

WFWP USA: HerStory Podcast Episode 4: Blossoming into the Beautiful I Am

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January 14, 2025



In this episode of the HerStory Podcast, Hilde Wiemann shares her journey and the profound lessons she's learned about leadership, community-building, and healing. As a coach and the founder of Generational Healing and Connect2HER, Hilde is dedicated to empowering women and creating supportive, nurturing environments for growth. She emphasizes the importance of self-awareness, vulnerability, and co-parenting with God in both personal and leadership roles, guiding others to discover their unique purpose and lead with compassion.

Hilde discusses how good parenting and generational healing are crucial to making lasting change, not only within families but also in broader communities. She believes that by fostering strong, loving relationships and building generational wealth in values and wisdom, we can shift the

trajectory of society. Hilde also encourages listeners to establish grounding routines, surround themselves with wise mentors, and never give up on their growth journey, regardless of the challenges they may face.

This episode is filled with empowering insights on personal and collective transformation, focusing on the power of connection, vulnerability, and living authentically. Hilde's story is a testament to the importance of building meaningful relationships and communities that uplift and inspire others, and it serves as a reminder that we all have the potential to create positive change through love and leadership.

Learn more about Hilde's work:

Generational Healing: www.generationalhealing.org

Connect2HER: www.connect2her.org

