

WFWP Oregon: Conscious Connections lead to Peace - Oregon's Ninth Annual Peace Conference

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The event featured a unique "connection light" exercise, symbolizing the importance of staying connected.

The International Day of Peace, established by an unanimous United Nations resolution in 1981, is observed globally every year on September 21. In 2023, the Women's Federation for World Peace (WFWP) Oregon celebrated this day with the Ninth Annual Peace Conference, held on September 20 at the East Portland Community Center in SE Portland, Oregon, a wonderfully diverse community.



The event, with the theme: "Creating World Peace with Consistent Conscious Connection," featured inspiring speakers and activities. The emcee, Ms. Claudia Al-Amin, WFWP Cascade Chapter Chairwoman, kicked off the day by reading a tribute to the Natives of Oregon and a Native Prayer. A Japanese choir serenaded the audience with traditional songs, setting a harmonious tone.

Kelly Coryell, a children's book author, introduced the work of the WFWP and its global peace-building efforts. She also shared personal experiences, including fundraising for a school in Mozambique, Africa, founded by WFWP.

Attendees participated in a chopstick-holding activity, highlighting the balance and harmony required in relationships.

Christine Edwards, community preparedness advocate, provided essential information on emergency

preparedness, emphasizing the importance of being ready for various situations.



Bekah Canfield, a physical therapy student, led an engaging session on self-care with practical exercises which were well-received and left attendees feeling relaxed and rejuvenated.



The highlight of the event was the "Consistent Conscious Connection" workshop, led by Mr. Doyle Banks, a Connection Advantage Coach. This interactive workshop aimed to promote positive mindsets, habits, and skills to foster consistent conscious connections in relationships. The workshop included activities, discussions, and practical exercises, such as cultivating goodwill and mindful listening.



In conclusion, the Ninth Annual Peace Conference was a significant success. It not only brought the community together but also left a positive impact. The East Portland Community Center expressed interest in further collaborations, and the event created ripples of connection and understanding.