WFWP USA: First Latino "Cornerstone for Peace" workshop in Spanish Language

Concha Marchitelli November 19, 2022



The Women's Federation for World Peace (WFWP) initiated a Latino Chapter on November 19, 2022!

It took over a year to manifest, starting with the vision of extending WFWP to Latino community women. This vision gained momentum when WFWP member, Monica Vallejo, caught the excitement and translated the following WFWP curriculums into Spanish: Leadership of the Heart, <u>The Cornerstone for Happiness</u> and <u>The Cornerstone for Peace</u>.

Everyone we invited attended and they brought others!

Nancy Makowski, chairwoman of the online Latino Community in the Washington DC/ Maryland area presented in Spanish the newly translated Cornerstone for Peace Curriculum, a transformational seminar from WFWP USA especially designed to help married couples find a

new vision for marriage and family and start a journey to strengthen or restore true love in their own lives and relationships.

Mrs. Makowski gave three 20 minute presentations followed by questions, answers, and then group sharing. The discussion that followed enriched the content presented as attendees shared their own wisdom gained from personal experiences. The interactive workshop fostered a sense of connection and community among the 15 attendees.

The seminar ended with a "call to action," because we want this Latino chapter to combine education with action. The call to action was to raise funds to send Christmas gifts to an orphanage in the Dominican Republic that I visited earlier in February (as a team Mom/Chaperone) with Generation Peace Academy, a service leadership program for high school graduates. The orphanage has 28 girls from babies to 18 years old. The founder started it many years ago with inspiration from the Virgin Mary. She impressed me because she leads the center with love and encouragement for the girls to go to college, get married, and form strong families. For this "call to action," we will have a bake sale and discuss other ways to raise funds.

This first seminar was a great success, which started with a vision and produced the substantiation of the first Latino chapter for WFWP in Maryland. We are excited to be able to use this platform to empower Latino women to use their God-given feminine aspect to strengthen their marriages, educate their families, and lead in their communities.



Editor's Note about the author: Concha Marchitelli is a long-time WFWP member, was a professional Spanish dancer, and is currently the director of dance and drama at New Hope Academy in Maryland. She is known in her community as Momma Concha.



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Leadership of the Heart



WOMEN'S FEDERATION FOR WORLD PEACE USA

C Leadership of the Heart

The Leadership of the Heart seminar is a one-day educational and interactive program, designed to bring out the powerful leader that is within *each* person and to offer tools to make peace a reality within each person's lives, families, communities, nations and the world.

How can I make positive change in the world?



peace.







value as a daughter of the divine and start to heal feelings of low self-worth.

A strong sense of self-worth

.....

Plug in to knowing who you are and your intrinsic

Your connection to the divine / Connect to your calling from within and how to contribute your unique gifts and talents to building

Leading with emotional maturity

Delve into emotional blocks and gain essential tools to overcome fear and build faith.

"This seminar helped me to connect with my inner heart. In the busyness of daily life, it's difficult to find time to really care for yourself and reconnect with your heart. As a leader, this seminar gave me an opportunity and many ideas on things that I can do to reconnect with my heart and to be a healthier individual. By doing these things, I realized that it is not selfish but rather **necessary to be the best person I can be for others and for God.**"

For more information and to learn how to attend a seminar near you, contact: (212) 302 8837 / info@wfwp.us / www.wfwp.us

Click here for Spanish

The Leadership of the Heart (LOH) curriculum is a 3-part seminar series of one-day educational and

interactive programs, which are designed to bring out the powerful leader that is within *each* person and to offer tools to make peace a reality within each person's lives, families, communities, nations and the world.

WFWP believes that peace starts with me - how can I make positive change in this world? In my neighborhood? In my family? Within myself? The LOH curriculum is designed to be wholly transformational on all these levels based on the universal philosophy of living for the sake of others and living by the logic of love. Becoming a leader of the heart really starts with knowing and loving oneself from a higher perspective and serving others from a parental or maternal standpoint..

Unique to WFWP is that we also believe there are intrinsic differences in feminine and masculine leadership styles, and that feminine and masculine styles are not meant to compete with each other, but to join strengths for the most effective leadership conducive to peace. We especially wish to bring forward the feminine relational aspect that brings people together and acts as a checks and balance to today's one sided leadership structure. Leaders of the heart will have a combination of both feminine and masculine types of leadership in order to deal with people in the most balanced way, effectively solve problems, and create a harmonious peaceful environment.

We want to share this life-changing material with you so that whoever receives it can succeed in and enhance their endeavors and areas of leadership. Women in particular are already leaders through naturally leading by example and educating their families. This curriculum is great for those who want to discover and hone in on the motherly or feminine style of leadership, which has not yet been explored in mainstream society - until today.



READY TO USE:

Part 1: Discovering the Leader Within

Part I: Discovering the Leader Within focuses on personal leadership - on how the way we think and act as individuals can have a positive impact on creating peace in the world. The introductory questions we address in Discovering the Leader Within are: What does it mean to be a leader and to lead based on heart? How can I become someone who can make peace a reality - right here, right now?

Within Discovering the Leader Within are the introduction and three sessions:

Introduction - discovering the meaning of leading with heart and how it ties to highlighting powerful feminine leadership qualities and balancing both feminine and masculine leadership styles.

Session 1) Spirituality - connecting to the Divine and connecting our passion to a higher purpose.

Session 2) Self Worth/Self Value - knowing who we are, what our value is, and how to heal low self-worth.

Session 3) Emotional Maturity - exploring emotional blocks and gaining essential tools to build faith and overcome fear.

By the end of each session, participants will feel empowered that they are already leaders of the heart and that they *can* make a positive difference exactly where they are in their homes, workplaces and communities. (Check out participants' feedback and past seminars below!)

IN DEVELOPMENT:

Part II is on **relationships and living a life of love and kindness**. This area has to do with compassion and reaching out to others. Foremost, in whatever we do, we do not want to hurt anyone's heart in our relationships.

Part III is on **good governance and stewardship**, taking care of the world we live in and making an impact starting from the local level, growing to the global level. This has to do with expanding women's leadership in society through collaborating with like-minded women and organizations.

Sessions can also be expanded to include local experts who offer advice and tools to further facilitate a

transformative experience and help participants continue the renewal process in their daily lives.

The LOH curriculum is adaptable to any audience and presenter style, and it includes meditations, visualizations, group sharings, journal sessions, and more. It is geared towards all age groups, and it is not only for women but also men.

Participant fee: Donations are encouraged to cover program costs.

TESTIMONIALS:

Melissa, Maryland:

This seminar helped me to connect with my inner heart. In the busyness of daily life, it's difficult to find time to really care for yourself and reconnect with your heart. As a leader, this seminar gave me an opportunity and many ideas on things that I can do to reconnect with my heart and to be a healthier individual. By doing these things, I realized that it is not selfish but rather necessary to be the best person I can be for others and for God. I'm so grateful I chose to attend!

Anonymous, Bay Area, California

It was my first time to attend this meeting and it was so great to be here. I talked about my family issues right after the meditation and it was really good to have someone to share with. It was my first time to share my thoughts and feelings with someone whom I had just met! I could open my heart to her. It was a really great meeting.

Matthew, Maryland

The seminar was especially relevant to our time, because it dealt with our emotional maturity. It noted how we can overcome our reactions based on just feelings. The presenters used personal examples on how they as mothers and women in leadership model mature responses to difficult situations. It was great to be challenged on our own situations and practice those higher orders of response.

Anonymous, Westchester, New York

I really appreciated this beautiful seminar. I'm going through a difficult time in my inner-self and my relationships with family and friends. The topic really hit the point: self-esteem, and feel my value.

Zena, Virginia

This section of the Leadership of the Heart series on Emotional Maturity was very meaningful to me as it dealt with the issue of fear and trust and how being aware of these emotions can impact our leadership. Angelika Selle, who presented the section on Emotional Maturity, pointed out that fear is the root of so many of our negative emotions. We can work through our fear in different ways - journaling and meditation among some of them - but most importantly we need to become self-aware and to choose to work through our negative emotions. At one point in the seminar, we were encouraged to make affirmations that we could work towards. I found my affirmation to work on the possibility to trust myself to be very empowering for me personally. The seminar really helped me to gain a perspective on my life and to understand what blocks I have to becoming a true leader of the heart and how I can work to overcome them.

Elizabeth, Washington, D.C.

The seminar was inspiring, uplifting and interactive. There were so many areas of the seminar that moved me, such as the meditation component. For a few minutes, I could go deeper within and connect to the divine, higher self and find peace. The presenters gave us the opportunity to understand more about the Leadership of the Heart and our own inner spirituality; that we are already divine beings, the feminine aspect of God.

We [are challenged] to tap into our inner self and identify our own gifts. If we can connect them to a higher purpose, we can change lives. The world needs both feminine and masculine leadership, but not just any kind of leadership. It has to be Leadership of the Heart in order to bring peace in the world.

Anonymous, Westchester, New York

"Through the meditation portion of the seminar, I was able to feel God's warm heart behind the wall of the gift which I think of myself. Good program, very relaxed and beneficial."



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Cornerstone for Happiness

MARRIAGE AND FAMILY SEMINAR



The Cornerstone for Happiness: Marriage and Family Seminar is a one-day interactive workshop developed by WFWP USA to empower women and men of all ages to improve their family and marriage relationships based on the unique undergirding philosophy of living by the logic of love.

The Cornerstone for Happiness curriculum helps create stronger, healthier, and happier families which is the cornerstone of a peaceful world. **IF YOU'RE MARRIED 5 YEARS OR 50 YEARS...** marriage is a lifelong commitment and investment that requires continuous learning.

"I have been married for twenty-five years and I needed to hear this."

"For me, one of the great takeaways...was the concept and activity presented on Loving Actions... we work at becoming more loving and accepting and focus on what we can do differently!"



During the seminar, explore...

- Challenges we are faced with making it difficult to create healthy marriages and families
- What we can do to repair, nurture and grow essential family ties
- A unique take on marriage, considering how it can be an active spiritual practice
- How to form new, loving and healing ways to communicate and deepen the relationships that matter the most

Married couples are also invited to participate in a special and deeply moving ceremony to recommit their relationship and family to God through the Marriage Rededication Ceremony.

www.wfwp.us / info@wfwp.us / (212) 302 8837

Click here for Spanish

"I have been married for twenty-five years and I needed to hear this.

- Anonymous

The Cornerstone for Happiness: Marriage and Family Seminar is a one-day interactive workshop developed by WFWP USA that is meant to empower both women and men of all ages to improve their family and marriage relationships based on the unique undergirding philosophy of living for the sake of others and living by the logic of love.

The Cornerstone for Happiness curriculum has proven to help in creating stronger, healthier and happier families which we believe is the cornerstone of a peaceful world. It has motivated and inspired many to take a new look at their marriage and family, and yes, commit or even recommit to the same spouse they have been married to.

This curriculum illustrates the importance of building healthy marriages and families, both for ourselves and for our society. It also addresses the inherent challenges we are faced with that make it hard to accomplish the goals of a healthy marriage and family. Whether you have been married for 5 months of fifty years, marriage is a lifelong commitment and investment that requires continuous learning. As such, this curriculum is a tool to facilitate that learning process by first and foremost teaching how to lead by example within your family.

We believe that world peace begins within an individual, that the family is meant to be the school of love, and that parents are meant to be the primary educators of the heart for their children. This means that the strength and success of a family depends on the strength and success of a marriage. We believe that marriage matters!

The hope is that each participant in this seminar leaves empowered with new insights and practical strategies that can be immediately applied to daily life, whether one is currently married or not.

SESSION OVERVIEW:

Session 1: Where Are We At? - establishing the current culture and its effects on marriage and family relationships.
Session 2: What Can We Do? - focusing on what we can do to repair, nurture and grow essential family ties.
Session 3: A New Way of Looking at Marriage - exploring a unique take on marriage, considering how it can be an active spiritual practice.

Session 4: Can You Hear Me Now?* - delving into communication habits and how to form new, loving and healing ways to communicate and deepen relationships.

*End of Session 4 - Marriage Recommitment Ceremony & Toast - as WFWP is proudly part of an international movement designed to strengthen and uplift marriage – the International Celebration of Marriage – the program can conclude with a toast to strong marriages and families centered on God.

The Cornerstone for Happiness curriculum is adaptable to any audience and presenter style, and it includes a worksheet, group sharings, and more.

Participant fee: Donations are encouraged to cover program costs.

TESTIMONIALS:

Myrna, Georgia

"For me, one of the great takeaways from this particular presentation and the day as a whole was the concept and activity presented on Loving Actions. A loving action is intentional behavior on our part that is motivated, unilateral, experimental and requires discipline. Instead of trying to get our partners to change, we work at becoming more loving and accepting and focus on what we can do differently!"

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Cornerstone for Peace



"All creation wants love and needs love. And people are especially filled with happiness when they feel true love and a life based on true love. When they give and receive love, they are vibrant with life. **The perfume of life blossoms with genuine love.**"

Dr. Hak Ja Han Moon

The Cornerstone for Peace seminar is a transformational seminar from WFWP USA especially designed to help married couples find a new vision for marriage and family and start a journey to strengthen or restore true love in their own lives and relationships.

According to the American Psychological Association, "**Healthy** marriages are good for couples' mental and physical health. They are also good for children; growing up in a happy home protects children from mental, physical, educational and social problems." However, we see many challenges to creating happy and healthy families all around us. There are rising rates of divorce, increase in domestic violence, unhealthy relationships between family members, not enough healthy role models for children, a profound loneliness among individuals, and the oversexualization of our culture - to name a few.



At WFWP, we believe it is in the family where we are all meant to grow and learn about love: learning that I am loved and valued, learning how to respect and care for others, learning about commitment and fidelity, and learning to give and receive unconditional love. Building peaceful families is the key to building peaceful communities, nations, and world. The question is, "How?"





family which comes from the life work and peace philosophy of WFWP's Founders, Dr. Hak Ja Han Moon and Rev. Dr. Sun Myung Moon. The purpose of this seminar is to awaken a new sense of the importance of marriage and family and to start to improve our own marriages and families immediately. Or if you are not yet married, prepare yourself for that future. At the heart is the Interfaith Marriage Blessing, a worldwide tradition where couples dedicate, or re-dedicate, their marriage to a greater purpose and

God. To get a peek at what the Marriage Blessing is about CLICK HERE.

We invite all currently married couples, couples thinking of marriage, and single women and men to this seminar to learn how we can each **create a new pattern of love** in our most important relationships. **Join us in a movement to revive or enhance love within your couple and family and create a culture of peace through ideal families.**

SESSION OVERVIEW

Session 1: A Movement to Uplift Marriage & Family -

takes a look at issues faced in society today, a new vision for marriage and family based on the life work of Dr. Hak Ja Han Moon, and her husband, Rev. Dr. Sun Myung Moon, and some fundamental principles for building true love relationships

Session 2: Our Purpose & Human Responsibility discussing our purpose of life connected to our Creator and our families and how self-centered love damages our marriages and families



"Marriage is more than a simple coming together of a man and woman... Through marriage, a new future is created: societies are formed; nations are built... God's world of peace is realized with married families at the center."

Rev. Dr. Sun Myung Moon

Session 4: Journey to Restore True Love - finding hope for refreshing, rebuilding and elevating marriage relationships in a real and transformative way through the Interfaith Marriage Blessing movement and process to substantially restore true love

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