

## Family Peace Association: Seattle Middle School CVA Learns through Nature

May 21, 2017



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[Core Values Academy](#) Middle School students and mentors from Seattle excitedly completed an overnight hike to Talapus Lake in Washington on May 20 and 21. Trekking through snow-covered trails, the class had to work together to set up camp, create a campfire, and prepare meals.

In the weeks leading up to the hike, Middle School students worked as a class to create a list of essentials, divvying up responsibilities and ensuring they had the proper equipment. Middle School mentor, Kenshu Aoki, shared the meaning behind planning for the hike saying, “Our purpose is to reflect and ponder about our God-given destiny as we lay under the stars. The theme for our class this year has been ‘Identity and Destiny.’ Each person has a unique way through which he or she can contribute to God’s work.”

Family Peace Association affirms that nature is one of the best environments for our [spiritual growth](#). It is in nature that we challenge our limitations, understanding who we are and where we are at on our spiritual path to becoming sons and daughters of God.

