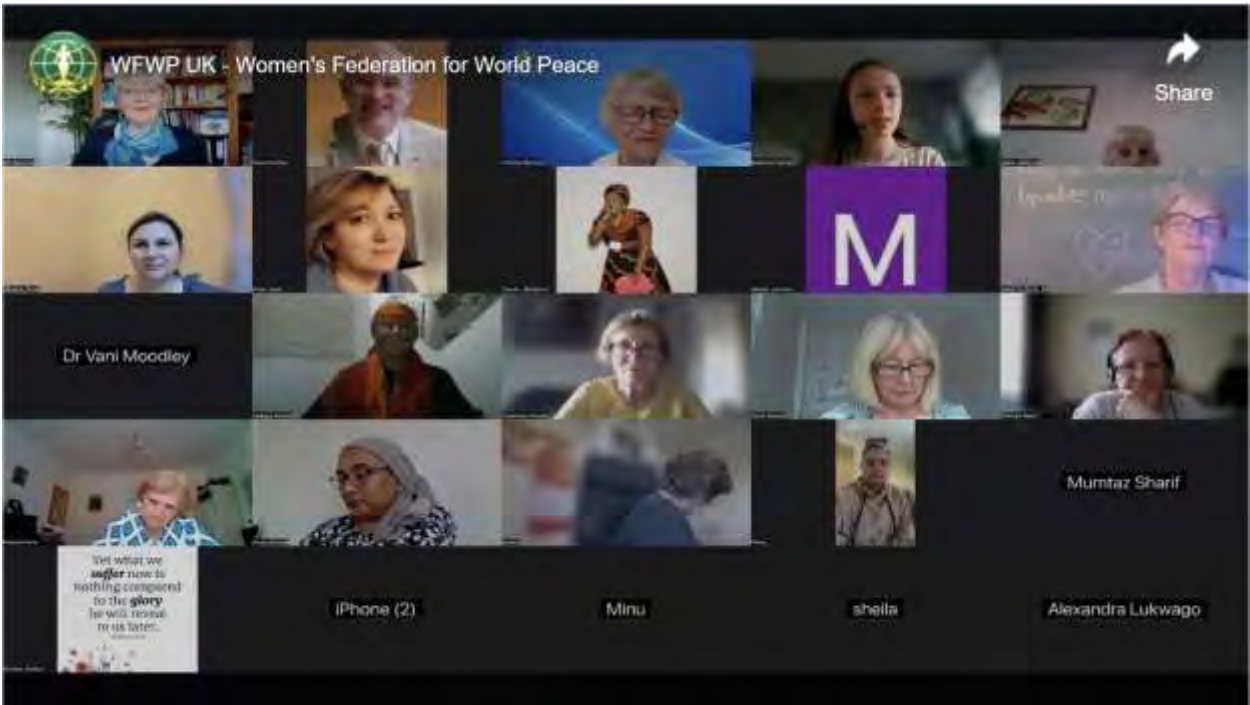


WFWP UK Conference on Women Faith and Family

Mitty Tohma  
June 16, 2025



To watch the recording of the conference click the play button or [click here](#).

A bit about the speakers:

**Gill Barstow:**

Gill is a member of the Church of Jesus Christ of Latter-Day Saints, having joined the church in 2007.

Her current role is as President for the women of the Milton Keynes congregation - around 60 women.

In her life she balances her church duties with being a working mum and Client Services Director of a People Development company.

Gill enjoys meeting and understanding people of other faiths and believes there is more that unites people of faith than makes us different.



She aims to find ways of serving the community around her, she is an enthusiastic and inspirational

member of Interfaith MK, and sings with the Abrahamic Women's Choir in Milton Keynes.

**Asma Ahmed:**

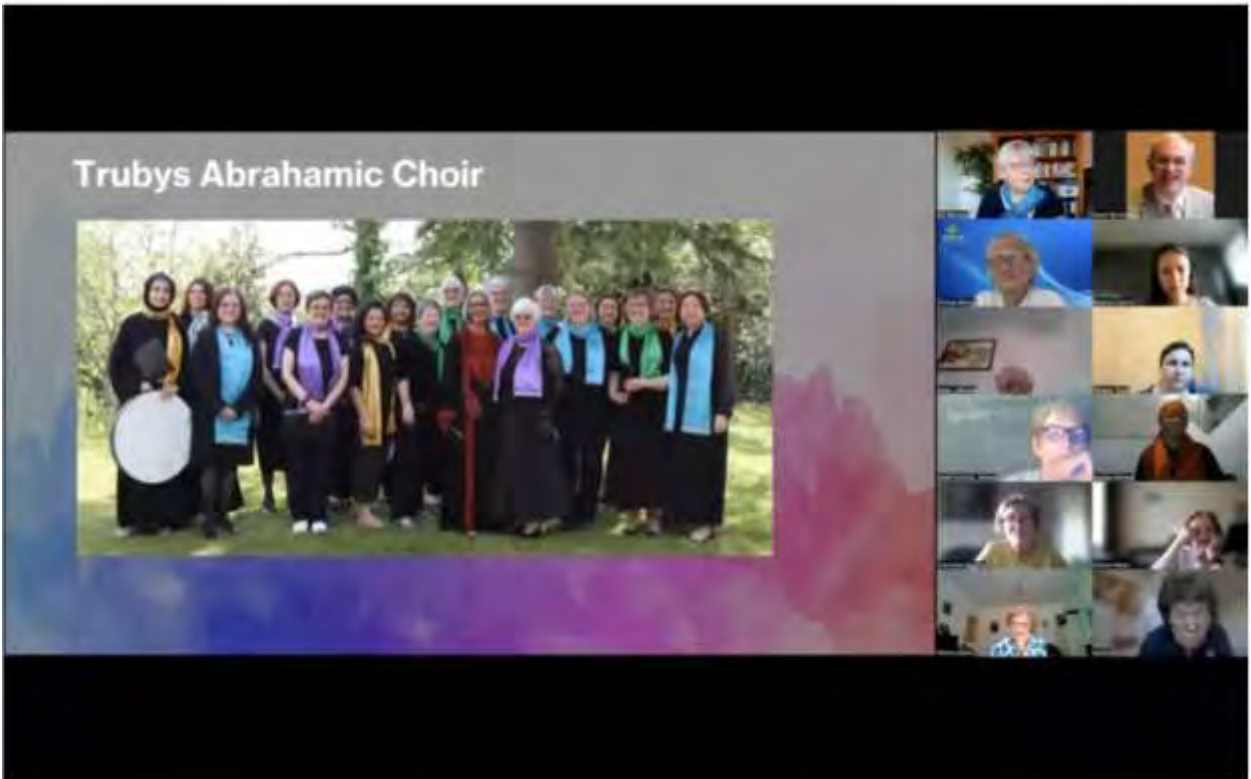
Asma is a lecturer, consultant and advocate for women's leadership education and sustainable development. With a background in Law, International Development and Mediation, she has dedicated her career to fostering inclusive spaces where women and marginalized communities thrive.



Asma is Co-Director of the Young Women's Speech Contest project, an initiative of the WFWP UK. She also is the Founder and Director of the NGO, Inspire Visions Collective,

She works at the intersection of grassroot initiatives and corporate social responsibility to inspire meaningful, lasting impact.

As a mother of three, she brings a deep understanding of the challenges and opportunities women face in leadership, education and social change.

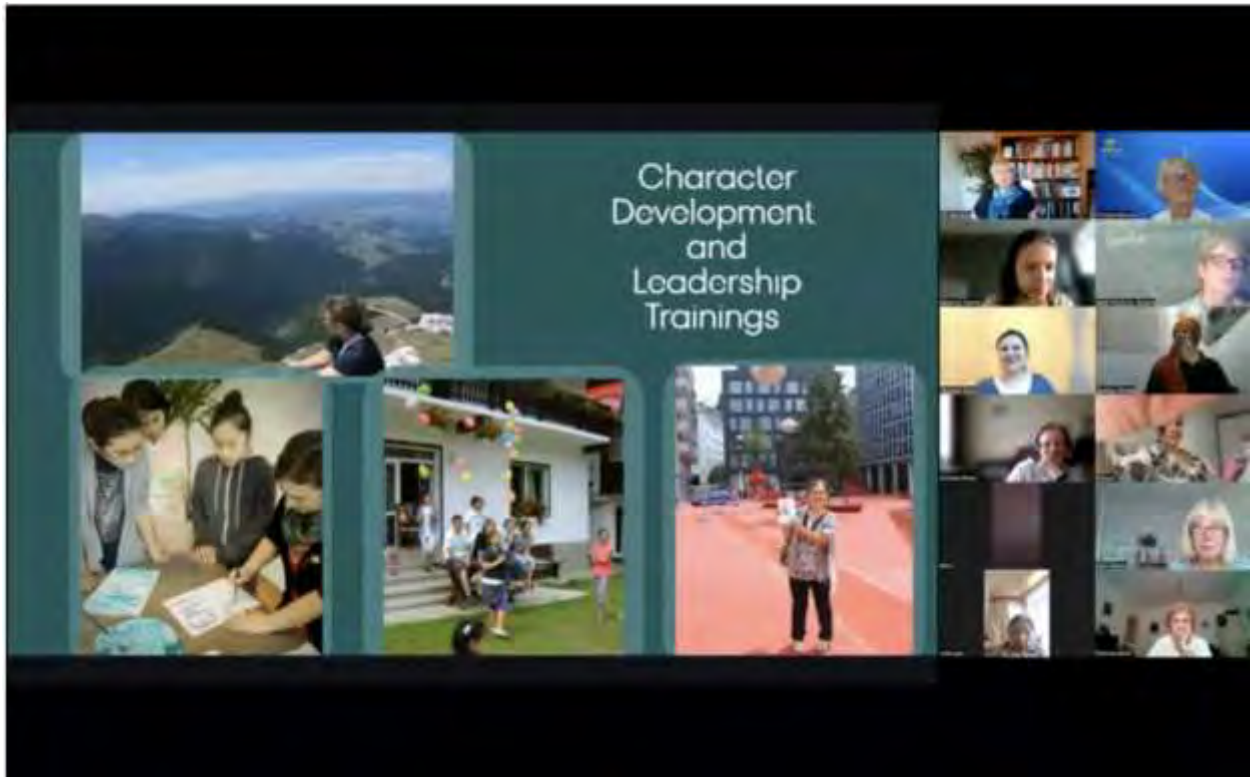


Her journey - from academia to NGO leadership - reflects resilience, vision, and an unwavering commitment to empowering communities around her and beyond.

**Dr Vani Moodley:**

Dr Vani was born in SA during the time of apartheid and studied towards a degree in science. Later in life she went back to university to study towards a degree in Ayurvedic medicine.

Dr Vani currently runs an Ayurvedic Clinic in Milton Keynes.



She hosts workshops on health and wellness for women and during summertime she runs free yoga classes on an open field in Westcroft, Milton Keynes.

Vani is deeply passionate about empowering women to take control of their health, wellness, and spiritual growth. She believes that every woman deserves to feel vibrant, confident, and connected to her inner self.

Through her work, she aims to create a supportive community where women can come together, share their experiences, and uplift one another.

Vani is married and a devoted mother of a set of twin girls.

### **Oksana Torok:**

Oksana was born in the Ukraine, graduated MA studies in Environmental Protection and moved to Denmark for a long internship in agro business.

Oksana then realized that our environment and societies can improve only after people live for greater values and principles. Thus, she devoted fully to volunteer work in leadership training and character development programs throughout Europe, South Korea, and Japan since 2008.

Oksana met her husband in this way and moved to Romania while traveling regularly to other countries in Europe and Asia. They've continued together to do charitable work, which took them for a few years to Scotland and now to London.

Oksana enjoys gardening, Asian movies and foods, crafting, and family time with their daughters.