

## Virtue of Self-Discipline for Primary School Children

Matthew Huish

June 16, 2016

South London Peace Embassy



Primary School Years 2-6 (Ages 6-11 years old)

Moto: 'Virtue of Self-Discipline'

22 attendees: 8 from South London, 13 from Bromley/Maidstone/Gillingham and one from Wellingborough.

The Workshop kicked off with wise words from Matthew Huish, elaborating on the Moto of the "Virtue of Self-Discipline". The children had the follow on the practice of self-discipline by keeping their eyes (and mouths) closed for 5 minutes, consciously and unconsciously processing the

words of wisdom that meant most to them.

It must have worked, afterwards, they were all so well behaved and enthusiastic!



By the fairness of picking a number from a bag, they were divided into 4 groups for games and activities. The long tradition of our 'Cooking Activity' produced a plate of varied Sushi for each child to take home and 'Arts and Crafts' created Butterfly collages. Table tennis was a hit.

For some it was their first workshop, which is line with the founding purposes:-

- Inspire and feel the joy of living a Virtuous life.
- Connect with our Good Mind and Heavenly Parent.
- Deepen existing friendships and create new friendships amongst Blessed Children.
- Have a happy and memorable time/experience.
- Prepare Blessed Children for longer workshops.

Fun was had by all and we look forward to the next Half Term Workshop.

A BIG thank you to all the generous staff...



### **Next Half Term Workshop**

**Date:** Monday 24th October 2016

**Location:** South London Peace Embassy

**Age:** From 6 to 11 years old (Primary Years 2-6)

**Moto:** 'Virtue of Perseverance'

**Fee:** £5 per child

**Lunch:** Bring a packed lunch

**Application forms:** Contact Adrian Lee at: [adrian.lee@hotmail.co.uk](mailto:adrian.lee@hotmail.co.uk)

**Deadline for application forms:** Friday 14th October 2016