# ACTIVITY REPORT 2019-2020



## WOMEN'S FEDERATION FOR WORLD PEACE MALAYSIA

"Serving Communities Together"

#### INTRODUCTION

WFWP is an NGO in General Consultative Status with the Economic and Social Council (ECOSOC) of the United Nations.

#### VISION

Women working together to realise one global family rooted in a culture of sustainable peace.

#### MISSION

Empowering women as peacebuilders in the family to transform the community, nation and world through education, partnership and humanitarian service.

To create an environment of peace and well-being for future generations and people of all races, cultures and religious creeds.

### AREA OF FOCUS

- Humanitarian & Community Service Projects
  - Enhancing Unity within the Community
- Capacity Building & Educational Programmes



#### WFWP Malaysia's Initiatives Achieve UN Sustainable Development Goals (SDGs)



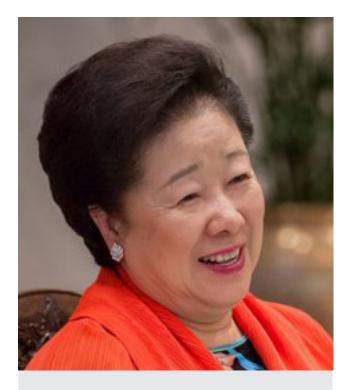
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### ABOUT THE FOUNDER



History is calling for reconciliation, compassion, love, service and sacrifice. Today's problems cannot be solved by the logic of power... Our present problems can only be solved by the logic of love.

- DR. HAK JA HAN MOON

The Women's Federation for World Peace International was founded by Dr. Hak Ja Han Moon and her late husband Rev. Dr. Sun Myung Moon. Working together on the global arena for over fifty years, they supported one another in their mutual quest for peace.

Dr. Hak Ja Han Moon leads through her example of peace leadership based on the feminine aspect of human nature. This leadership paradigm comes with a strong commitment to the realization of an individual's fullest potential.

She is working with leaders in a range of sectors, including heads of state, parliamentarians, academics, scientists, religious leaders and Nobel laureates to lay the foundation for an equitable world. By cultivating the arts, Dr. Moon desires to provide humanity with a tangible experience of a peaceful culture. She supports future leaders to become responsible global citizens by providing educational opportunities for youth.

Having addressed the United Nations within one year of the founding of WFWP, she continues her heartfelt public message to audiences in prominent venues on issues that highlight women's responsibility for the betterment of humankind.

Her approach in all these areas comes from a parental concern for the world and future generations. She encourages women and men to go beyond their differences and work together as one human family.

### Message from WFWP International President



Julia H. Moon WFWP International President

First and foremost, I would like to extend my congratulations to Women's Federation for World Peace (WFWP) Malaysia for the year's achievements in carrying out a series of humanitarian service programmes and public health education.

Under the bold and exemplary leadership of the new President, Datin Shobana M. Subramaniam and her dedicated team, WFWP Malaysia has moved forward in creative ways, extending motherly love and care for the underprivileged community. I am pleased to see that Malaysian women as well as the youth are stepping forward to serve the underprivileged community on the grassroots level regardless of race and religion.

Malaysia is well-known for its multi-cultural and plural society living together in harmony. Thus, I believe WFWP Malaysia possesses great potential to be the model of bridge of peace, connecting people of all races, cultures and religious creeds together as one global family.

Finally, I sincerely wish that WFWP Malaysia will be able to strive forward and continue to take the lead in promoting women as an essential ingredient in creating a peaceful global society.

### Message from WFWP Malaysia Advisor



Datin Prof. Emeritus Dr. Rahmah Bujang WFWP Malaysia

WFWP Malaysia opened its new chapter for 2019 with monthly activities from social visits to talks for members, ending the year with a bang by having our delegates attend the International Summit at Palau in December 2019.

It was a generally good year. However, with the turn in world events; 2020 looks bleak for WFWP. The world pandemic and lockdown orders for countries including Malaysia will definitely cause standstills across the board, in gatherings from weddings to other social, religious and economic activities.

WFWP is undoubtedly also affected. Let us all hope and pray that this Covid-19 pandemic will pass so that some of the 2020 months can augur well for WFWP. In the meantime let us all hope and find God's grace in our prayers, find renewed comfort and strength in ourselves and our immediate families. Come April 2020 the government warns that things can get worse. Facing such bleak situations I urge us all to take stock of ourselves... as the saying goes...when the going gets tough the tough gets going. Let us all find our inner strengths in facing this new challenge.

Finally, until all is well, I can only advice "Stay Home and Stay Safe".

#### Message from WFWP Malaysia President



Datin Shobana M. Subramaniam President, WFWP Malaysia

Greetings from the Women's Federation for World Peace Malaysia. It is my honour to pen a few words in this activity report.

The past two (2) years have been fulfilling and successful for us. We managed to reach out to the community in our own little way without burdening the members or utilising the existing funds in hand, but instead getting all the events fully sponsored by donors. This enabled us to successfully complete 7 events which were well attended.

Our Vice President, Madam Lina and I were also honoured to have been able to attend the Asia Pacific First Ladies Summit 2019 in Koror, Palau. It was a fantastic programme with great speakers and topics.

In 2019, we focused on sporadic assistance to the community. We gave them moments of joy and happiness but only a short term solution. We purely "gave them fish" but did not "teach them how to fish". So, moving

forward, in 2020, we focused on women's empowerment programmes so as to enable women to stand on their own feet. We are grateful that we managed to garner financial support from WFWP International to carry out suitable programmes to provide long term solutions to segments of women.

In August 2020, we successfully organised the 1st Cooking & Baking workshop designed for the benefit of selected women from the B40 community to equip them with the knowledge and skills to start a business via the online platforms available in Malaysia. This was done so that they can be independent for their livelihood rather than constantly depending on subsistence or aid from the public or the government. We now have success stories from this programme and we are proud to see the progress made by these women.

In October 2020, we launched the "Give Me A Chance" Education Assistance Fund 2021, via an online event powered by Zoom. This enabled us to work on another area, i.e., on the underprivileged students who face financial limitations in pursuing tertiary education.

This programme will also enable WFWP Malaysia, to work with like-minded corporations who wish to provide education opportunities to adolescent girls. We look forward to working with these companies so that we can sustain our programmes. I take this opportunity to thank all my Committee members for their professionalism and for standing by me and giving me 100% support. My sincere thanks also go out to all our Donors who came forward to ensure our programmes were sufficiently funded and able to take off.

I am also grateful for the leadership, guidance and support from Mr Sudesh Balasubramaniam, President of Universal Peace Federation of Malaysia, Mr Lai Peng Keong, President of Family Federation for World Peace Malaysia as well as Mr Yutaka Yamada, National Overseas Director (Malaysia), Universal Peace Federation (till July 2019). These leaders gave me their unwavering support and made me achieve magical results. They made me do things I never knew I could do!

Finally, I thank God for giving me the opportunity to help the community and for guiding me all the way in overcoming all the challenges that came my way.

I pray for a better year ahead. We look to the future with hope and inspiration. Thank you.

## VISIT TO OLD FOLKS HOME

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### You Brighten Up My Day A Visit To Seri Setia Old Folks Home

#### 28 July 2019

n 28 July 2019, the Women's Federation for World Peace Malaysia kicked off its first humanitarian service programme of the year at the Seri Setia Old Folks Home in Sungai Way, Selangor. This programme supports the achievement of the Sustainable Development Goal No. 1 - "No Poverty" of the United Nations.

More than 40 volunteers, consisting of young students and members of the public, spent a meaningful morning with the 35 elderly people at the home. The programme included a simple Zumba session which encouraged the senior citizens to exercise their limbs and there were performances like Chinese Diabolo, flute and choir. The volunteers also had a chance to engage in conversations with the seniors while giving them a massage.

The warmth, love and passion from the volunteers certainly brightened up the day for the seniors. The donation of food items and daily necessities sponsored by several donors helped to reduce the operational costs of the charity home.

Through this programme, WFWP Malaysia was able to serve as a platform to engage with the public, especially women and the youth in voluntary work and social service for the community. We sincerely thank all the donors and volunteers for their kind contribution towards the success of the programme.





► The seniors enjoyed a gentle massage from our friendly volunteers.

#### ► Zumba teacher, Ms. Novem (first from left) led the elderly in a light Zumba exercise.





► Volunteers brought joy and warmth to the seniors through interactive sessions.



### VISIT TO CHILDREN'S HOME

### A Fun and Meaningful Day with the Children of Sivananda Home

24 August 2019



n 24 August 2019, WFWP Malaysia organised a half-day visit to the Sivananda Home in Kuala Kubu Bahru, Selangor. 23 volunteers including members of WFWP as well as students from Universiti Tunku Abdul Rahman and members of the public joined the visit. Located in a small town about 70km from the capital city of Kuala Lumpur, the group of enthusiastic volunteers had to travel for more than an hour by car to reach the orphanage.

Upon arrival, Mr Arumainathan, the Chairman of the home together with the children welcomed all the volunteers warmly. The President of WFWP Malaysia, Datin S. Shobana inspired the children and volunteers with her success story and words of encouragement in her remarks.

The children had a very fun and exciting time through the activities conducted. They especially enjoyed the energetic Zumba exercise, led by a Cikgu Zara from Zara Fitness Studio. This was followed by a craftmaking session to assemble a Korean Drum.

There was also interesting games sessions whereby the children were divided into two groups to complete certain tasks while being blindfolded and were requested to dress up a model by creating accessories out of plastic bags. These interactive sessions provided an opportunity for the children to unleash their creativity on top of developing their communication and leadership skills.

Mr Arumainathan shared his challenges faced in running the home and expressed his gratitude to WFWP Malaysia for the love, care and guidance given to the children.









# VEGETARIAN DAY HEALTH TALK

#### 5 October 2019

n conjunction with World Vegetarian Day, WFWP Malaysia organised a talk on "Healthy Living: Beyond Vegetarianism" at the Peace Embassy on 5 October 2019. More than 60 participants attended and benefited from this event.

The speaker, Professor Dr. Umah Rani Kuppusamy, also Vice President of WFWP, shared useful information and practical tips on nutrition and healthy living. Participants also enjoyed watching the cooking demo of several vegetarian dishes including eggless omelette, tomato chutney and sushi. The programme ended with a delicious and healthy vegetarian potluck. We thank everyone for all the support and contribution towards the success of this event.

Cooking demonstration:



Tomato Chutney by Datin Shobana M. Subramaniam



Eggless Omelette by Prof. Dr. Umah Rani Kuppusamy



Vegetarian Sushi by Mrs. Tsuji Masami

### Health talk on "Healthy Living: Beyond Vegetarianism"





Prof. Dr. Umah Rani Kuppusamy, Vice President of WFWP Malaysia, delivered an informative health talk



Charity sales of organic turmeric powder by Dharma Shakti Ashram

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# HEALTH SCREENING & HEALTH TALK

### Health Screening and Health Talk 30 November 2019

n 30 November 2019, WFWP Malaysia organised a free health screening and health talk event at Peace Embassy, Petaling Jaya, Selangor. This event supports the achievement of the United Nations Sustainable Development Goal 3- "Good Health and Well-being" by providing free health service to the public to increase their awareness through health talks and counselling. More than 80 people participated in this event which was co-organised by Universal Peace Federation (UPF) and supported by the National Kidney Foundation (NKF).



The aim was to raise awareness and consciousness on the significance of early detection of diabetes, kidney and heart diseases as our country has the highest rate of diabetes in Asia and heart disease is the leading cause of death in Malaysia. Hence, prevention and early detection help saves lives. The health screening included screening for blood pressure, body mass index, waist circumference, urine test and random blood glucose. There were also two health talks entitled: "Diabetes: Prevention & Risk Factors" by Ms Nikmah Amirah binti Jamal, speaker from NKF and "Stress Management" by Datin Siti Norlela Alwi, President of BAKAT Subang Tentera Udara Diraja Malaysia(TUDM). The health talks were aimed to help the public to take control of their health and manage stress wisely. The programme ended with a 40 minutes Zumba session and charity sales of food and health products, including Vineg Plus vinegar juice drinks, turmeric powder by Dharma Shakti Ashram and organic soy milk powder.

We extend our heartfelt appreciation to Dato' Peter Tan, Director of NuLifestyle Sdn Bhd for the generous donation and sponsorship of Vineg Plus vinegar drinks. We also sincerely thank all NKF staff and volunteers for their contribution towards the success of the programme.





Ms Nikmah Amirah binti Jamal, speaker from NKF gave practical tips on prevention of diabetes.



Free health screening for the public.



Members of the public queuing up for health screening at the Peace Embassy.

International Highlight

# ASIA PACIFIC FIRST LADIES SUMMIT

### Asia Pacific First Ladies Summit 2019 9-11 December 2019

he Asia Pacific First Ladies Summit 2019 — Palau was jointly co-hosted by First lady and the Office of President of the Republic of Palau (H.E. Debbie Remengesau and her husband H.E. Thomas Remengesau Jr.), the Universal Peace Federation (UPF) and the Women's Federation for World Peace International (WFWPI) on 9-11 December 2019, in Koror, Palau.

The summit on 10 December had the theme, "Addressing the Critical Challenges of Our Time: Interdependence, Mutual Prosperity and Universal Values." Five current first ladies from Palau, Kiribati, Nauru, Papua New Guinea and Mariana Island along with three former first ladies Fiji, Kiribati and Marshall Islands attended. In addition, more than 500 delegates from 38 nations were at the Ngarachamayong Cultural Center for the summit.

The Asia Pacific First Ladies Summit 2019 — Palau saw the launching of the International Association of First Ladies for Peace in the Asia Pacific region and featured the Interfaith Family Festival honouring the importance of traditional family values. It concluded with the International Youth Assembly and the Palau Declaration.





First Lady of Republic of Palau, H.E. Debbie M. Remengesau delivered the keynote speech in the Opening Plenary of the Asia Pacific First Ladies Summit 2019 held in Koror, Palau.



Group photo (left to right): Mrs Lai, wife of President of Family Federation for World Peace Malaysia, Datin S. Shobana, President of WFWP Malaysia, Mrs Julia H. Moon, International President of WFWP and Mdm Lina Cheng, Vice President of WFWP Malaysia.



Group photo with representatives of WFWP chapters in Asia Pacific.



500 delegates from 38 nations participated in the summit.



## CHRISTMAS PARTY WITH ESTATE CHILDREN

### The Joy of Giving Christmas Party at Teluk Panglima Garang

21 December 2019

n 21 December, WFWP organized a visit to Persatuan Kebajikan Dan Sosial Aman Sejahtera with the attendance of 48 people including members of WFWP, carollers from the Church of Jesus Christ and the Latter Day Saints and 20 underprivileged estate children in Teluk Panglima Garang, Selangor.

The beautiful Christmas carols sung in unison and perfect harmony added joy and meaning to the festive spirit. The children enjoyed singing along and were especially delighted to receive Christmas presents sponsored by President, Datin S. Shobana.

Pastor Maniam, who has been taking care of the welfare and education of these children, expressed his appreciation to all volunteers and offered a sincere prayer of gratitude and blessings for all. The programme concluded with networking and a scrumptious meal.







The children celebrated a warm Christmas with carolling, delicious food and gifts.

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# "A CIRCLE OF LIGHT" COVID-19 HUMANITARIAN AID

18 May 2020

In view of the difficult times during the Covid-19 crisis, WFWP Malaysia participated in the "A Circle of Light" Covid-19 Humanitarian Aid initiated by Universal Peace Federation (UPF) Malaysia. We sincerely thank YB Ganabatirau Veraman, ADUN Kota Kemuning and his office for the assistance and coordination in distributing the 30 sets of sanitary items to the B40 underprivileged women in Kota Kemuning area.



30 underprivileged women benefited from this humanitarian aid.



This initiative aims to provide assistance to underprivileged families who have suffered pay cuts, loss of a career, or other consequences brought about by the outbreak.



# BAKING & COOKING WORKSHOP

### Underprivileged Women and Single Mothers Learn to Bake and Stand on Their Own Feet

#### 8 & 22 August 2020

Due to the Covid-19 crisis and economic downturn, many have lost their jobs and are struggling every day to make ends meet in this challenging time. As part of our Women's Empowerment Initiative, WFWP Malaysia has engaged 10 single mothers and underprivileged women in a hands-on Baking & Cooking Workshop at the Malaysia Peace Embassy on 8 and 22 August 2020.

Funded by WFWP International, this two-day programme aims to empower women to stand on their own feet by equipping them with basic baking skills and social media marketing techniques. This gives the women more effective participation and equal opportunities required to start a gainful business.

The workshop is very timely especially in the difficult time of the Covid-19 pandemic, where many are barely surviving to make a living.



Underprivileged women were given a chance to learn new skills to stand on their own feet.



#### **Hands-on Baking Class**

The 10 women were given the opportunity to learn and try out a few simple baking recipes. The young and passionate Master Chef Joseph Kon shared his baking experiences and demonstrated how to bake butter cake, green pea cookies and chocolate chip cookies, while Madam Wong Lai Yuet taught the recipe of baking orange chocolate chip cupcakes.



Chef Joseph Kon

Green pea cookies, chocolate cookies and butter cake



Mdm Wong Lai Yuet

Orange chocolate chip cupcake



Mdm Lina Cheng



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#### **Cooking & Baking Demonstration**

The participants also joined a cooking demonstration by Datin Wellens Mimi Maria Farizan on making delicious kerabu sotong and tuna sandwiches. Prof. Dr. Umah Rani Kuppusamy also demonstrated her own nutritious vegetarian recipes of eggless cookies and curry puffs.



Demonstration by Datin Maria

Sandwiches



Kerabu sotong



#### **Social Media Marketing Class**

Ms. Priscilla Rajan from Caspian Digital Solutions guided the women to set up their own Facebook business pages. They learnt to create their own brand and market their products online to reach out to more people via social media.



#### **Testimonies from Participants**



Ashiny, 25 years old, Unemployed

"The workshop is very useful, especially during Covid-19. I learned to start a business from home. I received so much support from my family, my friends and even strangers on Facebook."



Rina, 40 years old, Clerk

"I wanted to set up a baking business but I wasn't confident. Now I'm trying out new recipes and look forward to join the next WFWP baking class."



Lai Chan, 63 years old, Housewife

"Thank you so much for the encouragement and support from WFWP!"

#### **Reflections from Invited Instructors**



Chef Joseph Kon, Baking Instructor

I'm very happy to teach the participants how to bake cakes and cookies. I appreciate WFWP Malaysia for giving me this opportunity to share my experience so that these underprivileged women can learn how to save cost and sell their products.



Ms Priscilla Rajan, Social Media Marketing Instructor

The time spent with the participants was very fruitful. They were made aware of the potential that social media marketing could bring to their business. It was a valuable outcome for them.



# OFFICIAL LAUNCH OF "GIVE ME A CHANCE" EDUCATION ASSISTANCE FUND 2021

#### 18 October 2020

The recent spike in Covid-19 cases in the country did not stop WFWP Malaysia from launching the "Give Me a Chance" Education Assistance Fund 2021. The event, originally scheduled to be held physically at the Peace Embassy in Petaling Jaya, Selangor had gone virtual on Zoom due to the recent CMCO implemented by the government to flatten the curve of the Covid-19 pandemic.

Jointly organised by WFWP Malaysia, Universal Peace Federation Malaysia and Ajar-ajar Malaysia, this initiative aims to provide financial assistance to less fortunate students who wish to pursue a tertiary education. We believe education is the catalyst of change and everyone deserves to be given a chance to receive an education. This programme which was funded by WFWP International saw more than 50 participants including students, teachers and parents participating in the one-hour virtual launch. In conjunction with the launch, book vouchers were given to 32 underprivileged students as part of the Adolescent Girls Empowerment Initiative.



More than 50 participants followed the virtual official launch of "Give Me a Chance" Education Assistance Fund 2021 on Zoom.



Group Photo (from right:) Datin S. Shobana, President of WFWP Malaysia, Mr. Lai Peng Keong, President of Ajar-ajar Malaysia and Mr. Sudesh G. Balasubramaniam, President of UPF Malaysia participated in the official launch.



Less fortunate students received book vouchers under the Adolescent Girls Empowerment Programme



The Official Launch of "Give Me A Chance" Education Assistance Fund 2021" today enables us to work on another area, i.e., on the underprivileged students. We realise that there are many high performing girls, who after the completion of their SPM, are still craving to continue their studies. However, due to the limitations

of their family members in providing sufficient funding for them to study, many of these students are made to go out and work to earn money to make ends meet for their parents and siblings.

At WFWP, we want to empower these girls. We believe that they should be given the opportunity to further their studies because if they are able to study and get more knowledge and skills, they will be able to secure better paying jobs and lift their families out of poverty in the long run.

- Datin S. Shobana, President, WFWP Malaysia



In Ajar-Ajar Malaysia, we are committed to educate, inspire and empower scholars from poor and underserved communities. We are actively conducting humanitarianbased initiatives to support the communities. For almost 10 years, we have been providing free education and social empowerment programmes to students of underserved

communities regardless of race and religion across 10 service points in Malaysia.

I understand it is not easy for the underprivileged community to cope with online classes. Thus, we are also trying our best to support our students and make education accessible to all, especially at this difficult time.

In this regard, I am very pleased that WFWP, UPF and Ajar-ajar share the common vision of educating and raising our youth to become future leaders of character. Our projects create a platform for the youth to explore and engage in voluntary service and at the same time discover their own values through living for the sake of others.

— Mr. Lai Peng Keong, President, Ajar-ajar Malaysia



Universal Peace Federation of Malaysia is happy to be part of this collaborative effort together with WFWP Malaysia and Ajar-Ajar Malaysia as we see it as a sound investment for the future of Malaysia knowing that good education will be the foundation of the growth and wellbeing of the country. This is in line with the

government's aspiration to have a sustainable human capital supply in Malaysia.

This initiative of WFWP Malaysia embodies Women's unique qualities of compassion and empathy which are essential for building genuine and sustainable peace. It is noble that WFWP is providing opportunities for women to become a catalyst of change. WFWP supporters and volunteers strive to put the 'logic of love' into action. This education fund is another of its many initiatives to bring hope amongst the underprivileged.

Remember that EDUCATION is key to realising one's full potential and securing a better future.

- Mr. Sudesh G. Balasubramaniam, President, Universal Peace Federation Malaysia

# COVID-19 HUMANITARIAN ASSISTANCE

#### 30 October 2020

s Malaysia enters the third wave of Covid-19 pandemic, people are once again experiencing the impacts of an economic slowdown. This has left many families especially those from lower income groups to survive with meagre resources Welfare centers run by non-governmental organisations (NGOs) are also left struggling even to maintain daily operations.

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On 30 October 2020, WFWP Malaysia extended humanitarian assistance to the Persatuan Kebajikan Siva Sakthi Samaj in Setapak, Kuala Lumpur. The center currently provides permanent shelter for 15 school-going children and also serves free vegetarian lunch to 25 low-income families in the nearby area on a daily basis. We thank all donors for the contribution of items for the people in need.



Donation of necessities and food items to a less fortunate family in Bandar Kundang, Rawang.



Contribution of groceries to Persatuan Kebajikan Siva Sakthi Samaj in Setapak.

Women's Federation for World Peace Malaysia (PPM-005-10-09012010)

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