

I missed my daily conversation with God, my Heavenly Father

John Hitchler
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36 days ago, I decided I wanted to read the DP once again over a 40-day period. In the beginning, I told God that I felt that by reading the number of pages it takes to read the DP during that time frame that I could use that as a substitute for my prayer. As the days progressed, I fell behind a bit, but was able to catch up, but something started happening inside of me. I was slowly becoming more agitated about little things like dropping a pen on the floor, things like that. As time continued, I became more critical and at the same time more angry, anxious, yet empty and longing.

I realized I was missing my daily conversation with God (my Heavenly Father, Parent - however and whatever). It was such an empty feeling and a sense of desperation that I became spiritually lame. My energy level was not there. I realized I needed to start talking to Him again.

As I am starting, again I am finding it difficult to realign myself into having an intimate relationship like I had before. In my own way before I started reading DP I felt close to my Father, it was a personal relationship. Without going any farther I will say I was able to move through the day in more of a peaceful frame of mind and heart. My dreams stopped. I was having profound dreams, I shared many here - since I replaced my priorities, they stopped.

But when I decided to replace my relationship with God using a different method than prayer, I was falling apart literally. To read a book by itself without having prayer in your life, it doesn't work. Morning scripture is good but prayer is a daily must.

It's important to establish some sort of a relationship to whomever you feel is the source that keeps you fulfilled with goodness. Some who rely strictly on your own powers, sooner or later you're going to find yourselves empty, lonely and confused, especially the older you get. Please don't go that direction. It's no good. To me it doesn't matter where you're at, just keep going there. You will know if it's good by the feeling you and energy you will have. Let it talk to you, let it guide you.

God Bless