

**FFWPU USA BFM: Sexual Integrity Program with Benjy Uyama and High Noon**

Yun-A Johnson  
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**Sexual Integrity Program with Benjy Uyama & High Noon**

Breaking free from porn doesn't have to be difficult. Don't believe it? Keep reading to find out how...

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**Talking with Your Parents About the Matching | With Tasnah & Lukas**

Marjorie Buessing interviews Tasnah & Lukas about how they talked with their parents about the Matching Process.

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## Marriage Works Series | With Debby Gullery

September 14

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## Cultivating Presence | by Myrna Lapres

A few weeks ago, I was with my three- and one-half-year-old granddaughter--I have the privilege of spending time with her each week and giving her parents a break. It was a warm day and I had on shorts. She asked me, "Nan, what is that ouchy on your leg?"...

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