

We Are Guided

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One thing that I continually request of God is: "Please lead and guide me." For my life, this is of utmost importance. And it amazes me how the guidance manifests. I will get an inspiration to do something and, a year later, or sometimes in the next instant, that inspiration becomes a reality! For example, I had an inspiration that if I gave a book to a specific person, it would help them. Circumstances changed and that book just sat on my shelf (what a waste) until I really wanted to give it away. I tried to give it to another person but somehow that didn't work out. Finally, the situation arose in which I could give it to the exact person about whom I originally had the inspiration.

So often I get thoughts that I consider to be like whispers of angels or guiding spirits telling me very specific small things I should do - for example, "Call them," or "Pray for them," or "Send them a photo, an email." And I act on these thoughts. I was told that the more we act on inspirations, the more new inspirations will come.



Indeed, sometimes the inspirations come with urgency, a sense of desperation conveying to me that I must act now; my whole being senses the urgency so intensely that it almost controls me. I once told a friend that it feels "like holding back a team of horses" as I must sometimes wait for the right moment to act.

Whenever my inspirations manifest, I am greatly reassured that my prayers requesting guidance are indeed heard and answered. A sense of fulfillment comes to me as I later reflect on the occurrences of my day, and also a sense that things were meant to be. A sense of inner stability and peace comes to me, knowing that in this immense world with people going in so many different directions, my life is guided.