



# True Parents’ “Flu”

*True Mother’s message during the luncheon on August 12*

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I sincerely thank all of you here for setting aside your schedule to come all the way here from your different countries. I believe you may feel the same way I do whenever you come here. We feel that way because we have become one, one family. I have gone on many speaking tours and met a great diversity of people.

A common hope everyone shares is his or her desire to live in a free, peaceful and happy world. I believe that our hope and all the efforts we invest as we pursue this will certainly bring about happiness. However, what I would like to tell you is that doing it by oneself is a lonesome undertaking.

God began the Creation because of his loneliness; He needed a partner. Today, the Unification Church foundation has spread to 194 countries. Many countries have their own path, their own dreams.

I am sure that those in leadership positions, the heads of state and those in charge, people leading nations, would want their people to live well, wouldn't they? However, at this point, it is impossible to pursue one's national interests alone and promote happiness, freedom and peace. There are many national boundaries and many indescribable barriers such as racial and religious conflicts.

We, however, know how this can be achieved. When we serve our Heavenly Parent, the Creator, we know what path the seven billion people on earth should follow. True Parents are the ones who have taught the way we should follow. All countries can become one as sibling nations through True Parents.

Two people can exercise greater power than one. The same applies when three, four... If the 194 countries move together with one heart and vision, all the problems that human beings are agonizing over can be resolved. In particular, we are facing many dangers as a result of environmental problems. The disorderliness of humanity is bringing down the source of

creation. The natural environment, which is a source of joy to us, is being destroyed. Even though our leaders are greatly concerned about this environmental problem—because they worry about everything in the future—it is quite unfortunate that they have not been able to do anything about it.

I visited Switzerland recently. I heard there are more than four hundred mountains in the Swiss Alps. I went to twelve of the highest peaks. On one of these mountains, I was shown a road that was built during the days of the Roman Empire. The Alps connect five countries. When Christians went on missions, instead of going around the mountains, they found it more convenient to follow a mountain path. I heard that that is why a road was built in the mountains during the days of the Roman Empire.

We must communicate. We must be able to talk to one another. In order to do so, however, we must have one center, we must have one goal. So, one thing I would like to ask of you is to please maintain your health. Then you will certainly be able to realize the one world that True Parents, our Heavenly Parent and humanity have desired. However, in order for you to partake in this, you must first be fit.

How do I look to you now compared to last year? Even though it hasn't been long, I have been working out. I didn't take any pills or receive any kind of treatment. I have been walking.

Thanks to these efforts, my body has certainly become lighter. It is my hope that all of you in charge of nations be in good health. Then, we can all join in heart and vision and practice true love all together. During my message earlier today, I asked that we forgive, love and unite. If we take the first letter from these three words it becomes "True Parents' flu." However, because this is a "flu" of true love, it is a really good flu.

Please remain healthy./