

WFWP USA: Episode 3 - Kaori Becker: From Mochi Magic to Mindful Leadership

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In this inspiring episode of the HerStory Podcast, we're delighted to welcome Kaori Becker, a dynamic entrepreneur, author, culinary artist, and aspiring yoga instructor. Kaori is the founder of Kaori's Kitchen and co-owner of The Mochi Shop, where she and her mother share the joy of Japanese cooking, specializing in mochi and ramen. Her cookbook, *Mochi Magic*, has inspired many with its unique mochi recipes. Now, Kaori is excited to be launching a daifuku mochi shop, while also studying to become a yoga teacher, blending her love for food, wellness, and personal growth in new and meaningful ways.

Kaori opens up about her journey and the wisdom she's gained along the way. She reflects on how staying true to herself, while being open to new experiences, has shaped her path. From teaching cooking classes to discovering the power of yoga and meditation, Kaori has learned to connect her passions in a way that nurtures both her spirit and her creativity. She shares how balancing her personal life and business has deepened her understanding of what it means to truly heal and grow, and how nurturing relationships, especially with her family, has been a core part of her success.

As we dive into Kaori's story, she offers warm and thoughtful insights on leadership, personal contentment, and the power of connection. She talks about the importance of intuition and logic in her work and shares her vision for the future - combining yoga, meditation, and food as ways to help others find peace, balance, and healing. This episode is a beautiful reminder of the power of staying grounded, embracing both passion and purpose, and the impact of nurturing the connections that matter most.

Learn more about Kaori's incredible work:

The Mochi Shop Instagram: [@ the.mochi.shop](https://www.instagram.com/the.mochi.shop)

Kaori's Kitchen Website: www.kaoriskitchen.com

Kaori's Books:

[Let Your Passion Pay the Bills: How to Create, Market, and Sell Your First Experience in 30 Days or Less](#)

[Mochi Magic: 50 Traditional and Modern Recipes for the Japanese Treat](#)