

Yun-A Johnson
March 31, 2023



FAMILY FEDERATION

The Newsletter

Blessing & Family Ministry

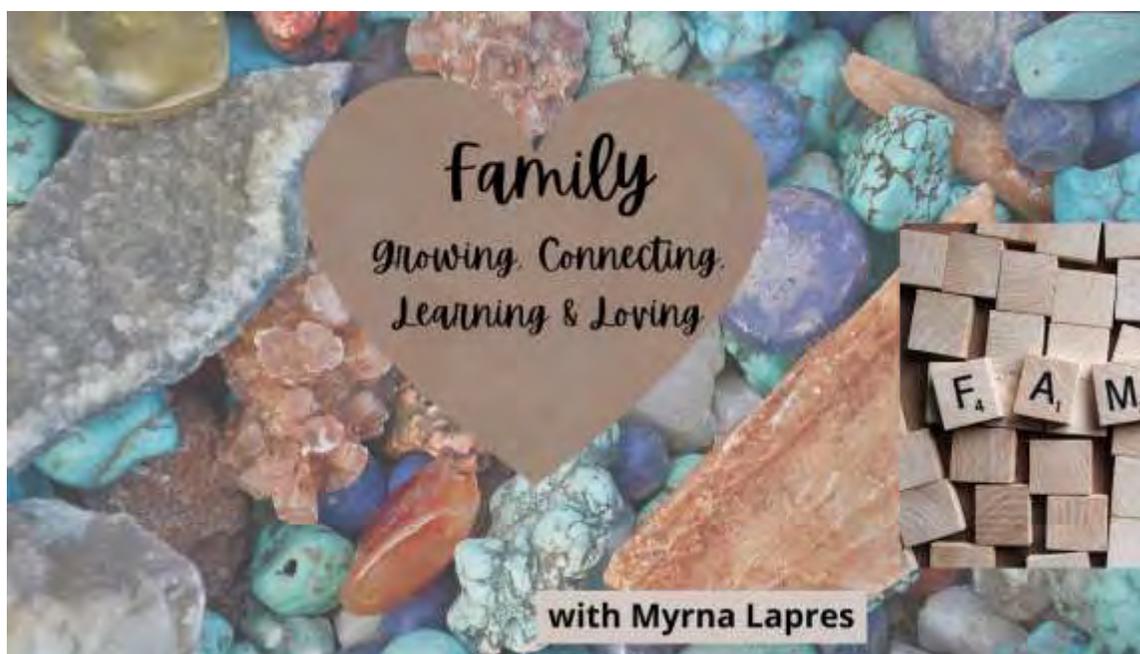
MATCHING | MARRIAGE | PARENTING

March 31, 2023

Hello family. Being more present in relationships. *MatchNet Podcast* episode. New *High Noon* podcast episode. Orientation for intergenerational married couples. Local Sunday Service livestreams.

food for thought

Becoming More Present



Recently, I attended a retreat focused on the inner work needed to become *unconditionally loving*. It gave me the opportunity to reflect on my journey over the past seven years of moving from surviving to thriving. I will be sharing some of that journey here and in upcoming blogs. If you would like support on your own

path, I invite you to visit my coaching page: [Coaching With Myrna](#)

Most days find us juggling too much, and just trying to get through the day becomes our goal. So, how do we become more present to those we care about the most?

[Read more](#)

listen

Are You Overcomplicating Things? God Made Life Simple (Travel Vlog)



Benjy shares about the beauty of living a simple life and the power of trusting God, yourself, and the path you're on.

MatchNet Podcast is also available on your favorite Podcast players: Spotify, Apple Podcasts, Google Podcasts, Stitcher.

[listen now](#)

High Noon Podcast: Run Towards Difficult Conversations to Find Freedom



While confrontations can feel difficult or heavy, it is a pathway to being more open and gaining more insight. It helps us become more compassionate and responsive to the needs of others. It allows us to be more productive and establish healthier relationships.

[listen now](#)

events

Repeat Session: Orientation for Married Intergenerational Couples



As we are preparing for the upcoming Cosmic Blessing on May 7th, we would like to invite all married intergenerational couples who may be interested in receiving the Cosmic Marriage Blessing to an orientation meeting.

This meeting is for the couples in which one of the partners was born into the Unification Movement but the other partner was not. We would like to give them the opportunity to learn about Father and Mother Moon and what the value of the Cosmic Marriage Blessing is. We hope to introduce them to the steps they would need to take to receive the Blessing and answer any questions.

This meeting is specifically for the couples, but parents, pastors, and others may join too. After a presentation by Mrs. Yun-A Johnson, we will have separate Q&A sessions for the couples and those who are interested in supporting them on this journey.

When: **Saturday, April 1st at 8:30 PM EDT** (this is a repeat session)

Where: us06web.zoom.us/j/87450008929

[join the call](#)

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