

FFWPU USA Blessing and Family Ministry: Porn Use In Our Movement and How to Quit

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FAMILY FEDERATION

The Newsletter

Blessing & Family

MATCHING | MARRIAGE | PARENTING

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Hello family. New MatchNet Podcast episode. High Noon winter challenge. More on gratitude. New Blessed Couple Podcast episode. Local Sunday service livestreams.

listen

Porn Use In Our Movement & How to Quit



Benjy has the privilege of talking daily with people that are addicted to porn. This presentation is about the harms of porn and how to quit.

MatchNet Podcast is also available on your favorite Podcast players: Spotify, Apple Podcasts, Google Podcasts, Stitcher.

[listen now](#)

what's new?

High Noon Winter Challenge



Winter Challenge is a 6-week program that offers young adults an opportunity to make their vision for healthy, vibrant sexuality real. Take on the winter with a powerful vision, supportive group, and empowering discussions!

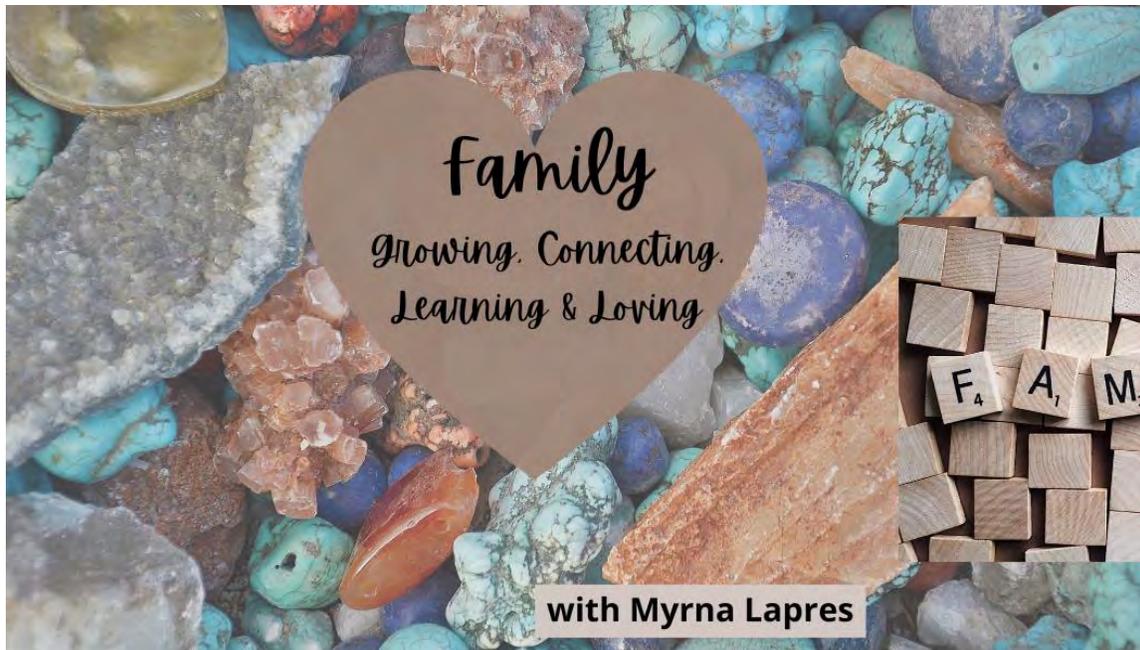
What to expect:

- Weekly one-hour masterclass calls
- Small group breakouts by gender of 3-4 participants
- Weekly reflections
- Six lessons with engaging discussions

[join the program](#)

food for thought

More on Gratitude with Myrna Lapres



At this time of year, we are encouraged to think about and express what we are grateful for. Whether it is during a classroom discussion, a sermon on the Sunday before Thanksgiving or around the table before the turkey is carved, we are asked what we are thankful for. Having gratitude is a worthy endeavor. But should it be reserved for only certain times of the year?

[Read more](#)

watch



In this episode, David and Mitsue discuss sex in your 60's.

The Blessed Couple Podcast is the only podcast just for couples who are trying to figure out this Blessed marriage thing and experience God in the process.

[watch here](#)

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