

WFWP USA: Leadership of the Heart Seminar in Chicago

Soogin Odgen
May 16, 2021

How can I make positive change in the world?

In the Leadership of the Heart seminar explore....

Your connection to the divine
Connect to your calling from within and how to contribute your unique gifts and talents to building peace.

A strong sense of self-worth
Plug in to knowing who you are and your intrinsic value as a daughter of the divine and start to heal feelings of low self-worth.

Leading with emotional maturity
Delve into emotional blocks and gain essential tools to overcome fear and build faith.

"This seminar helped me to connect with my inner heart. In the busyness of daily life, it's difficult to find time to really care for yourself and reconnect with your heart. As a leader, this seminar gave me an opportunity and many ideas on things that I can do to reconnect with my heart and to be a healthier individual. By doing these things, I realized that it is not selfish but rather necessary to be the best person I can be for others and for God."

For more information and to learn how to attend a seminar near you, contact:
(212) 302 8837 / info@wfwp.us / www.wfwp.us

Chicago's local WFWP chapter hosted a hybrid [Leadership of the Heart Seminar](#) on Saturday March 27th from 9:30 am to 3:30 pm. Participants joined both in person and online in a series of three sessions on the topic of being a peace leader in all areas of life. A total of 30 people joined, with 16 online, and 14 who gathered at the local Chicago Family Church. Both women and men were present to learn about how women lead with their unique qualities given to them by God.

The first session on "Discover the Leader within" spoke on what leading with the heart looks like: living a life of serving others, creating a balance between masculinity and femininity, and seeking to transform ourselves starting with finding and listening to our Divine Calling. Later sessions spoke on seeing self-worth from God's point of view and on cultivating emotional maturity. The sessions were interactive - a

guided meditation and letter writing activity allowed participants to experience the content and to practice seeing themselves from God's point of view. Throughout the day, lively discussions and pair shares were part of the flow of the presentations. Participants were able to share their personal experience with each other and reflect on their own lives based on what they heard.

For those who participated live in Chicago, delicious food was prepared and everyone joined in warm fellowship, while participants on the screen shared lunch at home with their families.

Comments from Participants:

I never thought that the opposite of Fear is Trust! My fear might be coming from lack of trust. It makes sense. Now I feel I can step forward to overcome my fear.

...taking note of the habits of negative self-talk I have with myself was really key in understanding my limits in leading myself, and giving love to those around me.

The "Inner Child Therapy" was very healing. Please always include the "Inner Child Therapy"

...Great lectures of self empowerment. Very interactive that the time passed by so quickly.

...from trust comes the freedom to reveal ourselves and to be authentic. It gave me the tools to overcome my fears.

It definitely exceeded all of my expectations. I thought the session on self-love was very insightful to me and brought awareness of how I don't invest in my creative energies because I feel like it was selfish, but that session gave me inspiration to invest in myself.

[Click here to find out more about Leadership of the Heart Seminars](#)



Leadership of the Heart



WOMEN'S FEDERATION FOR WORLD PEACE USA



The Leadership of the Heart seminar is a one-day educational and interactive program, designed to bring out the powerful leader that is within *each* person and to offer tools to make peace a reality within each person's lives, families, communities, nations and the world.

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The Leadership of the Heart (LOH) curriculum is a 3-part seminar series of one-day educational and interactive programs, which are designed to bring out the powerful leader that is within *each* person and to offer tools to make peace a reality within each person's lives, families, communities, nations and the world.

WFWP believes that peace starts with me - how can I make positive change in this world? In my neighborhood? In my family? Within myself? The LOH curriculum is designed to be wholly transformational on all these levels based on the universal philosophy of living for the sake of others and living by the logic of love. Becoming a leader of the heart really starts with knowing and loving oneself from a higher perspective and serving others from a parental or maternal standpoint.

Unique to WFWP is that we also believe there are intrinsic differences in feminine and masculine leadership styles, and that feminine and masculine styles are not meant to compete with each other, but to join strengths for the most effective leadership conducive to peace. We especially wish to bring forward the feminine relational aspect that brings people together and acts as a checks and balance to today's one sided leadership structure. Leaders of the heart will have a combination of both feminine and masculine types of leadership in order to deal with people in the most balanced way, effectively solve problems, and create a harmonious peaceful environment.

We want to share this life-changing material with you so that whoever receives it can succeed in and enhance their endeavors and areas of leadership. Women in particular are already leaders through naturally leading by example and educating their families. This curriculum is great for those who want to discover and hone in on the motherly or feminine style of leadership, which has not yet been explored in mainstream society - until today.



Leadership of the Heart Seminar
from Women's Federation USA





READY TO USE:

Part 1: Discovering the Leader Within

Part I: Discovering the Leader Within focuses on personal leadership - on how the way we think and act as individuals can have a positive impact on creating peace in the world. The introductory questions we address in Discovering the Leader Within are: What does it mean to be a leader and to lead based on heart? How can I become someone who can make peace a reality - right here, right now?

Within Discovering the Leader Within are the introduction and three sessions:

Introduction - discovering the meaning of leading with heart and how it ties to highlighting powerful feminine leadership qualities and balancing both feminine and masculine leadership styles.

Session 1) Spirituality - connecting to the Divine and connecting our passion to a higher purpose.

Session 2) Self Worth/Self Value - knowing who we are, what our value is, and how to heal low self-worth.

Session 3) Emotional Maturity - exploring emotional blocks and gaining essential tools to build faith and overcome fear.

By the end of each session, participants will feel empowered that they are already leaders of the heart and that they *can* make a positive difference exactly where they are in their homes, workplaces and communities. **(Check out participants' feedback and past seminars below!)**

IN DEVELOPMENT:

Part II is on **relationships and living a life of love and kindness**. This area has to do with compassion and reaching out to others. Foremost, in whatever we do, we do not want to hurt anyone's heart in our relationships.

Part III is on **good governance and stewardship**, taking care of the world we live in and making an impact starting from the local level, growing to the global level. This has to do with expanding women's leadership in society through collaborating with like-minded women and organizations.

Sessions can also be expanded to include local experts who offer advice and tools to further facilitate a transformative experience and help participants continue the renewal process in their daily lives.

The LOH curriculum is adaptable to any audience and presenter style, and it includes meditations, visualizations, group sharings, journal sessions, and more. It is geared towards all age groups, and it is not only for women but also men.

Participant fee: Donations are encouraged to cover program costs.

TESTIMONIALS:

Melissa, Maryland:

This seminar helped me to connect with my inner heart. In the busyness of daily life, it's difficult to find time to really care for yourself and reconnect with your heart. As a leader, this seminar gave me an opportunity and many ideas on things that I can do to reconnect with my heart and to be a healthier individual. By doing these things, I realized that it is not selfish but rather necessary to be the best person I can be for others and for God. I'm so grateful I chose to attend!

Anonymous, Bay Area, California

It was my first time to attend this meeting and it was so great to be here. I talked about my family issues right after the meditation and it was really good to have someone to share with. It was my first time to share my thoughts and feelings with someone whom I had just met! I could open my heart to her. It was a really great meeting.

Matthew, Maryland

The seminar was especially relevant to our time, because it dealt with our emotional maturity. It noted how we can overcome our reactions based on just feelings. The presenters used personal examples on how they as mothers and women in leadership model mature responses to difficult situations. It was great to be challenged on our own situations and practice those higher orders of response.

Anonymous, Westchester, New York

I really appreciated this beautiful seminar. I'm going through a difficult time in my inner-self and my relationships with family and friends. The topic really hit the point: self-esteem, and feel my value.

Zena, Virginia

This section of the Leadership of the Heart series on Emotional Maturity was very meaningful to me as it dealt with the issue of fear and trust and how being aware of these emotions can impact our leadership. Angelika Selle, who presented the section on Emotional Maturity, pointed out that fear is the root of so many of our negative emotions. We can work through our fear in different ways - journaling and meditation among some of them - but most importantly we need to become self-aware and to choose to work through our negative emotions. At one point in the seminar, we were encouraged to make affirmations that we could work towards. I found my affirmation to work on the possibility to trust myself to be very empowering for me personally. The seminar really helped me to gain a perspective on my life and to understand what blocks I have to becoming a true leader of the heart and how I can work to overcome them.

Elizabeth, Washington, D.C.

The seminar was inspiring, uplifting and interactive. There were so many areas of the seminar that moved me, such as the meditation component. For a few minutes, I could go deeper within and connect to the divine, higher self and find peace. The presenters gave us the opportunity to understand more about the Leadership of the Heart and our own inner spirituality; that we are already divine beings, the feminine aspect of God.

We [are challenged] to tap into our inner self and identify our own gifts. If we can connect them to a higher purpose, we can change lives. The world needs both feminine and masculine leadership, but not just any kind of leadership. It has to be Leadership of the Heart in order to bring peace in the world.

Anonymous, Westchester, New York

"Through the meditation portion of the seminar, I was able to feel God's warm heart behind the wall of the gift which I think of myself. Good program, very relaxed and beneficial."

GET INVOLVED:

1. ATTEND AN UPCOMING SEMINAR:

2. TRAIN TO HOST A SEMINAR

Your Name *

First Name



Last Name

Your Email *

I am interested in joining a training session to host the following seminar(s): *

- Leadership of the Heart Seminar
- Cornerstone for Happiness: Marriage and Family Seminar

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