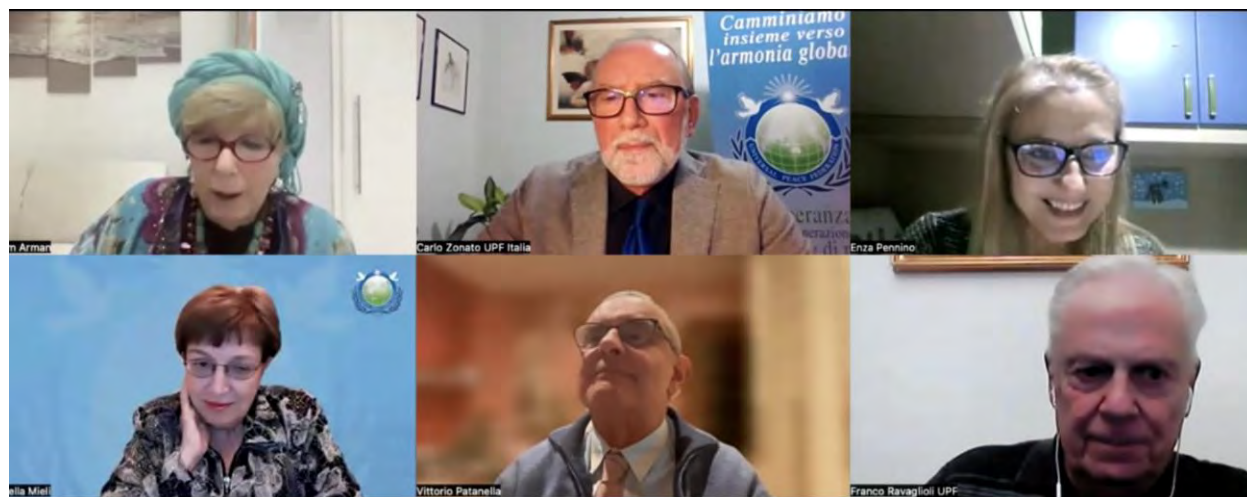


IAACP Italy: New Spiritual Perspective on Singing, Speech, and Communication

Enza Pennino
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Founder of the Institute for the Development of Voice, Torah, and Kabbalah, Ms. Miriam Jaskierowicz Arman was the featured speaker in the webinar "The Spiritual Approach to Singing, Speaking, and Communicating: The Secret of Bel Canto," held on Monday, 21st October, 2024, as part of the "Art and Culture as Instruments of Peace" series.

Sponsored by the Universal Peace Federation (UPF) Italy and the International Association of Art and Culture for Peace (IAACP) Italy, the event provided the expert vocal pedagogue with an opportunity to skillfully guide participants through the fascinating world of "Bel Canto" - a topic unfamiliar to some.



"For Arman, the voice represents a starting point, a tangible expression of our inner state," explained Ms. Enza Pennino, IAACP moderator and coordinator. "For her, voice work is truly a mission." Ms. Pennino further elaborated on how, during the event, Ms. Arman presented the Vocal Motion Technique, a method that literally rebuilds the voices of those who seek her guidance. This technique is combined with an inner journey intertwining spirit and soul. Through this path, which can take time, individuals have the opportunity to rediscover not only their voice but also themselves.

According to Ms. Arman, "We often underestimate the importance and potential of our voice, even though we hear phrases like 'giving voice to our thoughts, feelings, and emotions.' It is indeed from our inner world that we must begin to rebuild our voice - our instrument - and to recreate ourselves completely, allowing our inner dimension to finally be heard."

Ms. Pennino noted how "Ms Arman supports us in this soul-centred process, guiding us through emotional and self-awareness growth with a method we might define as spiritual, enhancing our relationships and communication."

The voice is essential for speaking, communicating, and singing. As highlighted by the speaker, it is a powerful instrument capable of reaching human consciousness. The same message, if conveyed in a different tone and voice, can carry distinct meanings. The voice represents the "moment" of ourselves that we share with others: it can generate peace or discord.

The secret of Bel Canto arises from the voice and stems from a method that has sparked controversy around Ms. Arman, as it diverges entirely from traditional techniques. Her work leads individuals to rediscover the pure voice of the heart and soul. Remarkably, anyone can aspire to achieve this gentle, profound sound.



"It all begins with thought - the thought of the word, the thought of sound, the thought of music. This is where the voice starts. Ms. Arman maintains that changing the voice transforms life. Her approach merges technique with spirituality, grounded in a profound inner harmony, where mind, body, and voice are in complete synergy," explained Ms. Pennino.

For Ms. Arman, "this synergy not only enables us to rediscover our inner voice, Bel Canto, but helps us to find a sense of peace that allows us to live in harmony with the rest of the world. This experience elevates us as individuals and brings us closer to our higher self."

This technique is detailed in her book, *The Spiritual Approach to Singing, Speaking, and Communicating: The Secret of Bel Canto*, a spiritual guide aimed not only at singers, actors, and teachers but at anyone passionate about singing who wishes to enhance or rebuild their voice, correct its flaws, and repair its damage to express its full potential.



Though revolutionary, the technique has ancient historical origins dating back to the singing of the Levites in the Second Temple of Jerusalem, forming the foundation of classical training of that era.

The course offered by Ms. Arman delves into technical aspects, providing a comprehensive understanding of the challenges and opportunities of the vocal instrument from every angle: physical, emotional, mental, and psychological.