

Spring Fest 2009

Day of All True Things Celebrated at Belvedere



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by Shin-Young Chang

A few years back, UTS opened its doors to the community with their first ever Spring Festival of their own, inviting families from the surrounding Barrytown and Red Hook community to bring their children for games and sports and just plain fun. I remember watching an intense soccer match between UTS stu-

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dents and a college team from one of the college's in the area. It was so great. There were kids ten years old and up there and adult couples coming in and hanging around with us. UTS had its spring festival a month before Belvedere's Annual Spring Fest so I had expected much of the same. A few days before the Spring Fest, I told some friends that I was excited to see Belvedere open its doors to the surround-

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DISCOURSE ON UNIFICATIONISM

Happy Day of

by Rev. In Jin Moon

This is the text of the Lovin' Life Ministry address on May 24, 2009 at Belvedere, Tarrytown, NY

Good morning, everybody. Happy Day of All Things. I'm very happy to see you here on this beautiful Belvedere Estate. It reminds me of the good old days of the 1970s, when we had many of our church celebrations here together with our True Parents. We thought, "Why not bring back a little bit of that happy memory? Many of you now have kids, so why not celebrate together with our families here on this gorgeous day?"

I don't want to take too much of our time because today really should be a day of celebration, with festivities and activities. But I want to kick off this wonderful day by thanking our Heavenly Parent, truly thanking our True Parents and thanking everybody here who could make it so that we can celebrate together as one family and remember that we are so blessed to be living at this time when we can walk, breathe, and even dance with our True Parents.

It's not every day that we have True Parents with us here while we are alive, so compared with the millions who have come before and the millions who will come after, we are truly in a blessed sit-

uation. Today is supposed to be a "day of all things." What are we celebrating? God's creation. When you look around you at the beautiful trees and see the ground you're sitting on and the flowers that are blooming, you realize that you can experience a bit of the divine, of His eternal power and His eternal grace in the beauty and the majesty of things around us.

When I look at creation, the beautiful sky and the majestic trees for example, I'm always astounded at how much love and detail God put in each tiny single leaf or each blade of grass. There's so much care and so much beauty in the intricacies that make up this beautiful picture that many of us experience every day. I'm always reminded that God, as omniscient, as omnipresent as he may be, he too, just like us, needed love. He wanted to experience love. So the reason why he created the universe and his first son and daughter, Adam and Eve, was so that he could realize this love.

Our True Parents have come as the first perfected Adam and perfected Eve, venturing into this dangerous territory of creating ideal families. I'm sure all of you are in the process living with and dealing with all the things that come with a family. I'm always reminded that I really need to be truly grateful for this chance to develop and grow these incredible human beings who are my children. All

of you are on this path and have the blessing of raising such a wonderful family.

So as we enjoy this day and as we remember God in the beauty and majesty of his creation, I would like to remind everyone that you are truly loved and you are truly blessed. So we need to walk away from this day not just realizing the things that maybe we took for granted but also realizing that everything that God touched has his signature and His signature is a signature of true love.

Each family is God's incredible creation, and all the beautiful children you have through you are really God's handiwork. All of your children are so special and so talented. As I went around the country and got to know lots of them by name, I realized even more how incredible and gifted these children are.

We as loving parents and as a loving community need to do our part in nurturing and educating the young people of our movement, because they are our future, in understanding the concept of gratitude. We need to guide them to understand it not just intellectually; we must help them practice gratitude in their daily life by starting with the simple things, like cleaning up their room,

taking care of their things, honoring their parents. Truly our community is great because we have the best of the East and the best of the West. I know that in many Eastern countries you're not supposed to directly address your parents, or even hope for a conversation. But because of the Western members that have come into our community, conversation is very much encouraged; maybe our Eastern brothers and sisters can learn from that.

But also Western brothers and sisters can learn the importance of honor, duty, and respect from our Asian brothers and sisters. Embrace within your own family this mixture of understanding and conversation, along with the vertical, which emphasizes the importance of duty, honor and respect for an elder. This means that you don't call your mother by her first name. You call her Mother, you call her Omma, or whatever is appropriate in your language. But you honor her, and you honor your father. This can be seen in the way you treat them, the way you greet them. It's not just "Hi, Mom," "Good-bye, Mom," "Thanks, Mom." It's "Thank you, Mother. Thank you for taking care of us, for loving us." It's the simple show of gratitude, through various attitudes that we can express to

J U N E 2 0 0 9

Ahn Shi Il • 4th, 12th, 20th, 28th

- 3 Inauguration of the Federation for Cosmic Peace and Unification South American Headquarters (2001)
- 4 72 Couples' Blessing (1962)
- 8 Shin Goon Nim's Birthday (5/16/02)
- 9 Young Jin Nim's Birthday (5/17/78)
- 10 Il-Heung Shipbuilding Established (1986)
- 13 Hee Jin Nim & Hye Shin Nim's Blessing (1998)
- 39 Couples' Blessing (1981)
- 1st Stage of the 360 Million Couples' Blessing (1998)
- 14 Jeung Jin Nim's Birthday (1982)
- Declaration of True Parents' Cosmic Victory (1999)
- 17 Declaration: Return of the Sea to Heavenly Dominion (2000)
- 20 Shin Kwang Nim's Birthday (5/28/01)
- 21 Rally for the Unity and Completed Settlement of the Parents of Heaven and Earth (2002)
- 23 Il-Sung Construction (1978)
- Day of One Heart (1989)
- 24 Declaration of the Return of the Land to God (2000)
- 29 Ceremony of the Return of the Cosmos to Heaven (2000)

J U L Y 2 0 0 9

Ahn Shi Il • 6th, 14th, 22nd, 30th

- 1 Chil Il Jeol: Declaration Day of God's Eternal Blessing (1991)
- Day of the Celebration of Victory (1973)
- 2075 Couples' Blessing (1982)
- 3 Inter-religious and International Blessing and Rededication Ceremony (2002)
- 4 Religious Herald Established (1971)
- 13 International Blessing of 400 Million Couples, 4th Phase (2003)
- Universal Ballet Company Established (1984)
- 17 Bering Strait Resolution for Peace (2005)
- 18 Sung Jin Nim & Dong Sook Nim's Blessing (1973)

Due to the manner in which the lunar calendar corresponds with the solar calendar, Yun Ah Nim's, Un Jin Nim's, Shin Choon Nim's, and Hyo Jin Nim's birthdays are not celebrated in 2009. Contact me if you come across any errors. (c) 1999-2004 Kathryn Coman [KathrynComan@worldnet.att.net]

- 24 124 Couples' Blessing (1963)
- 26 5th Phase of the 400 Million Couple Blessing (2004)
- Youth Federation for World Peace Inauguration (1994)
- National Parents' Day (1994)

A U G U S T 2 0 0 9

Ahn Shi Il • 7th, 15th, 23rd, 31st

- 1 Hee Jin Nim's Ascension (1969)
- Shin Ha Nim's Birthday (6/11/98)
- 6th Phase of the Blessing of 400 Million Couples (2005)
- Day of Returning to the Home Country (1993)
- 4 Hye Jin Nim's Ascension (1964)
- Kook Jin Nim's Birthday (6/14/70)
- 5 Sun Jin Nim's Birthday (6/15/76)
- 7 Unification Theological Institute (1971)
- 9 Hye Jin Nim's Birthday (6/19/1964)
- 16 Il Sung II: Total Victory Day (1985)
- 17 Declaration Day Jeon-ban & Jeon-neung (1999)
- 18 Blessing (2004)
- 20 Declaration of the Advent of a Revolution of True Heart and the Era of True Liberation and Complete Freedom (2004)
- Declaration of the Providential Age of Salvation by Love (1989)
- Blessing for Registration in Cheon Il Guk for the Revolution of True Heart and for True Liberation and Complete Freedom (2004)
- Father's Release from Danbury (1985)
- 25 30,000 Couples' Blessing (1992)
- 360,000 Couples' Blessing (1995)
- 26 Chil Pal Jeol: Declaration of the Realm of the Cosmic Sabbath for Parents of Heaven and Earth (7/7/97)
- 28 Shin-II Nim's & Shiori Nim's Blessing (2006)
- Shin Bok Nim's & Yeonseon Nim's Blessing (2006)
- Shin Won Nim's & Shinhwa Nim's Blessing (2006)
- Holy Blessing of the Third Generation (2006)
- Federation for World Peace (1991)
- 31 Shin Goon Nim's Birthday (7/12/83)
- Shin Kwon Nim's Birthday (7/12/89)
- Pal Jong Shik: Day of the Settlement of 8 Stages (1989)

C A L E N D A R

DISCOURSE ON UNIFICATIONISM

All True Things

one another, that can create an incredible environment in a family. It's these little things that make a world of difference.

Just as the trees are growing on this beautiful estate, as we grow and become more majestic each day, let us not forget to be humble before our Heavenly Parent; let us not forget to be humble before our ancestors and our parents. If you are as majestic and as handsome and beautiful as you think you are, you have Heavenly Father and your parents to thank.

I'm truly hoping that we as a community can be a joyous community, truly enjoying each other's company and not always suffering under the weight of the providence or providential time limits. Let's take a moment on this beautiful day to realize what God has already given us. And if you take this moment to realize what God has given you through your children, you're going to realize that you are the luckiest man or luckiest woman living.

Brothers and sisters, as our church grows and as we move on from the First to the Second and now the Third Generation, I want to remind you of the story in Luke 5:3, when Jesus came upon the Sea of Galilee and said to Simon Peter, "Put out to deeper waters." I've already spoken about the meaning of deeper waters before. But here's another way to look at it. Here was a bunch of fishermen fishing in the Sea of Galilee, and they were probably expert fishermen. They had been doing it their whole lives. Then here came a stranger called the Son of God, Jesus Christ, and at the end of a very long and arduous day in which they caught nothing, Jesus said, "Let's put out to deeper water. Get the boats and let's go back out."

I bet you some of these professional and seasoned fishermen probably looked at Jesus like, "What is he talking about?! What does he know about fishing? What does he know about what we do best?" But in the end they decided to go out with Jesus. And when they united in faith, what happened? When they believed in Jesus Christ, what happened? They received so much reward. They caught so many fish that the boat was sinking from the weight of all this blessing that God gave them because these seasoned professionals decided to believe and unite with Jesus.

This story is very pertinent to our situation as we transition to future generations. The First Generation did an incredible job of bringing the movement along, bringing many great victories such as the many CARP activities that helped bring the Berlin wall down. It was my brother Hyo Jin Nim whom my father sent to Berlin to say, "Bring this wall down." And shortly thereafter it did come down.

It was the seasoned First Generation who became such masters at producing the great events that brought thousands to stadiums and so many successful Uni-

versal Peace Federation events where we preached the message of peace and tried to get people involved in what my father was doing. But perhaps a representative of the Second Generation is going to come

ment company that was started by my older brother, Hyo Jin Oppa. As I come in contact with the movers and shakers of the entertainment world, I'm realizing that these people are ready to hear the

the universal energy that's moving through all of us because God is working through all of us each and every day. We just need to take a moment and breathe, inhaling and exhaling, to realize that we're breathing in God every day.

As difficult as our lives may be, God, is giving us these little clues all around us, saying, "Come on brothers and sisters, you've got to finish the race. You can't quit before the finish line. After the finish line, not only are you just done for the day but we're going to celebrate each other and celebrate God for the next millennium."

A lot of interesting things are happening that I wish I had time to share with all of you. But I feel the sense of something changing in my profession, the entertainment world. I feel God is working his mysterious magic every day. God is working this magic through each of you seated here. We really need to honor each other by recognizing God for giving us this incredible thing called life.

Part of the reason I think a song called "Never Too Late" might be worth thinking about is that in Asia, especially Korea, the biggest problem for young people is suicide. People are simply giving up. Many of them are committing suicide because of a broken heart, because they feel there's no hope for love. Without love, what's the point in life?

But True Parents are here, brothers and sisters. They have come to tell us that the divine is within us, that God lives within us. And we as sons and daughters of God need only to practice a grateful attitude, truly appreciating that the glass is half full, not half empty. Even when we feel incredibly lonely, or when we are confronted with an incredible obstacle such that it seems like no amount of effort will bring a victory, it takes just a couple more minutes of extra effort, or a couple more seconds of believing that will help us round the corner and realize that God never left us. If anything, we are the ones who have turned away from God.

So brothers and sisters, happy Day of All Things. I hope you can celebrate this day together with my family. Young people, truly honor your parents and your elders. I'm in your group, brothers and sisters. We can take great pride in invigorating a generation of youth that is coming up right behind us and really is going to take our movement to the next level.

A rocket blasts off in three stages. The First Generation is like that initial, brutal, aggressive blast that takes the rocket up only a mile. But, Second Generation, what are we going to do? We're going to extend the trajectory from the First Generation, but we're going to go faster and more efficiently, and we'll do it a little bit more effectively. If the Second Generation can do our part, then our kids will come along and take the rocket to the moon and back.

So God bless, have a great weekend, and have a wonderful Day of All Things. ♦



in the form of somebody who's new to your profession. If you are really good at event planning, it might be somebody different who says, "You know what? Maybe we should do it a different way." Or it might be your children, when you're fund-raising with roses, who say to you, "Did you ever think about combining flower selling with a little bit of music?" It's a different twist on a good idea. That's what the Second Generation is here to do.

I know that when the True Children started coming onto the scene, we found that there were a lot of great accomplishments made by the First Generation totally uniting with our True Parents. But we also know that for many years we haven't been catching any fish. We've been doing something else, concentrating on saving the world. Many times we've neglected our communities or neglected the internal aspect of our movement.

The Second Generation of the True Family believe that we need to take the good ideas, the good foundation that the First Generation has laid already for us and add to it a new task of inviting the world to come and recognize the greatness of our True Parents in a new way. This might be with a different kind of music than we're used to, or with a different kind of celebration, focusing more on loving each other than all the judgment that many of the First Generation went through.

Just as the fishermen in the end united with Jesus Christ, and based upon this substantiation of faith, God was able to work miracles based upon that unity, we are fishermen who will receive great bundles of fish as a huge reward.

message of our True Parents. Even in my simple conversation, when I give them a cursory overview of the Principle and a simple understanding of what True Parents are all about, they really get excited. The concept of creating a generation of peace is something that they have dreamt about.

Many times I think when we as the Second Generation look at our parents and the way things have been done, we think, "Oh, it's not too exciting." We have to be careful, as the Second Generation, not to throw the baby out with the bathwater. There are many wonderful things that our First Generation have done. Now the only thing we need to do as the Second Generation and the Third Generation is to build upon that and take our movement to a whole new level.

Just the other day in Times Square I saw something really funny. A huge placard asked the question "What's your cult?" So the young people are asking each other, "What's your cult?" I thought I'd never see the day when such a question would be asked because we were called a cult so many times and it was such a negative word. But look at what the young kids are doing! They're taking a negative word and putting a new spin on it, making the negative actually cool.

I feel as if the time is right to take the old understanding of what Moonies was all about—a cult, really negative, something that separated the family, separated everybody from society, and was almost like an isolationist community—into something that's really hip, cool, and cutting edge. You see these examples of the outside actually tapping into

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ing community and instead of mutual exclamations of agreement, I was frowned on. What did I mean, opening its doors to the surrounding community? Why would we do that? Their unexpected responses had me frown in return.

I participated in my first Spring Fest last year on Belvedere grounds. Being raised in Canada, and this being my first year living in Westchester, NY, so close to East Garden and Belvedere, I didn't know about anything beyond celebrating holy days and attending service and youth ministry at Belvedere and the occasional opportunities to visit East Garden when True Parents were in New York. I didn't understand the feelings of the many blessed children who had grown up in the Irvington community and how afraid they were to expose themselves so openly to the 'outside people'. Spring Fest drew near and everyone said I should come, help, have fun but no one explained what it was.

I've been living in and out of New York state for the past 7 years now. In those 7 years, I've spent about 2 years living in Westchester and attending service and youth ministry at the West Rock Church. The first thing I noticed about the West Rock Church was the large blessed family community in comparison to the dwindling numbers I was experience back in Toronto, dwindling because people were moving away. The second thing I noticed was how little credit the older generation gave themselves when it came to how much effort they had put in their children. This baffled me as I could clearly see that the youth there generally appreciated the efforts and generally understood and forgave any shortcomings, as they themselves never considered themselves perfect either. On the whole, I really felt a lot of care and love and concern for each other in this community. These first impressions had me wondering what this community did to celebrate themselves.

Anyway, last year, I had planned on visiting my family in Toronto as I hadn't seen them in a year and it just so happened that my return date was the day of the Festival. I was going to miss it and though I didn't know what I was gonna miss, seeing everyone's excitement over it made me feel that I would seriously be missing out and would regret it. Everyone urged me to stay and I actually changed my flight so I would return in enough time to attend and I'm very glad I did. It was

so much fun. The Spring Fest was, I learned, how the members celebrate and enjoy being alive, being with each other, being a community. My spirits were lifted by this event because unlike holy days and official celebrations, this event was pure fun for the blessed family community, at all levels, to enjoy.

So, when this years Spring Fest began to roll around, I became all excited, expecting to have a similar experience.



But I quickly found out things would be much different.

I was really happy to hear about all the changes. For one thing, Belvedere, for the first time, worked with Lyndhurst, its long time neighboring estate, for the mass parking system the staff knew they would be dealing with. It was very professionally done I feel and I was

happy to learn that a door was finally opened between these two estates. I'm hoping, as are other 2nd generation I spoke with, that this initial partnering will flourish into something lasting.

The noise factor was another big difference from last year's festival. I found many attendees exclaiming over the intensity of the noise and I secretly hoped we could be heard all down main street! Perhaps, I thought, If the surrounding community notices us, hears us, and wants to know more, our 2nd generation, so comfortable and at ease with the safety bubble that Belvedere affords them, will feel compelled to shed that comfort and be unafraid to embrace, what to many of them who grew up there, is a community that tolerates but does not like who we are.

Another big difference was the distances people travelled to be there. People from New England and Maryland had come for the fun. I think I recognized only an eighth of the people there. People I had hoped to see there were, I had thought, unable to come, until I later asked and realized the crowd was just so large in number that though they were there, we just never crossed paths.

And there was so much going on, enough to distract us from bumping into an old friend or two. I was happy to see all the rides and games made available for the children, and I was sad to hear that some children just never got around to enjoying the rides as there was just so much to do to make this event what it was. It was so great to see every inch of the grounds being used for games, sports, entertainment and vendors and not a single detail overlooked.

Like the grass. One notable difference was the lack of geese droppings on the grass. You laugh but when you're spending nearly two to three or your weeknights and nearly every weekend at Belvedere for a year and being unable to sit on the grass or run around barefoot in it or lie down in it, all because of geese droppings, one tends to notice when miraculously, its no longer there! I had come the day before the big event to visit with a friend on the grounds. We had decided to go on a walk. I suggested we walk through the grass and she agreed. Coming up the hill she pointed to several objects in the middle of the grass. Belvedere staff had placed plastic foxes around the grounds to scare off the geese in preparation for the Spring Fest. I was very much impressed as this told me, that preparations for the Spring Fest were made with every detail in mind. Honestly I cant remember if this was the case last year, but this year, it made an impression.

And of course we can't ignore the participation of True Family members this year. I heard that for many, having them there was so great! Rev. In Jin Moon, her family, and members of her extended family participated just as any other family did, enjoying the games, participating in entertainment and even manning a booth. Member even got to dunk Jin Sung Pak Moon! Now how fun is that?

I know the Spring Fest is not a huge

national event or something to really reflect over but as someone who has had to grow accustom to this kind of blessed family community, so near our True Parents, right in the heart of it all, the Spring Fest this year I feel, was a great chance for many blessed families to see first hand what Rev. In Jin Moon and her staff are trying to do for this movement; celebrate blessed families, celebrate life, celebrate being the community that we are and celebrate it loudly and without fear, so the world can hear that we are proud of who we are. I'm glad the day's celebration was combined with the Day of All True Things; it just made the day all the more significant.

I was fortunate enough to receive some reflections from specific people I reached out to and from some who simply felt the need to share their thoughts and feelings. They are included below. I would love to hear more feedback in general about how things are progressing. If you would like to respond to a reflection below or to the reflections above, please email newvog@gmail.com. The reflections below are honest and have very little editing done to them so please take it all in with a grain of salt.

Once a year doesn't seem like enough to celebrate with each other. Perhaps, as things progress and we find ourselves braver, stronger, and more able to see that we can carry out the many possibilities before us we can consider more ways throughout the year to celebrate who we are as blessed families in this nation. Winter Fest anyone?

Comments

The Spring Fest was a special event for the Day of All True Things. It was well organized, many activities, a great sermon by In Jin Nim, lots of food, a fun filled raffle, good music and wonderful memories for many of our 2nd generation children who will look forward to it next year. Our movement was long overdue for it. I can't remember the last time we just gathered at Belvedere for a Holy Day celebration.

I came to Belvedere 26 years ago on May 1, 1973. On the way down to Belvedere from New England I could share with my son many stories of the old days at Belvedere with Father. I think at the end of the day he could understand the experience we went through with True Parents for many years.

Thanks for thinking of all of us. Lovin Life Ministry is a great blessing.
-Rev. Richard Buessing

It was really great event. And it was a beautiful hot day. I felt that Heavenly Father, True Parents, and all ancestors were so happy, singing and dancing together with us. After my night shift was done, rather than sleep, I joined with our family (my husband, sons and daughters) and with another sisters and her son and drove directly to Belvedere. My guest followed our car and also brought her sister in Ossining to the festivities. When we arrived, Belvedere's beautiful green grass looked like a carpet. We parked in the far corner of the grounds. Most of day I helped sell Chicken Teriyaki rice with other Japanese members. It was fun. There were a lot of food services. My whole family likes In Jin Nim's Lovin' Life Ministry, especially my husband. He usually teaches children at Sunday School so he was only able to attend the third service at Manhattan Center. He was so excited at the service; he felt as if he

had found a new way to live life. So he encouraged his students to go.

In the Afternoon my guests (they also came to the GPF at D.C last summer with five family members, as well as to the APWP Banquet and to the WFWP events. She and her sister had surgery a month ago and afterwards were finally able to attend the spanish service. She is going to attend the Spanish Divine Principle Workshop in June), Mrs. Maria Gareano, brought her sister to meet us. They bought lots of food and raffle tickets. They enjoyed the music and met many beautiful members. My husband won the raffle twice. After he bought them, he felt he would win win. He gave one \$50 gift card to my guest.

I was totally tired physically. My guest kept saying, "Machiko, Thank you for inviting us."

Thank you for Heavenly Father, True Parents, and In Jin Nim!

- Machiko Edwards

The Spring Fest was ok but honestly I expected much much more from it, which is probably why I feel a little down about it. I thought there was a huge success with the blowup games for the kids and the stands for the parents but I thought Spring Fest would be a much bigger deal than it actually was, if that makes sense. I heard we were supposed to be expecting 2,000 plus people and that may have been the case but I literally visualized Belvedere being absolutely covered with blessed families from all over the East Coast and that simply just wasn't the case; even some people from our area didnt even show. It seemed as if the older 2nd gen/college aged kids just didnt care for the Spring Fest and im not sure why, which really troubles me. I think that sort of "I dont care" attitude really affected the experience for me, which lead to an extremely lame friz game. The whole idea of having a sports competition among the older kids is a fine idea it's just bottom line people didnt show up. Also I wish the game went on longer, although the weather might have affected the day.

A few years back we held a similar type event at Belvedere and what we did was the same thing in the beginning, like a morning service and fun and games in the afternoon, but then at 4 or 5 in the evening, instead of finishing the event completely, all of the little kids and parents would go home and the rest of the time until late evening was dedicated to the older 2nd gen my age, to have a chill time with eachother. We rarely get that chance as we're all away at school. We had an open mic/concert type thing going on right on the field by Agora House, with a stage and everything, and we also had movies and games in the Agora House. That event overall I believe was much smaller than the Spring Fest but there were definitely more kids our age that day. I hope next year, more college aged kids will decide the Spring Fest is important enough to participate in.

So I guess in Andak O's perfect world, lol, we should keep things as they were - morning service with a leader like In Jin Nim giving the sermon, and all those stands and blowup games were perfect for the parents and little kids - only next year, let's all make the effort to help attendance and get all the older kids to show up. For me personally, I knew about the Spring Fest about 3 weeks prior to it occurring but I also knew a bunch of people that didnt hear about it until a week before. So I guess the

rest of us need to pitch in and spread the word among our friends and help advertise the event so that people from all over are interested in coming. I like the timing of the event, Memorial Day weekend because by then all of the college aged kids are home and have not much to do on the upcoming Monday so there shouldnt be much issue with people staying out late in New York, having a good time or possibly even camping out a fellow BC's house.

-Andak Morris

Going down to the Lovin' Life Ministries Spring Festival in Belvedere was a very refreshing experience. I really enjoy when there are huge gatherings because it gives us a chance to all hang out and catch up on good times. The last time we had a huge gathering was the Block Party at UTS and I think we were way overdue for another gathering. I saw a lot of people I haven't seen in years and it was great to meet up and see how everyone was progressing in life.

The service was great. It was very well done and to the point. Not too short, not too long. What was really great, I think, was the music. I think the whole Lovin' Life Ministries is great because it appeals more to a younger audience. It's more upbeat, a lot catchier, and just generally geared towards the new generation.

Sports were great. I originally didn't want to make the 12 hour round trip down just for a few hours of church and the possibility of sports. When I checked the weather online for Tarrytown I really didn't want to go. It called for rain and cloudy skies, in the 60's as well. When we got down there it was overcast but not raining. As service progressed it looked more and more promising and finally it was completely sunny. Seems like a lot of events we hold end up swinging the weather in our favor. Coincidence? I think not. Even though I was incredibly tired from previous events that weekend I had a great time playing volleyball, soccer and some football. The second generation really love sports and it's great to get a great game going with people you haven't seen in quite some time. Even though it took about 2 days to recover from that incredibly energetic weekend and the solid half day of traveling it was totally worth it. I look forward to the next one.

-Jordi Odlin

I had a really wonderful time at the Spring Fest. My mom and I brought our violin and guitar from home. We played for fun, not as part of the entertainment lineup. It was a great addition to a really fun day. We played with some new friends we made, and I felt we were able

to bring joy to some of the people who saw us jamming away before the service started!

Also, I was able to volunteer at one of the awesome booths they had for the kids, giving Keika Kagawa and her husband Yong Kook Tokito a break after their long hours of hard work. I did the table with the really creative "Spin Art"

let out their creativity, watching them throw paint of all different colors around, like little Picassos! I loved seeing them light up when their masterpiece was finished!

It was also quite a blessing just to be able to be there with the True Family, having a blast all together, in the same place, doing the same things. We were really like one family. By the end of the day, I felt exhausted, and very hot and sunburnt, but I felt one with everyone who was there with me, including In Jin Nim and her whole family!

It was quite an experience, and one I will not soon forget. Thank you True Family! And to all who made the Spring Fest possible! May we have an even better one next year and in the years to come!

- Karin Shimoyama-Kim

What a perfect setting to celebrate The True Day of All Things. Many flocked from the Tri State Region and beyond. From the very young to the not so very old all came to share the day with In Jin Nim and her family. The day started with a warm and inspiring message from In Jin Nim. I think everyone could feel her deep heart inspiring us about the miracle of the Creation and how much we have been blessed. On this day just as God tended to the details of the creation so had In Jin Nim tended to the details of the day creating a memorable experience for us all to have as families. It was fun to see Paxton and Truston up on stage performing and inheriting their Mother's love for the arts and music. Wow, what a talented family she has raised! True Parents sure must be beaming with pride when they see their legacy passed on in this way.

Everything was set and the forecast for the day was rain. Rev Compton suggested we bring umbrellas as he thought a little reverse psychology might keep the rain away. His tip worked perfectly as the sun smiled down on us all day. There were booths with a huge variety of delicious foods providing something for everybody's taste. After lunch there was time to relax with In Jin Nim and her family and listen to the many talented musicians perform. Scattered throughout the grounds there were activities for all ages, pony rides, bouncy castles, bungee pits, volleyball, and you even had a chance to dunk your pastor in a tank of cold water. Everyone was inspired to see Jin Sung Nim take a turn at being dunked. We were so blessed by In Jin Nim's family whole heartedly joining in and allowing us to feel so intimately connected and a part of their family.

This Springfest was a great start to what In Jin Nim wants to be an annual celebration. Just as In Jin Nim said, True Parents got the rocket blasted off, and now In Jin Nim and her family, along with our youth can quickly take it to higher and higher levels. I think we can all look forward to another great event next year.

-- Nikki Laaninen ❖



where you could throw paint onto a white frisbee as it spun around in this little spinning machine. I had a lot of fun and really got my hands dirty! I was also right near the dunk tank! So I was able to watch some of our wonderful leaders get dunked! (Including our beloved elder, Jin Sung Nim and his two sons, Preston and Paxton!)

It was really fun serving the younger children. It was nice to see all the kids

UPF Celebrates

New York, USA - More than 400 UN diplomats, Ambassadors, NGO representatives, and faith leaders gathered at the United Nations Headquarters May 18 to celebrate the UN International Day of Families, in an event organized by the Universal Peace Federation and sponsored by the Permanent Mission of Guinea, with additional sponsorship from the Permanent Missions of Ethiopia, Iraq, Nigeria, Qatar, Sudan, and the African Union.

The keynote guest address was given by Dr. Deepak Chopra. "We are literally members not only of the same breath, but of the same body," he said. "Every single one of us recycles our whole body with the rest of the universe every year. We are one with the world and with each other. The trees out there are your lungs. If they do not breathe, you do not breathe. The rivers are your circulation. There is no separation, only differentiation. We have confused the two."

Chopra quoted Albert Einstein's statement that no problem will ever be solved in the level of consciousness that it was created. "Terms like the war on terrorism, the war on drugs, and

the war on poverty, are metaphors of a violent mind, metaphors of a past that is over" he said. "We should no longer talk about survival of the fittest but survival of the wisest."

"Are you really interested in having peace in the world?" Chopra asked. "If you are, can you make a commitment to peace right now, here at the UN? Start with your family, and then let's extend it. The whole world is my family. That is the message I want to give you at the United Nations today."

The UN celebration was also the opportunity for the UPF to report the contributions of its chapters around the world to the UN International Day of Families. Celebrations were held in over 55 cities in 22 nations, and more reports are coming in.

The audience was welcomed by H.E. U. Joy Ogwu, the Permanent Representative of Nigeria and the Chairperson of the event. "We are glad to welcome you to the United Nations as global citizens," she said. "The family is the fulcrum and the central point of society, and the UN tries to promote the incorporation of the family viewpoint into all sectors of society."

H.E. Nassir A. Al-Nasser from the

Permanent Mission of Qatar emphasized the support that Qatar has given to the family, including hosting an international conference on the family in 2004 which resulted in the adoption of the Doha Declaration on the Family. He expressed his appreciation of the work and the accomplishments of UPF and cordially invited UPF officials to visit and cooperate in this area with different institutions in his respective country.

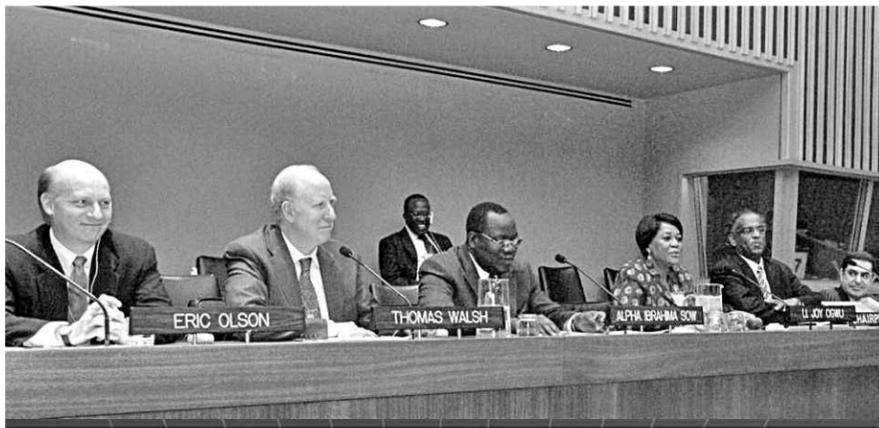
H.E. Dr. Abdelaziz Hegazy, the Former Prime Minister of Egypt and Chairman of the General Federation of NGOs and Foundation said in a prepared message read by, Taj Hamad, the event convener, and Director of the office of UN and International, UPF, that the UN should work to establish a "code of conduct" for families that emphasized the importance of families in creating peace.

For this reason we ask civic society organizations, such as the UPF and other NGOs, to call for the establish-

ment of a code of ethics and standards of good conduct for every family to follow, no matter where they are. The code will form the basis for a social and sacred covenant that highlights the rights and duties for the family and the individual.

Mr. Eric Olson of Focal Point and the United Nations Programme on the Family, Division for Social Policy and Development, highlighted the UN work in this vital area of the family, and endorsed the event as a positive contribution to the 20th celebration of the UN IDF.

Dr. Thomas Walsh, Secretary General of the UPF, closed the session with a reminder that the family is the place where we should learn the ways of peace. "Before any one of us enters a school, university, or seminary," he said, "we all learn our first lessons of love and peace from our mothers and fathers. And despite our differences, every family and every faith wants the same thing."



UN HQ

HE Alpha Ibrahim Sow, Permanent Mission of Guinea (center) and opening session chair HE U. Joy Ogwu, Nigerian Mission



UN HQ

Popular speaker and author Deepak Chopra (inset) asks the audience to rise to its feet and make a commitment to peace.



UN HQ

The audience included representatives from New York's diverse faith community.



UN HQ

L to R: Lynn Walsh, Lila Hanitra Ratsifandriamanana, Genie Kagawa, Thomas Walsh, KiHeun Kim, Taj Hamad



MACAU

Families gather for ceremonies of marriage rededication, and youth education for moral values and HIV/AIDS prevention



VENEZUELA

CARACAS: A program to honor exemplary families with a medal of peace. The UN message was read on local radio stations.

UN Day of Families

Quoting the UPF Co-Chair, Dr. Hyun Jin Moon, Dr. Walsh said "The family is universal. Regardless of race, ethnicity, nationality, and religion, we are all members of families. However, although all religions agree that marriage and family are the fundamental building blocks of any society, the reality is that all nations are in danger of losing these most valuable traditions and institutions. Divorce and family breakdown are at an all-time high. Sexually transmitted diseases are on the rise, even among the youngest teenagers. Violence and crime among young people are on the rise, and many say they have little hope of securing dignified, meaningful jobs to support their future families."

The social and economic cost of this breakdown of the family is staggering. The breakdown of the family contributes directly to poverty, disease, child mortality and is possibly the single most significant obstacle to the fulfillment of the UN Millennium Development

Goals. If we are to realize "One Family Under God" we must invest, "one family at a time."

The second session focused on "Women and the Family" and was chaired by H.E. Mrs. Lila Hanitra Tatsifandrihamanana, the Ambassador of the African Union to the UN. Moving beyond a sense of general celebration, she reminded the audience that women and children around the world continue to bear the brunt of the burden of the breakdown of the family.

"This beautiful meeting chamber is a far cry from the daily reality faced by almost a half of the world's mothers and children," she said. "If this day is to be a real celebration, we had better use our time here to consider what can be done to bring permanent change."

"Even though Africa has more than its fair share of these problems, I believe that Africa also carries the seeds for a solution within its rich family traditions," she said. "Our model of the extended family of relations helping

and supporting each other is among the strongest in the world. As the old African proverb says, 'It takes a village to raise a child.'" Mrs. Lynn Walsh of the UPF's Women's Initiative, and Mrs. Genie Kagawa, the Deputy Director of the UPF's office of UN and International Affairs also spoke.

The third session focused on the interaction of family and faith and was chaired by H.E. Dr. Abdalmahmood A. Mohamad, Permanent Representative of the Mission of the Republic of the Sudan.

Sudan is the current chair of the UN "Group of 77" and Ambassador Mohamad, who also serves as chair of the UN Family Committee, spoke compellingly of the ongoing importance of religions and religious leaders working together to extend equal protection to families of all religious backgrounds.

Another speaker in faith panel, Steven Cayre, the founder of the Steven J. Cayre Foundation, gave a moving account of his family's efforts to choose peace

instead of resentment. Cayre's father, who is Jewish, had purchased the World Trade Center not long before the September 11 2001 attacks.

Afterwards, instead of joining the cries of those who wanted revenge on all things Islamic, Cayre instead brought Arab and Muslim visitors to the Ground Zero site to begin the process of healing.

Closing remarks were given by Dr. Ki Heun Kim, Co-Chair of UPF. "It is important to note that for years, the UPF Founder, Dr. Sun Myung Moon, has stressed that we are in an age where the leadership of women is of paramount importance," he said. "Moreover, all religions and traditions share the same core values, especially about the family. We need to learn from all of them if we are to establish a world of peace. This is why the UPF has summarized its message as one simple phrase, 'One Family Under God.'"

Around the world, the Universal Peace Federation hosted United Nations International Day of Families celebrations in 55 cities and 22 nations. Programs included service projects, visitations to orphanages and senior citizens' homes, art and music contests, and symposia and conferences on strengthening the family. ❖



INDIA

SIKKIM: Day of Families Celebration at Lingdok Governmental School in East-Sikkim



CAMEROON

YAOUNDE: Mrs. Anne Nsang, Director of the UN Information Centre of Cameroon



LATVIA

RIGA: Three Generations gather for a celebration of "Today's Successful Families" and "Families and Peace."



NEPAL

KATHMANDU: Over 200 guests were part of a standing-room-only crowd that filled the UPF Peace Embassy



BANGLADESH

DHAKA: United Nations Information Centre (UNIC), UPF and the WFP presented a seminar "Peace, One Family At A Time."



NORWAY

OSLO: Seminar on Family & Universal Values in partnership with Central Jama'at-e Ahl-e Sunnat, Norway's largest mosque.

Rev. In Jin Moon Ready to Guide the ACLC to the Next Level

by Celine Tardy

Vision was the order of the day at an extraordinary gathering of clergy in New York City on May 8, 2009. At the behest of Rev. Michael Jenkins, the new chairman of the American Clergy Leadership Conference (ACLC), more than 100 ACLC members and friends joined in the Grand Ballroom of the Manhattan Center, a venue filled with amazing energy, to hear first-hand what Rev. In Jin Moon, president of the Family Federation for World Peace and Unification (FFWPU), could offer as a road map for the ACLC. It was truly an invitation to take part in the next phase of the ACLC's journey, which one speaker compared to the 10,000-mile leap a rocket takes as soon as it leaves the earth's atmosphere.

Launched in 2000, the ACLC is an interdenominational organization stemming from the ecumenical vision of Rev. Sun Myung Moon that has attracted nearly 20,000 ministers to its conferences and prayer breakfasts.

A video of Rev. In Jin Moon's worship service at the Manhattan Center on Sunday, April 26, informed the gathering of the new tone and content of her Lovin' Life Ministries that she has been bringing to her own church, including top-notch music performances, a combination of readings from Dr. Martin Luther King's "I Have a Dream" speech and an excerpt of one of Rev. Sun Myung Moon's speeches in 1975, given in Chicago, in which he emphasized that "both black and white will have to look out for each other" and predicted, "An interracial person descended from a black parent and a white parent will become the president of the United States."

Participants watching her sermon, which at this particular service was a showing by video of her memorable speech given to ACLC ministers on January 30th, 2009, clapped enthusiastically as she invoked the words and spirit of Dr. Martin Luther King, Jr. "It was elders like Martin

Luther King, who, when he gave the speech 'I Have a Dream,' taught me to dream," Rev. Moon told the gathering on the video. "I began to dream about a world where my children would not have to be afraid to go to school because of school shootings, where my children as Americans would not be afraid to walk to the streets of Palestine or Israel because of suicide bombings, and where my children, as proud Asian Americans, would be able to say, 'I belong to this great nation of America.'" Although she was in Japan at the time of the April 26th service being shown on video, hosting the annual Youth Concert for World Peace and Ideal Families, her message to ACLC was well conveyed through the video, which as Rev. Jenkins reflected to the audience, exhibited "a new vision emerging to shape the destiny of the world".

Following the video, Reverend Moon's

husband shared about his wife's ministry and what she hopes can come from ACLC. He explained that one can come to know what Reverend Moon was about by seeing the high quality of her work. After their marriage in 1984, she attended Columbia University and then Harvard Divinity School while at the same time nurturing five children. Choosing to concentrate on raising her family, she homeschooled all of her children, whose accomplishments range from gaining admission to Harvard University and other top universities to winning Grand Prizes at demanding international musical competitions at the ages of 9 and 10. Seeing this success, her father, Rev. Sun Myung Moon, asked her, "What you have done for your children, please do for the American Family Federation for World Peace."

This demonstrates, her husband explained, that Reverend Moon knows what she is doing.

In order to truly show the caring and motherly side of Rev. In Jin Moon, a video was presented of her work in Japan during the previous nine years establishing the Youth Concert for World Peace and Ideal Families. Through her initiative, elementary school students give through service to others in their communities and practice each year to compete in choirs, in with prize winners receive scholarship funds from

invitation to all ministers present to join her.

Lunch was then provided by Reverend Moon for all the participants, since as her husband shared, "She not only wanted to feed them spiritually, but also physically." During the luncheon, responses to Rev. In Jin Moon's invitation and reflections of the gathering were heard from ACLC ministers.

Reflections from Ministers in Attendance

Bishop Erell Skyers from Shiloh Apostolic Ministries of Jesus Christ-Bridgeport, CT: "Today I believe it's a new day for all of us. We have gathered together to listen to the 747 jet's roaring



engine, and we can see that as a skillful pilot with a crew, she is ready to take off. We as passengers are sitting at ease, ready to do what we have to do. So we call today a great day, and at last we can say things are about to reach a place where God wants them to be."

Rev. William Robertson from the African Methodist Episcopal Church, NY: "In the atmosphere of this great day, I have learned so much, and I ask you to pray that what we saw today can become a reality and will be seen as we go forth in the future."

Rev. Dennis Dillon from the Brooklyn Christian Center, NY: "I am excited about the power of us moving together, working together, and flowing together. I like the words of Dr. King that say, 'We live together, or we perish like fools', and I am determined not to perish like a fool. The fact of the matter is that Dr. King did not invent those words. Jesus himself said to his disciples, 'I wish above all things that you become one as I and the Father are one...' I truly believe as we reflect upon the new direction that America is moving in that this is a new season, God is doing some new things, and I am determined to be a part of it."

Rev. Marleen Thomas—graduate of Union Theological Seminary, NYC: "I salute our sister Rev. In Jin Moon, who is coming on board to really take charge. Let us celebrate with her and really help to bolster the sisters' movement! Amen!"

Rev. Kennard Davis from Truth Center for Higher Consciousness - Brooklyn, NY: "I have been inspired by what I saw here today. I know that ACLC is

really moving places. The significance that I see in Rev. In Jin Moon is that the man has planted a seed, but the woman has to nurture the baby and give birth to the peace that must be established in this world."

Bishop Eugene Brown from the Christian Home Pentecostal Holiness - Washington, DC: "The thing that needs to be expressed more and more is to tell each other that we love one another. Love draws us together. If we can have patience, and love one another, we can reach the stars and nothing is impossible. This is my key. The opportunity today to be here together in fellowship helps. Whatever organization that you are in, if you can only show love and reach out to each other, it will all be a success."

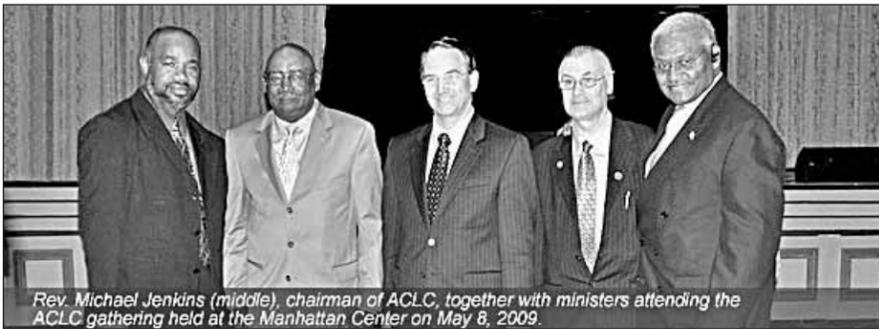
Archbishop Moses De La Rosa from Christ Family Church: "A scripture came to me while Rev. In Jin Moon was speaking (on the video). 'Lean not on your own understanding, but in all ways acknowledge Him and he will direct your path.' What she did was not only lean on her own understanding, but on her Father's understanding. And one thing that I admire about her is that she listened to her Father [Rev. Sun Myung Moon]. Not too many children today do this. If we can teach other children what it means to respect our parents, then this world will have taken a turn for the better."

Apostle Brunson: "It is time that we [men and women] become one. Many times we say the man is the head, but don't forget that the woman is the neck. And the man will never turn without the woman. We are one. God bless you."

Bishop Michael Sykes from United Missionary Baptist Church - East Orange, NJ: "I cannot express to you how excited I am about ACLC and its new phase that we are moving toward. Whoever came up with this phrase Lovin' Life was really inspired by God. The reason being that every year thousands of people commit suicide because they don't love life. That's why the work of ACLC is so important. And that's why I love Rev. In Jin Moon, for the vision that she has. I say publicly on behalf of New Jersey that we give her our 100% support for what she is doing. Don't miss your opportunity to be involved, because I feel we have everything in place to turn this world upside down through the power of love."

Bishop Jesse Edwards from Gates of Praise - Philadelphia, PA: "Rev. In Jin Moon is giving us direction on where to take the fire...Ain't nothing stopping us now!"

Rev. Levy Daugherty, Vice President, FFWPU: "I learned today that I shouldn't represent myself, I should represent my wife. I often think about when Jesus resurrected from the dead, he gave his first message to women. And when I think about the civil rights movement, it was a woman called Rosa Parks that set the stage for the civil rights movement to take off. What ACLC has needed is love. We were at a loss, and now God sent us a great woman to guide us bring us into the next era of loving life. We have received a woman who has raised a family. Don't look at her age, nationality, just look at the spirit of God shining through her eyes." ❖



Rev. Michael Jenkins (middle), chairman of ACLC, together with ministers attending the ACLC gathering held at the Manhattan Center on May 8, 2009.

money raised annually. The impact that she has made on thousands of young people in Japan foreshadows her future contribution to ACLC.

After her older brother, who labored for years to modernize the Manhattan Center, passed away in March 2008, Rev. In Jin Moon was asked to take responsibility for managing the Manhattan Center. As the Manhattan Center's first woman CEO, she was not given full credit immediately by some clients. However, they soon realized through working with her that "this woman is serious", and demand to use the Manhattan Center's facilities has since grown tremendously. After showing a video about the Manhattan Center, New York's "Best-Kept Secret," her husband explained that Reverend Moon wants to bring the same professional quality to ACLC as part of her plan to re-energize it; he then extended her

Detroit's 7th Annual ACLC Banquet Honors Success in Marriage and Family

by Rev. David Kasbow

Despite dismal marriage statistics in Detroit, where the divorce rate is 76 percent and the out-of-wedlock birthrate is 70 percent, the city's chapter of the American Clergy Leadership Conference (ACLC) is finding pastors and community leaders who have been successful in raising children to be abstinent before marriage and creating lasting marriages in their communities. These pastors and community leaders, who are "Ambassadors For Peace" in the realm of the family, were honored by over 220 colleagues and friends among the faithful on April 4 at Detroit's Seventh Annual True Family Values Banquet at the Fellowship Chapel Banquet Center.

To find those doing the work of saving marriages and thus possibly worthy of an award, the ACLC in Detroit sent press releases calling for nominations in any of five categories: (a) Promotion of Marriage and Family, (b) Promotion of Abstinence Before Marriage, (c) Married Couples Serving the Community, (d) Community Service That Helps Families, and (e) Role Model Cou-

ples --Those Who Have Been Married the Longest. From the nominations that came in, we chose eight to receive a framed certificate and a gift.

At the April 4 program, ministers were honored to have as guest speak-

Reverend Rawls, representing the national ACLC, and Rev. David Kasbow, pastor of the Detroit Family Church, gave out the awards and let each award winner briefly testify to his or her work. This was a truly moving experience.

ing team of 18 other couple teams.

Ms. Ty Adams, author of the book, *Single, Saved and Having Sex*, was a hit with the young people in the audience. She is a nationally known speaker who challenged the young people at the program -- and all single people -- to wait for God's call to marriage. Deacon Ralph Bell of Jehovah Missionary Baptist Church brought two of the young graduates of his church's Young Warriors program, which preaches and teaches abstinence. They showed us a model of the "Sword of Truth" (a real wooden sword) that they receive upon completion of the program.

Dr. Michael Ross, an emergency room physician and leader of the Family Rights Coalition, was passionate about the need to change the laws that so easily lead to divorce. We also congratulated Mr. and Mrs. Sam and Dorothy Kimble, married for 62 years, as our Model Couple for the night.

The ACLC will continue the work of saving marriage in America with the promotion of Marriage Day in Detroit. This is the brainchild of Rev. Dr. Nathan Proche, of Tree of Life Baptist Church. This day will be celebrated on the fourth Sunday of June, which this year will be June 28. ❖



ers the dynamic couple from the ACLC National Executive Committee, Rev. Carl and Marilyn Rawls. They are a great example of a married couple serving God. Marilyn, originally from Detroit, introduced her husband, who then gave the keynote speech, setting the tone for the evening. To further explain the religious foundation for these awards, a section from Reverend Moon's Tenth Peace Message was read.

People were in tears as Mark and Betty Squire related how their marriage was on the rocks after 19 years. With divorce lawyers working to separate them, they decided to take one last chance with a program designed for troubled marriages. It worked. Now, 10 years later, their marriage is better than ever. They were honored for their personal success and their leadership in the program; they are now the lead coordinat-

ACLC in Central Florida

by Rev. Isabelle Davati

American Clergy Leadership programs in my area are not limited to only once a month program but I try to meet Christian clergy almost every week. Some of my old contacts have a hectic church work and family schedule, some live in different city in the Polk County and too far to drive monthly to come to ACLC monthly meetings. Therefore I had made decision to go to them instead of calling them to come over to our ACLC meetings. In this case I had loaded my laptop with all of the ACLC and UPF materials and Divine Principle Power point lectures that I take with me as I go to meet them to go over the materials with them to bless them..

The highlight of this month was the prior meeting with Bishop T. D. Jakes, the nationally renowned Christian leader of mega church called The Potter's House with over thirty thousand in church attendance. He is also a businessman entrepreneur and the author of best selling Books carried throughout nation.

The Christian National leaders' Council took place in South Eastern University in Lakeland. It was there that I met Bishop T.D. Jakes at CNLC luncheon to introduce American Clergy Leadership to him. He was very impressed and received the ACLC and UPF booklet that I had prepared for him. Then I had a chance to introduce ACLC to Bishop Tracy Dickey who was appointed and anointed by Bishop T.D. Jakes to be the senior pastor of Deliverance Tabernacle Ministries International.

Later on during the week Pastor Brookin in his radio broadcast min-

istry had invited ACLC to be on the air, sponsored by WWAB radio station in Polk County. He had me on the air for 20 minutes. It was great!

One Sunday Minister Orvest and Sheila Law, with the Word Alive Church in Lakeland, had invited me to their home. Last year, Orvest Law was appointed as an Ambassador for Peace at one of our ACLC programs. Mr. Law is also a social worker who is local director of Devereux Florida, a non profit organization to care for youth at risk, especially teen agers who are without guardian to go through a safe transition from foster care to secure a job and safe transition to the society. I had already prepared my Divine Principle chapter one and two before I go their home and around the table we had a great presentation and study of the Divine Principle.

Later in the week I had a chance to meet with Denise Sweeney, a dedicated Christian and a staff of Florida Southern University in Lakeland. Since last year she has been trying to make it to the ACLC but her hectic work and family obligation would not allow her to take any time off.

Therefore I made a luncheon appointment with her to go to meet her instead at the university café where she works, to have lunch together. I took my ACLC and Divine Principle power points with me for our luncheon. This meeting went on for two hours, in which reviewed Chapter One and Chapter Two of Divine Principle, then we prayed together. In the end, she received the holy wine, we prayed together with a unified in spirit... It was great!

Just a week later, Mrs. Lillian Blessing from Florida Peace Alliance (a New national Bill to be passed to fired out

a USA Department of Peace) came over to my home-office to watch a video on Universal Peace Federation followed by a talk on the "calling" of the Founder, Father Sun Myung Moon!

I also had a chance to meet Pastor Carol Solovitz from Grace Lutheran Church on Lent Sunday, I also met with Co pastor of Southside Baptist Church and prayed together, also with Mrs. Pepita a minister at Spanish Congregation of Christ the Sheppard Church, also with pastor Liza leicht from Unity in Grove church and prayed on phone with Evangelist Silvia from Resurrection Church and Rev. Beth A. Fogle Miller from United Methodist Florida Conference, in addition to all above I had a chance to witness and minister to many more ordinary people at my weekly witnessing hours.

After all what is the purpose of the ACLC programs if it is not to engraft people to True Parents' lineage. ACLC's ultimate purpose is to transform the society through the teaching of the Divine Principle and the Blessing of the Holy matrimony and the change of blood lineage. Therefore, I have decided to bless people where ever I go, I share my blessing of the Divine Principle and give them holy

candy if they accept the idea of absolute moral purity.

Therefore I made a booklet with my PowerPoint presentations of the Divine Principle that I can carry on me. When I make appointment with my contacts or with those pastors who are willing to come to aclc but there is often a conflict of schedule or time with them that prevent them to come. So instead of them coming to ACLC, I go to them to bless them and to share with them of Divine Principle.

I also have a monthly ACLC program in Lakeland. On Saturday March 14, ACLC program was sponsored by Lakeland public library at the lake Morton site Community Room. Pastor Brookin, Sanford lead the invocation and benediction prayer, we had holy wine for the participants, in addition to one participants was from Bahia faith representative. In addition, Pastor Brookin was appointed as Ambassador for Peace. ❖



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Beyond Nation, Race and Religion: UTS

The Unification Theological Seminary (UTS) held its thirty-third Commencement Exercises on Saturday, May 23 at 2 pm in the Interfaith Chapel in the main building. The featured speaker was Reverend In Jin Moon, President of the Family Federation in America. The chapel was filled to capacity with family members of the graduates, friends and other well-wishers.

The Graduating Class

The ceremony, emceed by Dr. Michael Mickler, seminary vice president, included a total of forty-five graduates — thirty-four men and eleven women — from the main campus at Barrytown and the N.Y.C. Extension Center. The graduating class included the first UTS Doctor of Ministry degree, awarded to Michael Balcomb. Eight graduates received their Master of Divinity degree, thirty-five the Master of Religious Education degree and one was awarded the Certificate in Unification Leadership.

The culminating dissertation, theses and projects of the class included diverse and important topics, including "A College Freshman's Guide to Healthy Habits" (Chang), "Teaching Divine Principle to Elementary-School Children through Music" (Gogo), "Effective Sunday Service Formats for Teenagers" (Hayashida), "Pakistan's Educational System Contributing to Intolerance" (Javed), "Empowering Women in African Society" (Kyungu), "A Study of the UC Blessing Ceremony" (Yu), "Track IIIa Diplomacy" (Muzorewa), "Ocean Education for Global Citizenship" (Seo), "Initiation into Religion" (Li), and "Designing and Implementing an Effective UPF Conference Participant Feedback Mechanism" (Balcomb). (titles edited)

The Commencement Ceremony

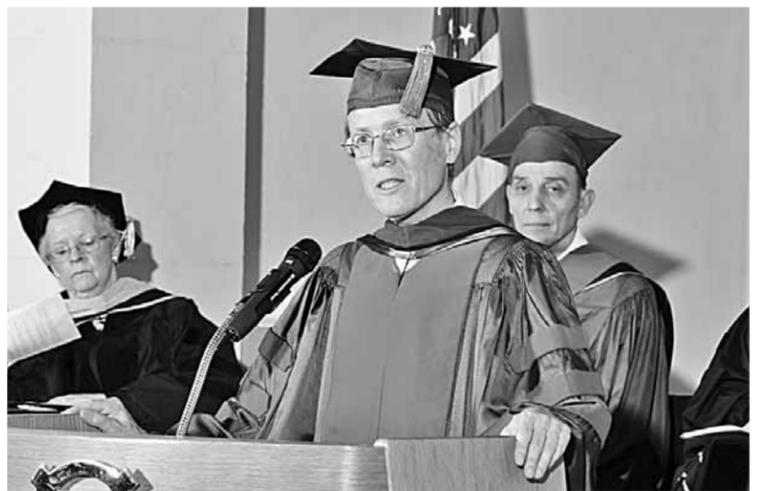
In her Commencement Address, Rev. In Jin Moon reflected on the Founder's devotion to the school and campus. She recalled his creating what is now "Father's Trail," part of the Hudson Valley Greenway, and his speaking to students in tranquil settings under trees and overlooking the river or pond. Rev. Moon shared her own experiences

on the campus while growing up, apologizing for the noise she and her siblings might have made as they rode horses past the classrooms. She lifted up the interfaith dimensions of UTS education, and envisioned the spirit of UTS flourishing as the form evolves. She affirmed the vision of one family under God, inspiring graduates to reach beyond traditional boundaries to serve

Engagement (ICRD 2008). Dr. Johnston founded the International Center for Religion and Diplomacy (ICRD) eight years ago "because he saw religious faith as a catalyst for peacemaking, instead of a basis for conflict. Johnston has learned that Muslims will listen more closely to a Christian than to the typical secular Westerner. 'If you can operate on a faith-based basis, you

lim because to be a Muslim means to be submissive to God and I am submissive to God.'" His comment defused a potentially dangerous situation and the talks could go on.

Director of Student Life, Rev. Eric Sylte, presented the UTS Service Award for outstanding service to their fellow students to Lean Monyrith from Cambodia and Saboru Sekiguchi from Japan.



humanity with the heart of True Parents.

An honorary degree of Doctor of Humane Letters, honoris causa was awarded to Dr. Douglas Johnston, founder and president of International Center for Religion and Diplomacy. Dr. Johnston has edited and authored several books, including *Religion, the Missing Dimension of Statecraft* (Oxford University Press, 1994) and *Faith-based Diplomacy: Trumping Realpolitik* (Oxford University Press, 2003) and co-author of *Madrassa Enhancement and Global Security: A Model for Faith-Based*

find that, particularly with Muslims, they really open up' said Johnston to Christianity Today.

In his comments to the graduating class, Dr. Johnston inspired them and the audience with his experiences with the Taliban. Believing that interfaith dialogue is key to understanding and bringing peace to that region, he held talks with Taliban leaders deep in Taliban controlled territory. At one point, one of them asked him if he was Muslim, implying that if he wasn't and wouldn't convert, he might be killed. His quick response was "I am a Mus-

Students, faculty and administration alike recognized their selfless efforts to volunteer in many capacities. He then presented the UTS Outreach Award to Chipu Muzorewa, niece of former Zimbabwe Prime Minister Abel Muzorewa, for her internship work with the United Nations office of the Universal Peace Federation and in the office of a US Congressman.

The Ceremony was graced with beautiful music filling the spruced up sanctuary. Dr. Brian Saunders directed the WestRock Choir in three lovely songs, accompanied by Rev. Gavin Hamnett

Celebrates 33rd Annual Commencement



on piano and Ms. Sunboon Jeong on violin. Mrs. Moon Sook Choi Yoon, Director of the UTS Institute of Korean Language and Culture, offered a deep rendition of "The Lord's Prayer," and our Extension Center registrar, Davetta Morgan Ogunlola, stirred everyone's hearts with the National Anthem.

Graduate responses were given by Mr. Sergio Alcubilla, representing the Barrytown students, and Rev. Rudyard Morgan, representing the Extension students. The Commencement Ceremony closed with a benediction by adjunct professor Dr. Luonne Rouse, Senior Pastor, Metropolitan Community United Methodist Church, New York.

Pre-Parliament Event

In the morning before graduation, Paul Rajan, an Anglican student born in India and a citizen of New Zealand—organized a Pre-Parliament event with Dr. Johnston as guest speaker. This event is a precursor to the 2009 Parliament of the World's Religions, which will be held on December 3-9, 2009 in Melbourne, Australia. The Barrytown event, moderated by UTS Student Council president Barbara Robertson, included an invocation from Pundit Shashidhara Somayaji, head priest at the Hindu Samaj Temple in Wappingers Falls, a delightful dance by two girls from the Temple, and songs by Cecilia St. King.

Dr. Johnston's address covered the genesis of the International Center for Religion and

Diplomacy, and hallmark work the Center has accomplished in, among numerous other places, the Sudan, Pakistan and the holy land. Dr. Michael Mickler offered a response representing the faculty, suggesting that the ICRD's work might serve as a ground for a the-

ological framework for peace. Dr. Johnston then took a number of questions from the floor. A lively discussion ensued taking everyone well past the closing time.

African Community Reception

To celebrate the graduation of several students from Africa, local graduates and colleagues from Africa created an African Community Reception after the Commencement. They shared food and drink, décor and dance from their countries, creating a lively and joyous atmosphere. We were blessed with the participation of a good showing of Chipso Muzorewa's family, some of whom flew in from Zimbabwe for the occasion.

30th Reunion of the Third Class

Capping the weekend was the 30th Reunion of the Class of 1979. Organized by Linda and Frank Zochol, with assistance from Daniel Davies, some twenty members of the third graduating class shared memories, hugs, news, songs and a delicious meal gifted by a donation from the UTS Alumni Association president. The sharing went long into the night.

Board-Alumni Forum

A new feature of this year's graduation weekend was a Board-Alumni Forum on the Future of UTS. On Friday evening, following a meal together, Bishop Ki Hoon Kim, Rev. Michael Jenkins and Dr. Hendricks shared with some forty alumni about the future of the seminary. Many alumni came to the open microphone to share their heart, vision and practical ideas for the future. The evening concluded with a delightful talk from the seminary's first president, Dr. David S. C. Kim, now 95 years old but full of energy.

It was a rich and wonderful event for all concerned, and deep thanks go to all whose hard work made it happen. ❖





STF

Denver, CO



SFP Goes Green on Global Youth Service Day

Service For Peace in Thailand celebrated Global Youth Service Day by conducting a project called "Youths Care for the Environment." A total of 45 volunteers took part in the project.

Due to the bad weather conditions, the planned cleaning was postponed and the service project transformed into an educational program. Mr. Samnao Ratsamitat, Mayor of Bangnamphueng District Administration Organization, which partnered with SFP for this project, gave a lecture on how service activities improve the quality of life in the community and encouraged the youths to participate in more and more service projects.

Mr. Raweetiwat Srisutthisard, Director of SFP in Thailand, talked about the history of GYSD and about the meaning and the value of service for the community. Everyone expressed their genuine regret for not being able to volunteer that day, as well as, their willingness to take part in future service activities. The program went on with team-building games and singing happy songs.

Service For Peace in Ukraine dedicated the whole April to service activities throughout the country. On April 1st, the children from three schools in Kyiv and from an orphanage in Dnepropetrovsk attended a series of ecology lessons.

On April 7th, children took part in an arts contest, making drawings under the theme of "I want to live in a clean country." The contest committee chose 8 out of 80 drawings to get the winner prizes, donated by Directorate of Family and Youth at the Kiev City Admin-

istration and other GYSD project partners.

On April 13th, SFP in cooperation with the city administration of Vyshhorod, helped Zina, a 20-year-old pregnant orphan living alone without food, electricity, running water and furniture in her house. Fifteen volunteers provided food, furniture and clothes for her and the baby, repaired the house, cleared the yard from trash and built an outdoor toilet.

The GYSD project in Poltava city took place on April 23rd when about 50 volunteers cleaned the boarding-school's yard and played games with the children.

On April 24th, the actual Global Youth Service Day, a few projects took place in three cities of Ukraine: a cleaning of the Dnepr river bank in Kyiv city, a restoration of a sports ground in Chernigov city, and a reconstruction of a playground in Kharkiv city. Over 250 motivated volunteers proved that they could



A Global PeaceMaker Camp Inspires International Volunteers

From March 14th to March 19th, Service For Peace in Thailand joined hands with Baan Nong-Yao School, Nong-Yao Village, Nongkhai Moral Youth for Peace Group and Laos People's Revolutionary Youth Union (LPRYU) and held a Global Peace-

building communities of peace.

By holding this GPM Program SFP in Thailand and its partners once again demonstrated the transformative power of service. ❖

Maker Camp in Nongkhai Province in Thailand and Vientiane - the Capital of Lao People's Democratic Republic. A total of 59 volunteers, Thai, Lao, American, Japanese and Korean, took part in the service activities. The participants in the program cleaned the areas around key places in Nongkhai Village, such as the temple, the school and the park in Nongkhai. Then they participated in the repainting of the building of Zalmeech School in Vientiane.

The main focus of the GPM Program was to help youth realize the value of service for overcoming national, religious and cultural boundaries for



do great deal in the name of a good cause!

One hundred volunteers continued cleaning the Dnepr riverbed in another cleanup project on April 25th and helped a group of orphan chil-

dren have a fun time in the local zoo.

On April 29th, two more projects took place: in Donetsk, SFP volunteers conducted ecology lessons and a cleanup of a school's sportsground, while in Zhitomir City the lake's banks were brought back to their natural state without waste. ❖

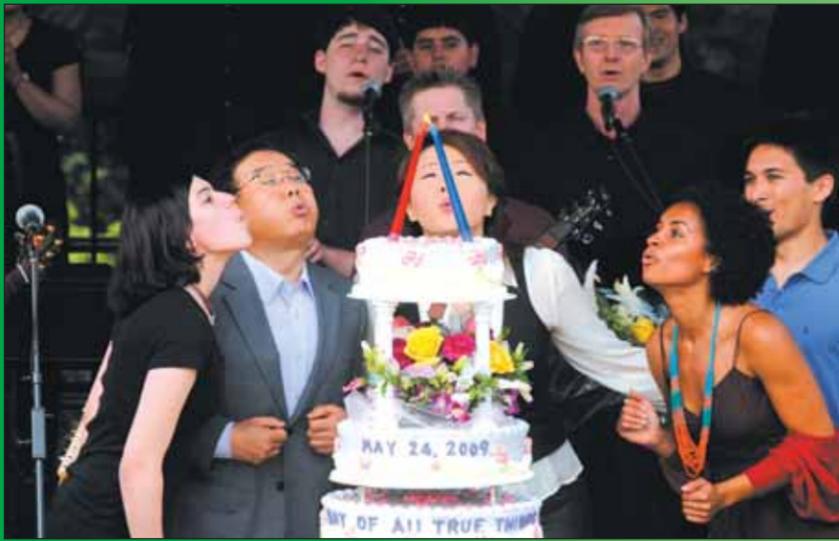
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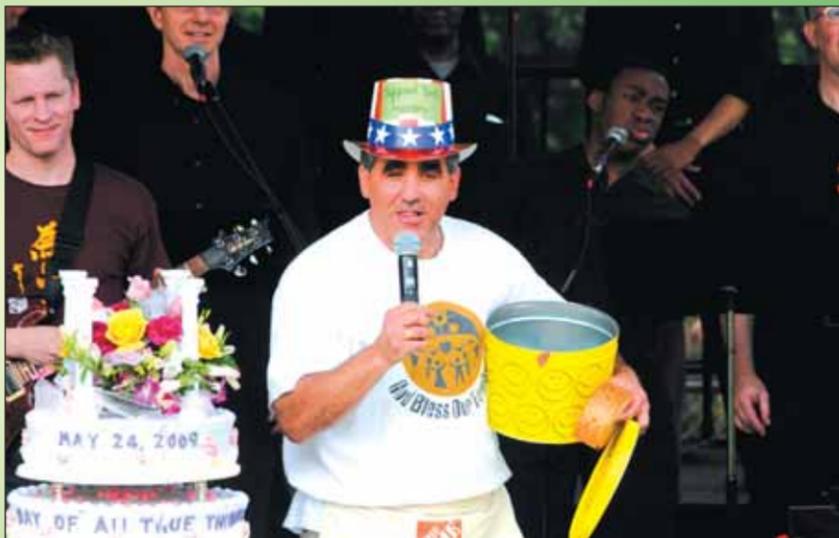

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IL SHIM
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 May 17, 2009



NJ 'Women of Faith' Explore Family in Religion

by Dawn Haider

The month of April welcomed spring, and April 3rd brought a Women of Faith program sponsored by Service for Peace (SFP) and cosponsored by the Women's Federation for World Peace to Montclair State University located in Montclair, New Jersey. Inspired by the SFP students at the university, the event was an opportunity for students to share the beauty of their own religions and understand the beauty of others.

Each member of a panel of female stu-

dents from various religious groups on campus spoke for 10 minutes and then participated in a Q&A session that was open to audience members. The event also collected canned food for a local pantry in order to offer something to the larger community.

The panel addressed the topic "The Role of Family in Religion." Julie Tsing

spoke on Judaism and stressed that one had to be sure of one's personal faith before being able to bequeath it to the next generation. The Roman Catholic representative, Pru Welch, spoke on the importance of faith, hope, and prayer, as well as understanding that your children are God's children. Emine Elif Kasapoglu represented the

Islamic view very well in her explanation of the roles of each member of the family and the importance of tradition.

The Unification perspective was addressed by Amerika Coryell, who expressed

the belief that faith begins at home and that all individuals must travel through various stages of faith before they mature into good parents.

The Inter-Religious Studies Department, as well as a variety of clubs and groups, were represented in the audience. The panelists were natural and relaxed as they deeply shared their heart of faith. The concluding Toast to World Peace and fellowship afterward added to a respectful and profound experience for all. This Women of Faith Event was marvelous and left those that participated hoping for more opportunities to hear from other faiths in the future.

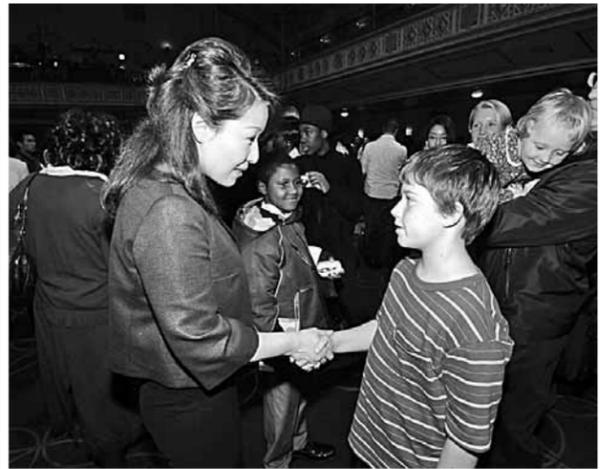
Dawn Haider is a university student and founder of the Service for Peace student organization on campus





Livin' Life Ministry

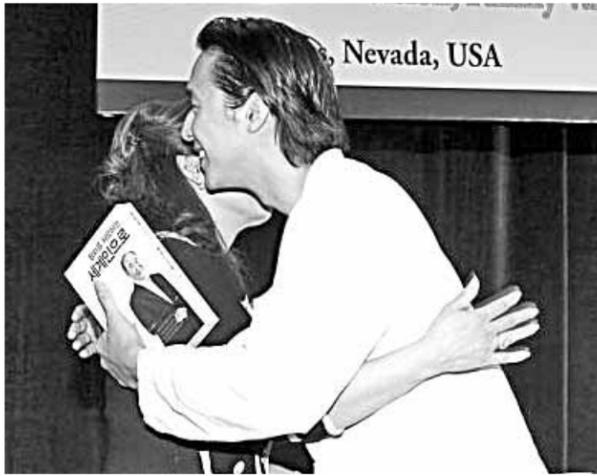
Manhattan Center
May 17, 2009





Las Vegas Workshop

March 28, 2009





Peace King Cup Fishing Tournament

Hudson River, NY

May 9, 2009



Sermons of Life, Love

What's Love Got to Do With It? — Four Great Realms of Heart

Theme of the Month: What's Love Got To Do With It - The Four Great Realms of Heart

May 17 - Husband and Wife Love

*Sermon Given by Rev. Andre Resse
District 6 Ohio*

Love - Love - Love. That word is powerful is it not? It applies to a wide range of positive feelings and commitments from the pizza I ate last night to the woman I stood with at the altar to the baby we brought home from the hospital a few years later. It is powerful, but its power just happens to be its potential undoing. Love means different things in different situations. Loving pizza oozes a tasty, juicy love; whereas loving my wife can take the juice right out of me!

Yes, varying situations call for different kinds of love. What happens, though, when we throw into our mix the fact that people are different, with different backgrounds and make-ups? While that is certainly a whole host of rabbit trails we can get lost in, let us in this sermon simply consider the idea that love means different things to men and women generally.

So whatever you wish that others would do to you, do also to them, for this is the Law and the Prophets (Matthew 7:12; ESV).

We are very familiar with our own likes and dislikes. We certainly want other people to respect them. Therefore we should become very familiar with the likes and dislikes of others ... in order to respect those likes and dislikes as defined by other people. Yes, this takes a bit of work, yet this directional process is one major facet of what builds a healthy happy marriage. Being mindful.

The ancient Greek philosopher, Aristotle, once quipped, "Anyone can become angry—that is easy. But to be angry with the right person, to the right degree, at the right time, for the right purpose, and in the right way—that is not easy" (from The Nichomachean Ethics, in Daniel Goleman's Emotional Intelligence, p. xix).

Mindfulness is not so much the ability to pick out a frowny face and a smiley face and label them appropriately. Rather it is more like knowing what is going on in the situation, knowing what is going on inside you, managing what is going on inside of you, and responding appropriately. It is good internal emotional self-discipline. It is not the stuffing and stamping out of one's emotions. Rather it is the proper channeling of them for proper and good personal interactions.

What can make a marriage work is surprisingly simple. Happily married couples aren't smarter, richer, or more psychologically astute than others. But in their day-to-day lives, they have hit upon a dynamic that keeps their negative thoughts and feelings about each other (which all couples have) from overwhelming their positive ones. They prac-

tice mindfulness in their marriage. The more mindful a couple—the better able they are to understand, honor, and respect each other and their marriage—the more likely they will indeed live happily ever after. Mindfulness is a skill that couples can easily learn. As simple as it sounds, it can keep husband and wife on the positive side of life.

So whatever you wish that others would do to you, do also to them, for this is the Law and the Prophets (Matthew 7:12; ESV)

Practicing mindfulness between husband and wife helps them gain the ability to know and manage their relationship appropriately in any given situation. Being mindful allows us to read and know other people individually and work appropriately with them, understanding their particular emotional needs.

Emerson Eggerichs (Love & Respect: The Love She Most Desires, the Respect He Desperately Needs), has given married couples a wonderful model to illustrate the truth that most fights are not about content (ie money, the direction of the toilet paper roll, etc.). While most fights might begin with content issues, most escalate out of control because one or both parties are disrespecting the emotional needs of the other. Simply put, "without love she reacts; without respect he reacts." Each partner has an emotional air tank. The wife's air tank is love and affection. The husband's is respect. Fights spin out of control and go into "The Crazy Cycle," when one or both partners step on the others air hose.

John Gray has done more than most to popularize the idea that men and women are fundamentally different with fundamentally different emotional needs (Men are from Mars, Women Are from Venus).

According to Dr. Gray the "primary love needs" of women are:

1. Caring
2. Understanding
3. Respect
4. Devotion
5. Validation
6. Reassurance

According to Dr. Gray the "primary love needs" of men are:

1. Trust
2. Acceptance
3. Appreciation
4. Admiration
5. Approval
6. Encouragement

While every man and woman is different even within the genders, these represent solid tendencies. Dr. Willard Harley concurs and has developed a list of his own from his therapeutic practice: "Our Most Emotional Needs in Marriage." While his list is a bit different from Gray's list, the common thread is that women and men tend to have different emotional needs that are fundamental to each person. Thus, according to his book, His Needs Her Needs: Building an Affair-Proof Marriage, it would behoove us to learn and minister to the deeply held

"What can make a marriage work is surprisingly simple. Happily married couples aren't smarter, richer, or more psychologically astute than others. But in their day-to-day lives, they have hit upon a dynamic that keeps their negative thoughts and feelings about each other (which all couples have) from overwhelming their positive ones."

emotional needs of our significant others. Such a consistent practice is powerfully nutritious preventative medication against affairs. His lists are as follows:

The Most Emotional Needs of Women in Marriage:

1. Affection
2. Conversation
3. Honesty & Openness
4. Financial Support
5. Family Commitment

The Most Emotional Needs of

Men in Marriage

1. Sexual Fulfillment
2. Recreational Companionship
3. Physical Attractiveness
4. Domestic Support
5. Admiration

Gottman teaches that there are four relational patterns to watch out for and avoid. So deadly are these patterns, when they are present, Gottman can predict an eventual divorce 91% of the time (The Seven Principles for Making Marriage Work).

1. Harsh Startup. When disagreements happen, what is the emotional overtone the begins the "conversation?" Avoid the "Harsh Startup."

2. The Four Horsemen of the Apocalypse. During conversations, discussions, spats, and fights, if the following present: *Criticism, *Contempt, *Defensiveness, *Stonewalling ... then your marriage may be about to go "through the big D, and I don't mean Dallas." The presence of these spikey attitudes renders the emotional environment toxic. Gottman is not saying that couples should never discuss problems. In fact he says that fights are not even the problem at all, so long as both partners are not feeling criticism and contempt and are not being defensive or stonewalling. A complaint is different from criticism. A complaint would be "Honey, the trash wasn't taken out." A criticism would be "Yeah, just like I figured. You didn't take the trash out ... again! Some man you are!" A complaint alerts attention to the deed. Criticism draws fire on one's character.

3. Flooding. "Flooding means that your spouse's negativity—whether in the guise of criticism or contempt or even defensiveness—is so overwhelming, and so sudden, that it leaves you shell shocked" (p. 34).

4. Body Language. "Recurring episodes of flooding lead to divorce for two reasons. First, they signal that at least one partner feels severe emotional distress when dealing with the other. Second, the physical sensations of feeling flooded—the increased heart rate, sweating, and so on—make it virtually impossible to have a productive, problem-solving discussion" (p. 36).

It is one thing to give people what you like and respect. It is an entirely different thing to do the hard work of learning other people and loving them on their own terms ... because that is ultimately what you want others to do for you.

Couples should better utilize the challenges of marriage to work on themselves and smooth those sharp edges. When rough rocks are put in a tumbler and ground together eventually they become smooth and lustrous stones. Marriage is a tumbler where we can work to perfect ourselves by surrendering to the sovereignty of each other. The psychologist M. Scott Peck appreciates this aspect of marriage as a arena for spiritual growth, "Marriage is generally the best vehicle for whittling away at our narcissism The tentacles for narcissism are subtle and penetrating and must be

see **Love** on page 22

Lineage, and Faith

Let's Go to Las Vegas: With the Help of God We Can Do It!

"We all have negative experiences that influence us. Past experiences color the way we relate with our spouse, our parents, our children and our siblings. We "know" about that brother, or this sister in the church. We "know" about our finances. We "know" what the public thinks about our church. We "know" how the media treats us."

Rev. Tom Cutts is the District Director of District Five, which includes Florida, Georgia, Alabama, South Carolina, Louisiana and Mississippi. He can be contacted at TomCutts@comcast.net.

The content of this sermon was given in Atlanta on Saturday, June 30th, and Sunday, June 31st.

"God is calling again us into the Desert...this time to Las Vegas. As we consider how to answer this call, we can learn a valuable lesson from the twelve men whom Moses sent to spy out the land of Canaan."

Our Bible Reading today is Numbers 13:23 - 14:12 and we are reading from the Contemporary English Version.

When they got to Bunch Valley, they cut off a branch with such a huge bunch of grapes, that it took two men to carry it on a pole. That's why the place was called Bunch Valley. Along with the grapes, they also took back pomegranates and figs.

After exploring the land of Canaan forty days, the twelve men returned to Kadesh in the Paran Desert and told Moses, Aaron, and the people what they had seen. They showed them the fruit and said:

Look at this fruit! The land we explored is rich with milk and honey. But the people who live there are strong, and their cities are large and walled. We even saw the three Anakim clans. Besides that, the Amalekites live in the Southern Desert; the Hittites, Jebusites, and Amorites are in the hill country; and the Canaanites live along the Mediterranean Sea and the Jordan River. Caleb calmed down the crowd and said, "Let's go and take the land. I know we can do it!"

But the other men replied, "Those people are much too strong for us." Then they started spreading rumors and saying, "We won't be able to grow anything in that soil. And the people are like giants. In fact, we saw the Nephilim who are the ancestors of the Anakim. They were so big that we felt as small as

grasshoppers."

After the Israelites heard the report from the twelve men who had explored Canaan, the people cried all night and complained to Moses and Aaron, "We wish we had died in Egypt or somewhere out here in the desert! Is the LORD leading us into Canaan, just to have us killed and our women and children captured? We'd be better off in Egypt." Then they said to one another, "Let's choose our own leader and go back."

Moses and Aaron bowed down to pray in front of the crowd. Joshua and Caleb tore their clothes in sorrow and said: "We saw the land ourselves, and it's very good. If we obey the LORD, he will surely give us that land rich with milk and honey. So don't rebel. We have no reason to be afraid of the people who live there. The LORD is on our side, and they won't stand a chance against us!"

The crowd threatened to stone Moses and Aaron to death. But just then, the LORD appeared in a cloud at the sacred tent.

The LORD said to Moses, "I have done great things for these people, and they still reject me by refusing to believe in my power. So they will no longer be my people. I will destroy them, but I will make you the ancestor of a nation even stronger than theirs."

Our Heavenly Parent must have been pleased with Caleb. He trusted God, and his spirit was alive, fresh, young and new. Caleb said, "With God on our side, I know we can do it." Caleb knew something, that our True Parents know, "Where there is a will, there is always a way, especially, if it's the will of God."

Let's consider for a moment the ten men who gave negative reports. Did they lie about what they saw? No. The tribes in the land of Canaan were well established and powerful. Where the ten men evil people? Not particularly. Moses had carefully selected each of them to represent their tribe. Of course, their fallen nature was showing when they spread rumors among the people. That is the fallen nature of "multiplying evil". But, if we are truly honest with ourselves, the ten were probably

not any better, nor any worse than you or I.

What caused them to fail? They allowed their past experiences to inform their expectations. And we do that all the time. Regrettably, the ten didn't take into account that our Heavenly Parent was opening up a whole new dispensation, and with the help of God the Hebrews could have conquered the land.

The negative reports of the ten were very costly. It meant that the Hebrews had to wander for forty years before entering the Promised Land. With the exception of Caleb and Joshua, Moses and the first generation died in the desert.

We all have negative experiences that influence us. Past experiences color the way we relate with our spouse, our parents, our children and our siblings. We "know" about that brother, or this sister in the church. We "know" about our finances. We "know" what the public thinks about our church. We "know" how the media treats us.

True Father is telling us we are entering a new era. We must not let what we "know" from the past be a barrier to believing True Father's words. The Messiah has brought God's Absolute Power to the earth. With the opening of the Original Palace on June 13, 2006, God could finally have a physical place to live on this earth. God is now dwelling in the physical bodies of our True Parents.

The helicopter accident expanded God's Power even more dramatically. Satan exceeded his authority by trying to kill True Parents in the crash. This was outside the Principle, because Satan had no condition to take True Parents' lives. So, God could save True Parents.

After the three stage coronations of January 15th and 31st in Korea, and again on the 31st in New York, True Father proclaimed that God could now exercise his absolute authority without any accusation from Satan.

True Father said that we can inherit this authority by aligning our lives completely with God and True Parents. We can become objects on earth through whom God manifest his Power.

In addition, True Father said

that the five founders of the world religions are also waiting to work with us. But they cannot work freely with us. In order for us to be qualified to receive their help, we must attend an Original Divine Principle Workshop.

I know that we are already receiving a lot of help from the spiritual world. The year 2008 was a year of miracles in our district. We had four pastors of very large churches connect with Hyun Jin Nim and True Parent's Global Peace Festival. One church has 17,000 members. Another hosted the GPF in his church on October 7, 2008.

The Atlanta GPF was a spectacular event. Much of the success was due to the unity of the Steering Committee. It was composed of four pastors, a former State Senator, a former U.S. Ambassador, the C.E.O of a youth program and a leader from the Nation of Islam.

But I believe there was also an invisible Steering Committee. In February and March of 2008, my eldest son, Brian, and I attended a 40-day workshop together at Cheong Pyeong. While there we liberated and blessed some of our ancestors. But at one point, we began liberating people from outside of our direct lineage. We liberated some cousins, aunts and uncles. Then we liberated one of the Georgia signers of the Declaration of Independence, Lyman Hall. We liberated a former slave who lived with my mother's family, Miss Carrie, and we liberated a Civil War general, Stonewall Jackson.

One morning at Cheong Pyeong, I realized that we had only liberated whites and blacks, but no Native Americans. Words cannot describe the feeling I had when I thought about liberating some Indians. It was almost a physical feeling of wellbeing and heartfelt gratitude. I felt the Indians were thankful that I was thinking of liberating them. I decided to liberate the Seminole War Chief Osceola and the Cherokee Chieftain and Scholar Sequoyia.

Since my district includes Miami, which has a majority Latino population, I decided we needed to liberate a Hispanic person. I first thought about Simon Bolivar, but when I checked with

Sermons of Life, Love, Lineage, and Faith

Las Vegas from page 21

the Cheong Pyeong office, their records showed that he had already been liberated. I then decided I might liberate Juan Ponce de Leone. He was a Spanish explorer, and the first European to set foot in what is today the United States. He searched all over Florida looking for the Fountain of Youth. But my funds were running low, so I decided to liberate the two Indians, but wait till later to liberate Ponce de Leone.

Then an extraordinary thing happened at lunch. A Blessed Child from New Jersey, Inha Kang, called to me from across the dining hall. She said, "Hey, Tom de Leone." I was shocked. She had no idea I was thinking about liberating Ponce de Leone. Because I was wavering in my decision to liberate him, I felt that through this sister he was knocking on the glass from the other side, telling me not to forget him. So we liberated him, too.

It was while I was at Cheong Pyeong that Hyun Jin Nim visited Atlanta and met the mega-church pastor who later invited the GPF to his church. Of course, I would have liked to have joined that first meeting, but I felt that our Cheong Pyeong work helped make the meeting happen.

Later, while working on the Atlanta GPF, I learned something very interesting about this mega-church pastor. Thirty years ago, he used to come every month and stand in front of the Unification Church and preach against Rev. Moon and the Divine Principle. Thirty years later he invited Rev. Moon's son to speak in his church.

We are definitely living in the time of harvest. The seeds we planted thirty years ago are now bearing fruit. Thirty years ago, In Jin Nim marched with an important Civil Rights leader, and today he is helping develop the A.C.L.C. movement.

Our First Generation sacrificed

so much for thirty years or more. They gave up their education, their careers, and even their families for the sake of God's providence. Some of their children were lost to the secular world. They seem to have nothing to show for our offering. But now, as we enter this

"We are definitely living in the time of harvest. The seeds we planted thirty years ago are now bearing fruit....Our First Generation sacrificed so much for thirty years or more. They gave up their education, their careers, and even their families for the sake of God's providence....But now, as we enter this new period, we are beginning to see fruit coming from all those seeds which were sown."

new period, we are beginning to see fruit coming from all those seeds which were sown.

Attending an Original Divine Principle Workshop will allow God to work even more powerfully through you. True Father wanted a certain number of members from America to attend every Original Divine Principle Workshop in Las Vegas, and our district goal is 20.

However, since I know the difficult financial situation of most of our families, it was very hard for me to believe that brothers and sisters would respond to True Father's call. I "discounted" in my own mind, wanting the goal to be less. And to be perfectly honest, it was hard for me to take the goal seriously. My own thinking was just like those faithless ten men who went into Canaan to spy out the land.

Perhaps, you thought of going to one of Original Divine Principle Workshop yourself, but decided not to. It is just too difficult for you to take time off from work, or the expense seemed too great. As your District Director I want to challenge you to reconsider.

You may also be thinking, "Well, I want to go to this workshop, but it is just too soon. If I had been given a little more notice, I could have done it. I'll go to the next one, when it will be easier for me find the time and put together the money."

I don't think it will be any easier if you plan to go later. You should go as soon as possible. One of our Georgia Ambassadors for Peace understands this principle. A number of years ago, I needed a speaker for a leadership conference in Mississippi. I asked this Ambassador for Peace in Georgia to go speak. He answered, "Tom, I have a family event in Florida that same weekend. It will be extremely difficult to excuse myself from this family gathering. But I WILL go, because I know that when God asks me to do something, and I don't do it because it

is difficult, the next time He asks me to do something it will be even more difficult."

Let's go as soon as possible. And let's not let our past experiences be a barrier to believing True Father's words.

In Jin Nim gave a beautiful sermon entitled "Deep Waters" during the Lovin' Life Sunday program. She quoted from the Scriptures where Jesus first met Peter. Peter and the fishermen had just returned to port from fishing all night. Jesus instructed them to go out again and put their nets down into deep waters. They had been fishing all night long, and they had caught nothing. They had tried everything. They "knew" that if they went out again, they would still catch no fish. But for some reason Peter listened to Jesus, and he and his crew went out and put down their net one more time. This time the catch was so abundant that their boat nearly sank.

Let's cast our nets in the deep waters, one more time. Let's make a condition of unity with our True Parents, let's support In Jin Nim as the leader of the American movement, let's be the objects on earth through whom our Heavenly Parent can use to pour out his Power, and let's attend the Original Divine Principle workshop.

Father knows our situation and how difficult it is to go to Las Vegas. But he is asking us to go, anyway. The fact is in 2009 True Father has only asked a couple of things from America. And one of those was to attend an Original Divine Principle Workshop.

Let's have faith in True Parents' words. Let's say, "With the help of God, we can do it." As True Father said during the 2005 inaugural of the Universal Peace Federation, "Where there is a will, there is always a way especially if it is the will of God." ❖

Love from page 20

hacked at one by one, week after week, month after month, year after year."

This experience of true conjugal marriage manifested by God's expression in the love relationship will help them deal with the roughness of character and differences of personality, taste, views, etc. which are sources of conflict, and later, divorce. Love should increase and transform the couple as they grow older in grace to become parents, grandparents, and even great grandparents in love, and after, to continue their eternal union in the realm of the spirit. ❖

Suggested Reading:

The Seven Principles for Making Marriage Work : by John Gottman

The proper Care and Feeding of Marriage: by Dr. Laura Schlessinger

Suggested Video: Mark Gungor - Laugh Your Way to a Happy Marriage

Translation from page 23

first and selfish desires will take over. This leads to things such as sexual immorality, divorce, and family breakdown. And if we have not fulfilled the first two blessings of being fruitful and multiplying through a beautiful God-centered family, then how would we even be able to think of taking care of the nature around us? If we can not even work on ourselves, or our relationships with the people around us, I don't think we would even think about taking care of Creation. By not having dominion over creation, we have selfishly polluted the planet and misused our resources taking more for me and less for you. As one can see, the three blessings are all connected.

Instead, God intended us to be fruitful, to fruitfully multiply, and fruitfully have dominion. He wanted us to use our time of singleness to grow in our relationship with Him, to unite with Him, and become temples of God preparing our hearts and ourselves for

that significant other God prepared for us. If two people that have built a trusting relationship with God and really made effort to work on themselves (their character), come together, they will be able to properly unite with each other. With God at the center, the couple will be able to overcome temptation together because they will be able to think of the other before themselves and this will lead to the multiplication of a beautiful God centered family. When a family is united with God at its center, they will naturally want to take care of the things God has provided them with. Together they will be able to tend and take care of the environment around.

Therefore, no matter where you may be at in your life, you can always take one step at a time and: "Be fruitful" by growing in your relationship with Him (uniting with Him); "Multiplying" by creating a beautiful family (uniting with others); and having "Dominion" over all creation by taking care of it (uniting with creation). God's words in Genesis 1:28 have too often been overlooked and that is why we are living

in the World today that is in the condition we humans have made it but it is also up to us to follow God's word and change it. ❖

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The Three Great Blessings: A Translation of Genesis 1:28

by Leena Vincenz-Gavin

Leena Vincenz-Gavin is a College student blessed to Jario Gavin. She lives in Chicago together with her parents Reiner & Barbara Vincenz.

Genesis 1:28

And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth. (KJV)

My Translation

After seeing His children created so perfectly and so much like Him, He blessed them by saying unto them:

Be fruitful; grow in your relationship with Me, Multiply; create a beautiful family, And have dominion over all creation by taking care of it the way I will always take care of you.

Reason for choosing the Passage

Looking around at the circumstances of our World today, it is a sad situation. People are filled with selfish desires that they can not overcome such as love for money and materialism. The divorce rate is high, family breakdown is the norm, and human sexuality is misrepresented everywhere we look. Even the Earth itself is being misused as we have polluted our planet so much that the hole in the ozone layer is growing and as we continually misuse our bountiful resources, parents and children across the world are starving to death. This is the reality of the world that we are living in. The question is- why?

This occurred because we did not realize the plan God has given us for our lives. This plan is first found in Genesis 1:28. After creating the world and seeing that it was good, God created the last part of creation-humans. He created them in His own image and blessed them. Genesis 1:28, or the "three great blessings" as I will refer to them, are the very first words God speaks to man. And not only does God say them once, but he repeats them 12 times just in the book of Genesis. God revealed our purpose in life to us through providing directions to live by. His words can be looked at as blessings since fulfilling His direction is our way of returning gratitude to Him. He commands us to be fruitful, to multiply, and to have dominion over creation. However, we have overlooked this and oftentimes failed to live out the three great blessings correctly. Let's take a closer look at the meaning behind each blessing.

Translation Choice for "Be Fruitful"- "Be Fruitful; grow in your relationship with Me."

The first two words that God said to man were: "Be fruitful". According to the Merriam Webster Dictionary, the word fruitful is defined as:

"abundantly productive." God created man in His image and thus in saying His first words to His children "Be fruitful", he wanted them to grow in character, spirit, and heart; to become "abundantly productive". He wanted His children to become like Him; "Be perfect therefore as your Father in heaven is perfect" (NIV, Matt 5:48). Therefore, being fruitful can be looked at as the stage before marriage. It is the time to build one's own personal relationship with God, grow and be strengthened in Him, becoming a person of integrity.

Further Explanation using Literary/Scholarly Sources-

According to the Divine Principle, being fruitful means to be "mature and ready to bear fruit" which is done through "the perfection of individual character". We can see this is true when looking at a tree. In Matthew 7:17 it reads: "Even so every good tree brings forth good fruit; but a corrupt tree brings forth evil fruit" (AKJV, Matt 7:17). God's words must have been a symbolism referring the trees to people. How could a tree be corrupt or evil? Just as an immature tree brings forth bad fruit and a mature, healthy tree bears good fruit-it is the same with man. Once we are able to unite our mind and body with God at the center we can fully become temples of God: "Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? (KJV, 1 Corinthians 3:16). "Such was God's intention: be fruitful by uniting with Him" (Kim, 17). And when one has reached this state of a trusting relationship with God and a mindset of living for the sake of another, not just for oneself, one is ready for the second great blessing from God: "Multiply".

Translation Choice for "Multiply"- "Multiply; have a beautiful family."

The second thing God had asked of Adam and Eve was to "multiply". God wanted Adam and Eve to become one in holy matrimony centered upon Him and to have a beautiful family which would become the school of love. However, the word "multiply" does not simply refer to: have physical children. It means to pass the love of God on to ones descendents. And since we humans have fallen and our children are not born sinless, it is safe to say that we should multiply spiritual children as well. By this I mean, multiplying the body of Christ here on Earth through evangelism which Jesus revealed to us later in the New Testament.

Further Explanation using Literary/Scholarly Sources-

Jeremiah 23:3 states: "I myself will gather the remnant of my flock out of all the countries where I have driven them and will bring them back to their pasture, where they will be fruitful and increase in number." So, once we are

fruitful beings we are ready to increase in number. However, the first blessing "be fruitful" has not yet been realized. Man has not become perfect (Matt 5:48) and he has not become God's temple (1 Cor 3:16). Because of the Fall, being unable to control one's selfish desires, the result is sinful families. Husbands and wives who come together without God at the center cannot fully establish the ideal families God had in mind. However God's original intentions for multiplication were the following: "Through their love, then, children would be born and the parents would experience their own creation of another being who would reflect and amplify their own nature. [and God's] Such a family would serve as a foothold for God's sovereignty in the physical world and a fountainhead of love for each member of the family" (Kim, 19). This was God's hope.

There are those who choose to get married and never have children. However, "The realization of the ideal of creation does not end merely by men and women getting married and uniting through love. After this, they must experience having sons and daughters...If there is only a husband and wife, there will be today, but no tomorrow. If there is no tomorrow, everything comes to have no meaning" ("Blessing & Ideal Family, 4). We know that this is true because just as God created us in His image, He gave us the gift to create children in our image through multiplication. How much joy it must bring to God to see how unique and different each one of his children are as different manifestation of Himself. Therefore through multiplication, husband and wife are to unite with each other by having children with God at the center of the family.

Translation Choice for "Have Dominion"- "Have Dominion over all creation by taking care of it."

Lastly, after God has asked us to work on ourselves and our family, He asks us to take care of the things around us. God asked Adam and Eve to have dominion over all of creation. As all of creation is His gift to us, He wants us to take great care of it. Therefore although "dominion" might seem like a heavy word, God simply wants us to take care of our environment- the earth, the fish of the sea, the fowl of the air, and every living thing that moves on the earth- which in return bring joy to us. He created these things so carefully and with so much love, that our duty and promise to Him is to take care of it.

Further Explanation using Literary/Scholarly Sources-

According to Bergant writer of the U.S. Catholic, "We are truly children of the universe made of the same stuff as the mountains and the rain, the sand, and the stars." She refers to the creation story in Genesis 2:7 in which God created man out of

clay from the ground. We were created in God's image and "as images they are meant to carry out God's rule on earth. As images they are meant to subdue and have dominion in the way God would, in a way that enhances rather than destroys the earth... The earth is now in our keeping. We must take up this responsibility as agents of God. It is an awesome role that we play in the world" (Bergant). Being created in the image of God comes with responsibilities, like taking care of the Earth He has given us.

Ritenbaugh a writer of Bible Commentaries also brings up the second creation story found in Genesis 2. He explains how the lighter feeling words "tend" and "keep it" are used instead of "have dominion" and "subdue it". To "tend" the garden means to "work or serve" which can also be defined as tilling or cultivating land and to "keep" means to "exercise great care over" it. He asks for man to watch over the garden, "A caretaker maintains and protects his charge so that he can return it to its owner in as good or better condition than when he received it" (Ritenbaugh). "Whether we read the creation story in Genesis, the nature hymns in the Psalms, or the majestic poetry of the theophany in Job, we are taught that behind and throughout every thing visible man can sense the presence of a divine reality. If this be true, the universe reflects the personality of God...the universe becomes God's body" (Kim, 3). As we can see, taking care of our environment is our duty and by doing it right we will not only fulfill the third blessing but bring joy to God through it. As we are the body of God, so is the nature around us. Therefore, "Having dominion" simply means to unite with and take care of our environment.

Conclusion-

I hope that you have come to see God's words in Genesis 1:28 in a new light. The words God first spoke to man are so precious and so deep. The three great blessings; "be fruitful, multiply, and have dominion", come to mean a lot in our own lives as we strive to understand and achieve them. Of course God has spoken through many prophets over time in the Old Testament and through His Son Jesus Christ in the New Testament giving us directions, a clear way of life. But this is only because humanity is fallen. God had to send His Son to us spreading the message of loving ones enemies because we have crossed the line and walked away from God's first words, thus falling.

By not fulfilling the first blessing of being fruitful through building a trusting relationship with God and making Him the center of my life, we come to be self-centered and long for things like power, money, and fame. If two people like this come together, their relationship will be without God. Instead of having fully prepared themselves for each other, they will not be ready to always think of the other

see Translation on page 22

THE NEW VOICES OF OUR GENERATION



Unification News: Youth Education Column



Naokimi Ushiroda, Director of Youth Education Department in the US.

I. Recent News

Lovin' Life Ministry Launch & Development [Apr 12-~]: As you all probably know by now, the Lovin' Life Ministry [LLM] has successfully launched on Easter Sunday, April 12th, and has been having Sunday Services every week at the Manhattan Center in NY as well as at satellite locations in WestRock, and New Jerusalem. I believe that as the LLM develops, it will naturally affect youth education in a positive way. The weekly sermons from our national pastor, Rev. InJin Moon provide deep insights into how we should live our lives and also how we should raise our youth. Also, membership education is being developed at 43rd street that will help clarify the process that we and new members can go through to develop our commitment and contribution towards the vision of "Inheriting the True Love of God", which is the motto of the LLM. Another exciting aspect of the LLM is its brand of interest based small groups, called Project Connect, which is a premier network of teams serving the community through their passions. I will continue to share any updates of LLM that is relevant to youth education.

Upcoming Summer Opportunities

We are excited to share information about some national summer trainings that are available for local educators:

National Youth Educators Conference [Aug 7-9] Camp Sunrise & Manhattan Center (\$120):

The Education Dept. will be hosting our 1st National Conference for youth educators to share and learn from each other. With the appointment of InJin Moon as our chairperson, and her emphasis on family and education, we feel tremendous hope for the further development of youth education. We will conclude with lunch after attending the Lovin' Life Service at the Manhattan Center. Please contact Naokimi Ushiroda naokimi@gmail.com for more information.

Equip U [Aug 9-12] Manhattan Center & Camp Sunrise (\$150): Whether you are a group leader, youth minister or just someone who likes to help out with youth/young adult programs, this fun interactive hands on

training will assist you in developing your skills: Skills such as facilitating small groups, creating engaging programs, and knowing how to respond to questions about the DP and life in general. Learn leadership skills that will actually help you in doing what you love. We will start with the Lovin' Life Service at the Manhattan Center, and will continue the rest of the program at Camp Sunrise. Please contact Heather Thalheimer hthalheimer@gmail.com for more information.

We also have several educational workshops such as:

SAT Summer Intensive [Jul 5-14] UTS, NY (\$685): This program will provide intensive training for the SAT Reasoning Test that consists of Critical Reading, Writing, and Math. In addition, the program will focus on the integration of faith and academics. Dr. Noda is currently a professor of philosophy at UTS and has had over ten years of teaching and directing SAT preparatory programs in Westchester, NY. Please contact Sergio Alcubilla sergioalcubilla@yahoo.com for more information.

Going Deep [Aug 1-12] Camp Sunrise, NY (\$500): Do you have questions about your faith? About who God is and how to deepen your spiritual life? This 12-day Divine Principle and Life of Faith workshop will provide an opportunity to study, discuss, pray, and apply the Principle more deeply than ever before. Please contact Rev. Schanker truedad@familyfed.org for more information.

There are also a multitude of local camps that are being held all around the country. For more information on any of these programs, please contact your local youth ministry representative, state or district leader. We hope you have a great summer.

National Curriculum Meeting & Development [Apr 18-19] 43rd St HQ:

This was our first curriculum meeting which evolved into a national committee of educators committed to developing education for our movement in the US. Since then, we have been having conference calls on Monday nights to go over developments and updates from the field. If you are interested in becoming part of this committee, please contact me at naokimi@gmail.com

Web development Meeting [May 1] New Yorker, NY:

We met with Kevin Yoon, who is currently overseeing the web development for Family Federation and had initial discussions on receiving support in developing our own site. Heather and Naokimi will be working together with Mr. Yoon and his team to develop a comprehensive Education Department website to better serve the local youth education communities. If you have any thoughts on what you

would like to see on the website, please contact me at naokimi@gmail.com

II. Perspective on Youth Education: Rev. InJin Moon on youth education

I have had several opportunities to meet with Rev. InJin Moon together with other educators, and two statements that she made remain vivid in my mind. The first is a set of learning objectives or goals that we should have as educators. She said, "We should make sure that each person learns to love God, love True Parents, become internally excellent, pursue external excellence, build a great career, tithe well, and create a beautiful family." I really felt like this statement sums up most if not all of what we as educators would like our youth to accomplish.

The second statement that really encapsulates Rev. InJin Moon's perspective on education is the motto of the Lovin' Life Ministry, which is "Inheriting the True Love of God." She elaborated on this statement saying that it implies the importance of the vertical aspect of lineage and the Blessing that is passed down through the generations. Although I felt that these two statements encapsulates a lot of what Rev. InJin Moon expects from us as educators, I also feel that the best way to understand her perspective better is to study the numerous speeches that she has been giving throughout the country and at her Sunday Services.

III. Question of the Month: What's the simplest way of explaining what we believe in?

This is something that I have been thinking about most of my life. There are several ways to respond if your friend asks you about your faith. You could say, "We believe that Rev. Moon is the messiah" and that "He can remove your original sin if you're willing to get an arranged marriage with a person you don't know" But, most of society probably won't be able to relate positively with or understand the meaning behind this kind of statement. I've had many opportunities to share about our faith and so far the best that I've come up with is:

"We believe that there is God, and that He is a parent to all humankind. He wants each of us to mature as individuals, create beautiful families, and take care of this earth. Unfortunately, things didn't go exactly as planned at the beginning which introduced lots of suffering in this world. But God has been working throughout history to fulfill His original dream of establishing one global peaceful family. And each of us can help to contribute to fulfilling that dream."

Thank you for reading. If you have any questions or comments about youth education or the department, please write me at naokimi@gmail.com. Take care, and may God bless you and your family. ❖

A Message from the Assistant Editor

The New Voices of Our Generation has now been running successfully for over a year and the editors at UNEWS would like to thank all those who have contributed an article to this section.

Spread the word, communicate, and link yourself to the rest of America by subscribing to the paper and submitting your voice at

newvog@gmail.com for this section. We are looking to fill this section of the paper with the following submissions: **articles written by our first and second generation focusing on second generation – that includes ALL second gen's!**

Be as *subjective* as you please, but keep in mind, that as this is a public paper, be respectful in your opinions.

If you have an idea for submissions to this section, please let us know at

newvog@gmail.com and send something in. keep in mind, everything will appear in UNEWS in b&w. All articles must include name, contact info, relevant dates, etc.

If you wish to remain anonymous, please include that in your email.

Please send all submissions for this section via email to: newvog@gmail.com.

We want to respond to an article, please email at newvog@gmail.com

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THE NEW VOICES OF OUR GENERATION

Recipes for the Season

Summer Eating

by ChiYun Breland

May 30, 2009

ChiYun Breland is a 2nd Generation. She Graduated from the University of Bridgeport, World Religions major and

Graduated from the Institute for Integrative Nutrition and is a certified Holistic Health Counselor. She

Completed a course at the French Culinary Institute in Culinary Techniques. She was Blessed in December 2005 to Takayoshi Nojiri

As we move into summer, people naturally start to think more about dieting and exercise. The weather is getting hot and the days are longer. We have a greater need for stable energy that lasts throughout the day. Stronger sunlight and heat waves require a diet that keeps us cool and hydrated.

What are the best foods to eat in the summer? During the winter we tend towards heavier soups and stews that nourish us and provide insulation against the bitter cold. Springtime calls for foods like salads and bitter greens that break up the extra fat accumulated from winter. Now that we are well into summer, there are longer and hotter days, which means more activity, sweating, and time outdoors. Therefore the bulk of our food - about 60-70% - should be comprised of fruits and vegetables, with the rest split equally between protein and fat. This diet also makes sense looking at the natural harvest cycles. An abundance of fruits and vegetables are harvested during the long summer months.

Fruits are made up mostly of carbohydrates, vitamins, and minerals with very little fat or protein. They are ideal for summer, when their cooling properties counteract the heat. The high carbohydrate levels in fruit provide energy for the active summer months with their long days and short nights. Examples include apples, apricots, blueberries, cantaloupe, cherries, coconut, cranberries, melon, mangoes, pears, plums, strawberries and watermelon.

Summer vegetables include cucumbers, broccoli, cauliflower, zucchini, okra, bell peppers, tomatoes, peas, and celery. These vegetables are nutritious, energy producing, and cooling. During the summer, eat as many raw vegetables as you desire. Eating vegetables raw accentuates their cooling properties.

Some grains are also more cooling than others, making them more appropriate for summer. These include barley, oats, wheat, rice, and rye. Beans are also a great light protein source. If you drink milk, the best time for it is in the summer, when milk's cooling properties counteract the summer heat.

Nature wisely provides the most cooling foods during the hottest months of the year. The earth and our bodies exist in a delicate balance. By eating in tune with the seasons, we can enjoy summer to the fullest and take advantage of abundant health. For a free health consultation and to learn your perfect diet, log on to my website. ❖

Korean Cold Cucumber Soup (Oi Naengguk)

Crisp, refreshing, and icy cold, Korean cold cucumber soup is the perfect accompaniment to a meal during a hot summer day. Sometimes also called oi naengchae, this iced cucumber soup is best when made with crispy fresh cucumbers.

Ingredients:

3 small cucumbers, matchstick julienned*
1 tsp crushed chili pepper (kochukaru)
1/4 cup cider vinegar
1 Tbsp sugar
2 Tbsp soy sauce
1 Tbsp sesame oil
4 cups water

Ice cubes, for serving

2 tsp sesame seeds (optional)

Preparation:

In a large bowl, mix matchstick cucumbers with chili pepper, vinegar, sugar, soy sauce, and sesame oil. Let cucumbers sit in seasoning for 10 minutes.

Add water.

Chill in fridge.

Add sesame seeds and ice cubes before serving.

Ladle into individual portions.

(Serves 6 in small bowls)

*If you have a thin-skinned cucumber, you don't have to peel it. If your cucumbers have waxy, thick skins, it's best to peel off most of the skins.

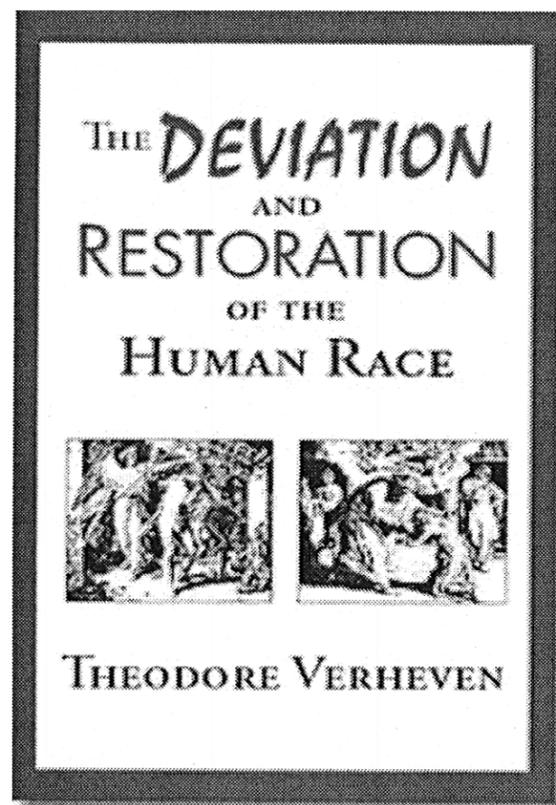
The Deviation and Restoration of the Human Race

by Theodore Verheven

Teddy Verheven was sent as a lone missionary in 1965 from Los Angeles to Holland (his country of birth), by the leader of the Unified Family, Reverend Sun Myung Moon.

This writing not only explains the purification and development of the inner self or human spirit (moral and intellectual), but also the unfolding of the innermost self or Divine Spirit, by awakening and feeding the growing soul with the Love and Truth of God.

For more detail, go to: "The Deviation and Restoration of the Human Race" on AtlasBooks.com - "Category" Biblical Studies or Body, Mind, Spirit. See Summary and Testimony and click on "excerpt" for Foreword and 10 pages of Table of Contents.



\$24 to order, call
1-800-247-6553

The Journey of the Kind-Hearted

by Pastor Mike Yakawich

In his letter to the Ephesians, St. Paul wrote: "Let all bitterness and wrath and anger and clamor and evil speaking be put away from you with all malice And be you kind one to another, tenderhearted, forgiving one another even as God for Christ's sake has forgiven you." 4: 31-32

St. Paul reminds the people to be kind one to another. St. Paul wrote to the Ephesians in 62 A.D. He had his challenges in keeping the Body of believers united and loving each other. He encouraged his people to be kind to one another. Webster's Dictionary: Kindness "sympathetic friendly, gentle, tenderhearted generous, affectionate, generous qualities, altruistic inclination, benevolent, agreeable, courtesy, to thank heartily, Kindhearted, Kindness, Kindred.

What is the opposite of kind-hearted? "Kindless": lacking kindness, lacking natural

feeling, unnatural. Unkind, unfeeling, cruel. I am sure we all have given kindness and have received kindness. I am sorry if I was not kind-hearted to you.

The Holy Bible reminds us of the value of being kind to one another. Striving for kindness. "And to godliness brotherly kindness and to brotherly kindness charity." (II Peter 1:7) What is kindness? Perhaps, you can tell me. I can think of some examples of kindness:

Clean up around the church grounds.

Vacuum your home.

Pick up the garbage in the neighborhood.

How are we doing in terms of kindness? Is your kindness box overflowing or is it empty? Do you need to fill your kindness box? Can you fill it with patience, compassion, understanding, giving, and listening? It is my testimony that you are a kind hearted church.

can I be more kind-hearted? The answer is YES! Therefore, I too can ask each of you, can you be more kind-hearted? We need to give kindness and we need to receive kindness:

Kindness in prayers. Thinking of others, keeping others on our heart.

Kindness in words. Sending a postcard, note, letter, or speaking to someone. Sometimes rather than speaking it is in listening more to ones spouse, ones child or ones neighbor.

Kindness in action. Serving, giving, taking someone out for coffee, volunteering, baking cookies or raking someone's yard.

While I was chairing a meeting last week, I had to stop someone in the audience from speaking unkind remarks to another. Since I knew this feud has been going on for a few months now, I was more aware of the situation between them. Later, I went to this person and asked him if I was out of bounds by stopping him from speaking? If I was, I apologized. Yet, he replied that he felt it was good for him to be stopped since he felt he "needed to be more gentle", more kind to this

other person.

We must seek out ways for encouragement, uplifting, honoring, and caring for one another. When we read of the History of the Providence into the Divine Principle, we discover the goal of restoration. We must bring all things back to Heavenly Father from the Fall of Man. Just like Jacob who loved his brother Esau, we are called to care, express kindness to one another. Jacob had to go through drudgery (work that is

hard, menial or tiresome) in Haran (Gen 31:41). Are we willing to go through some drudgery to journey as a kind-hearted person and build a little more of the kingdom wherever we go.

Colossians 4:12 "Put on therefore as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, long suffering"

You may ask what are some ramifications of kindness. Yesterday, I conducted my third funeral this year. I am sincerely grateful and honored to conduct a funeral. It takes a lot of time in preparation and implementation. I spend an average of about ten hours on a funeral. There were about 200 people at this ceremony in Red Lodge.

As I pondered, all three of these people never stepped foot into our church. In fact, none of their family members did either. I have gotten to know two of these people, their family and friends through my business. The other was a next door neighbor. I thought that this is the power of kindness. Surprisingly, the funeral home director in Red Lodge said that it is very powerful to see a pastor conduct funerals for people who seem to know him as family but never attended his church.

What acts of kinds and for how long are we willing to commit to? Remember kindness generates and builds power. There is much power and energy and inspiration when one can give prayers, words and actions of encouragement and kindness. Please do your best this week and bring back a testimony next week how you found God and power in this way. ❖



I hear stories of you visiting members who are shut in. You go to the elderly and play music for them. You perform Japanese dances or teach origami art classes. You serve in the community, volunteer and give to those in need. These are all aspects of giving kindness.

I read a cartoon recently from my desk calendar. It reminded me of kindness. Pictured is an Old Testament prophet with a knife in his hand. Sitting on the offering table is a lamb holding a wallet of money. As the Lamb is handing out some money to the prophet he comments, "Dude, blood sacrifices are so old school. Here, if you're going to make an offering, use this...It's much more convenient and a whole lot less messy."

In reflection, I first must ask myself,

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Please let us know of any mistakes or potential additions.

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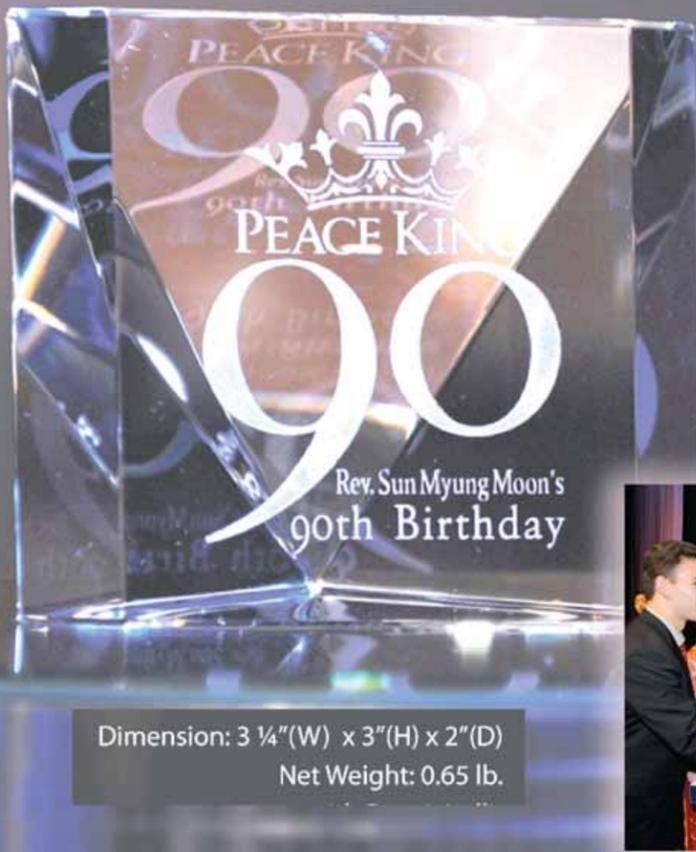
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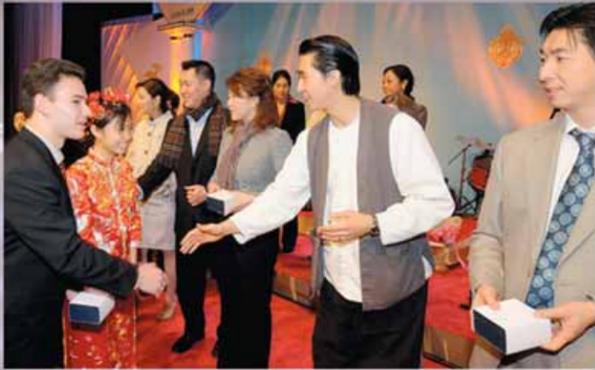
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