

Let Go Of Fear And Our To See The Other As Who They Are

Sam Harley
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Years ago, when I was getting over a broken blessing, I was in therapy with our sister Pat Detlefsen. There was one exercise that brought out deep pain and sadness, and she had me do it for much longer than usual. I had tears streaming down my face, my hair was wet, I felt like I was never going to stop crying. The pain when someone you depend on wants to walk out is too heavy. I think we all have feelings like that, they're too much to handle so we stuff them away somewhere and try to keep going. This exercise was to let it out.

At the end, I felt exhausted but lighter. The next day, I got a phone call. We'd been out of touch for two years, and she was suddenly calling to say she was sorry for leaving as she did. She now understood the value of our family. It turns out we'd been living parallel lives, both cooking in religious institutions on the banks of the Hudson

River, going to see our therapists in New York. She said she was sorry, and I said "You haven't done anything God can't forgive, or I can't forgive." And I meant it.

Because I could let go of my negative feelings, she was liberated and called to say she was sorry. And I could forgive her as well. This was before the Internet, and we lost touch again. She had my number, but I didn't have hers. Sorry, there's no big happy ending here, but there is an important lesson.

When True Parents went to see Kim Il Sung, first they removed any fear or anger in their hearts, any lingering resentment from the pain they'd experienced. In other words, they made very sure they had no fallen emotions about him, that they saw him as a child of God and not as an enemy. Then they could win him over. Only then.

If we were half as vigilant about our own fallen nature as we were about Marxism, we'd have created a better world already. Too much commentary today is saturated in anger or fear, the dominant emotions of conflict and separation.

The problem is not Marxism, fascism, or who studied, or read, or was influenced by it. This is no more than a sophisticated form of cootie tracing. Fallen nature is what makes us susceptible to Marxism, arrogance, materialism, racism, atheism etc. And it is not controlled by fighting it, arguing with it, condemning it, attacking it etc. Once we taste the love of God that comes from unity, fallen temptations look like a waste of time. People of original nature are impervious to fallen nature.

But we have to let go of our fear and our anger before we can see the other as who they are.

We don't need to eliminate people with fallen nature. We need to create more and more people of original nature. And I think we know the way to do that.