

FFWPU USA Blessing and Family Ministry: Feel God's Love When You're Feeling Down

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FAMILY FEDERATION

The Newsletter

Blessing & Family Ministry

MATCHING | MARRIAGE | PARENTING

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Hello family. New *MatchNet Podcast* episode. High Noon summer challenge. Rethinking family dinners. Local Sunday Service livestreams.

listen

Feel God's LOVE When You're Feeling DOWN



In this episode, Benjy shares his insights on how to feel God's love and grace when you're feeling unloved, alone, and stuck.

MatchNet Podcast is also available on your favorite Podcast players: Spotify, Apple Podcasts, Google Podcasts, Stitcher.

[listen now](#)

what's new?

High Noon Summer Challenge



High Noon is offering a free 6-week online program for anyone that wants to make their vision for healthy, vibrant, and heavenly sexuality *a reality*.

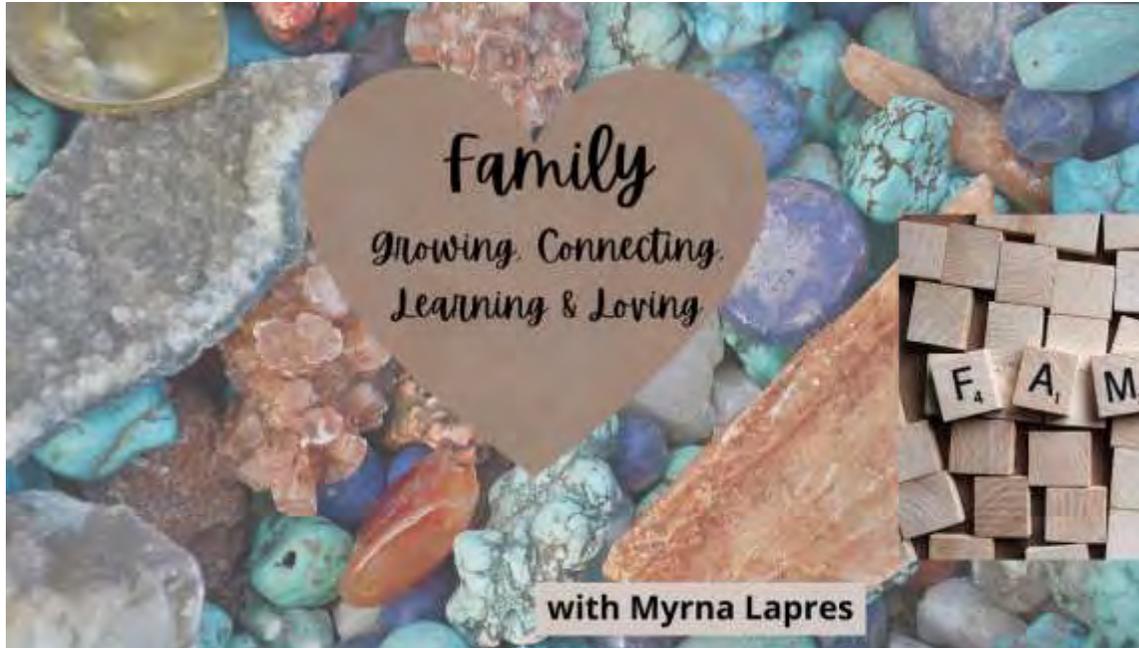
Shame and isolation are huge obstacles in this journey, so we want to give you the knowledge and support to free yourself of shadows, establish meaningful connections, and live your vision *now*.

This is not only for people struggling with sexual integrity, but also for anyone that wants to live an empowering High Noon life.

[register here](#)

food for thought

Rethinking Family Dinners



Most likely, you have heard research that shows that children who eat dinner with their families have healthier diets, better manners, larger vocabulary, and higher self-esteem. They are also less likely to drink, smoke, do drugs, get pregnant, commit suicide, and develop eating disorders. But it turns out that it isn't about the dinner--it is about building relationships and strengthening connection within the family.

[Read more](#)

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Local Sunday Service Livestreams

Stay connected by tuning into one of our livestreamed Sunday Services across the nation!

[find a service](#)

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