

## True Mother's words at the Healing Trees on the Hanwon Path at Chung Pyung

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True Mother:

*"It's as if I am looking at an old friend, I came a little earlier because I heard that the weather would suddenly get cold. Did you say that this tree is as old as me? Explain more about this tree. If you come here with a prayerful attitude you will become healthy. Heavenly Parent made it possible for us to receive all healing through the creation and be able to understand His love. So, we have to live well."*

With these words, she touched the Hyojeong Tree.



After staying for a while at the Mind Body Center, True Mother went to the Hanwon Peak of Heavenly Fortune where she could see the training center clearly. After giving some words of blessing, she left the Hyojeong tree at 10:30. Returning to the Buheung Department Store, she gave special gifts from her heart to the employees of Cheonshim Won and Training Center.

True Parents prepared an environment so we could climb up to the Cheonseung Dae and pray. True Mother has also developed a new course. She built and dedicated the Hanwon Jib teahouse at a beautiful place on the bank of the lake, and had a path built behind it so that we can walk up the Hanwon Path of Heavenly Fortune and stop at the Tree of Hyojeong and take some time to pledge filial piety to Heavenly Parents and the True Parents of Heaven and Earth.

We are now in search of other healing trees. So, **the second healing tree is the ginger plant, Saeng-gang namu.** Ginger is good for reducing swelling, for promoting bone health, helping with insomnia and blood circulation.

**Our third healing tree is the Garae namu, or Manchurian walnut.** It has antibacterial action, pain relief, helps with liver function and skin

problems, helps to relieve phlegm, and is good for lung health.

**Our fourth healing tree is the Chungchung namu, or Dogwood tree.** This tree helps to stop toxicity, coughing, relieves pain in the back and legs, and especially the sap of this tree is good for healing arthritis and neuralgia.

**Our fifth healing tree is the Jajak namu, which is known in English as the Japanese White Birch or Siberian Silver Birch.** This is good for the treatment of jaundice, diarrhea, nephritis and pulmonary tuberculosis. It stops coughing and clears phlegm. It's effective for detoxing the liver, and brightening the eyes. The sap of the birch tree is good for neuralgia, rheumatoid arthritis, indigestion, and stops coughing and phlegm, helps to cure scurvy, kidney swelling and gout, reduces body heat, detoxifying, and removing inflammation.

**The sixth healing tree is the Darae namu or the Hardy Kiwi vine.** The tree lowers heat, quenches thirst, and acts as a diuretic. It is good for chronic hepatitis or cirrhosis and is effective for treating vomiting and indigestion. It relieves fatigue and helps in the treatment of insomnia and scurvy. It also has a special anti-cancer effect and recovery from fatigue. It is a good tree for treating kidney edema and preventing osteoporosis. During this spring's planting season, we have a plan to plant 10,000 wild ginseng plants in the area near the Tree of Hyojeong.

We are a family that has been blessed and saved both spiritually and physically. So, after liberating and removing the evil spirits who are the cause of illnesses, we must make good use of everything that Heavenly Parent has prepared from the beginning to restore our physical health. No matter how well you eat and take care of your health, you also have to exercise. That is why Heavenly Parent and True Parents have provided such a suitable environment for us.