FFWPU USA Blessing and Family Ministry: A Deeper Understanding of True Mother's Pain

Carina Mendez August 2, 2024



The Newsletter

Blessing & Family Ministry

MATCHING | MARRIAGE | PARENTING

August 2, 2024

Hello family. New MatchNet episode. High Noon in Latin America. Couples Retreat. Power of showing up. Sunday livestreams.

listen

True Mother's Pain (w/ Dr. Chang & Carina)



Dr. Chang is back with Carina to dive deeper into the heart of True Mother and our

Heavenly Parent. Find out how years of research have led Dr. Chang to understand True Mother's course and the history of our movement in a way that is relevant to the young generation.



watch

High Noon's Impact in Latin America



The Latin America High Noon team (Stefany & Fernando) shares about the growth of High Noon in Costa Rica, Ecuador, and Brazil.

Hear how our mission is making a difference across Latin America.

events

West Coast Young Couples Retreat



We are excited to host a young couples retreat, a space designed to support young couples in marriage and Blessed life. While there is a lot of support and guidance in preparing for the matching and Blessing, there is not much available after we get Blessed. This retreat was inspired by a desire to provide more resources and spaces for young couples to feel invested in and to create intentional time to invest in our Blessed life as couples. Don't miss this opportunity and register now!

<u>register here</u>

food for thought

The Power of Showing Up



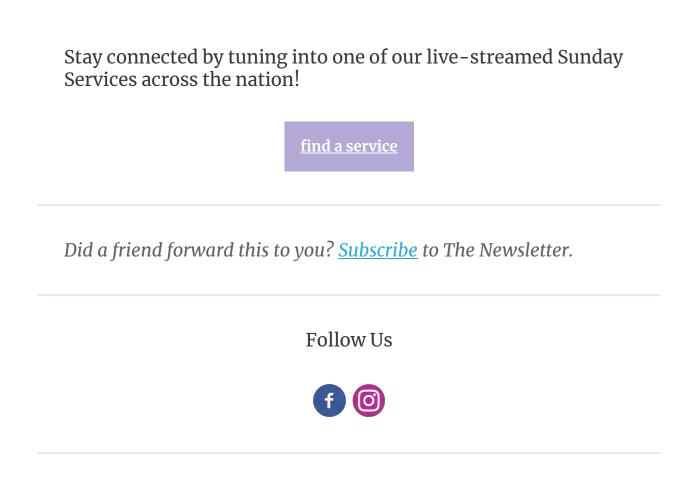
In their book, The Power of Showing Up, Dr. Daniel Siegel and Dr. Tina Payne Bryson says, "Showing up means bringing your whole being--your attention and awareness—when you're with your child. When we show up, we are mentally and emotionally present for our child in that moment." The connection you create when you "show up" is at the heart of your relationship with your child whether they are two or twenty-two. Connection is the energy that is created between us and them. It allows them to feel safe, seen, soothed, and secure.

<u>read more</u>

connect

Local Sunday Service Livestreams





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