

WFWP Ireland - Gong Bath - Gong4all Around the World (International Music Day)

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In celebration of International Music Day, WFWP Ireland hosted a gong bath on 22 November 2025 in conjunction with the Gong4all global network.

The session was hosted by Amanda Toumangelov (WFWP Ireland) together with Ishi Den from Star Miracle Healing.



Participants joined locally and online to share a synchronised sound meditation intended to send out collective intentions for peace, love and healing across the world.

The session combined guided intention-setting with immersive gong soundscapes, creating a supportive, meditative environment suitable for both newcomers and experienced sound practitioners.

By aligning with Gong4all's international schedule, the event connected local participants to a larger community practice, amplifying the energetic intention and raising awareness of sound healing as a tool for wellbeing and social harmony. The programme included a short introduction to sound meditation, the gong bath itself, a brief integration period, and optional sharing.

Promotional activity highlighted the link to the global Gong4all effort and encouraged participation from diverse age groups and backgrounds.

Reported by Amanda Toumangelov
WFWP Ireland President