

Workshop Schedule

254th & 156th Hyojeong CheonBo 40-day Workshop

2023-05-03 Hit 251

Information Concerning the 254th Hyojeong CheonBo 40-day Special Workshop and the 156th Hyojeong CheonBo 40-day Special Workshop for Blessed Wives

May the blessings and love of our Heavenly Parent and True Parents be with all mission nations.

The 254th Hyojeong CheonBo 40-day Special Workshop and the 156th Hyojeong CheonBo 40-day Special Workshop for Blessed Wives that will be conducted under the grace of CheonBo Works under the direct dominion of True Parents and the works of the Holy Spirit will be held as outlined below. We hope many members will be able to participate.

Please note that this official memo is intended for members living outside of **Korea, Japan and Taiwan**.

1. Schedule for the 254th Hyojeong CheonBo 40-day Special Workshop and the 156th Hyojeong CheonBo 40-day Special Workshop for Blessed Wives

Time Period: **May 6 (Saturday) – June 14, 2023 (Wednesday)**

2. Participants:

A. Members who are 13 years old and above, who can follow the workshop schedule on their own. (We are currently not accepting young children in our 40 day workshops.)

3. Workshop registration:

A. Reservation time: **May 3 – May 13, 2023**

B. Make an account on our website and preregister for the workshop (<https://en.hjcbt.org>)

C. Members can apply for a 14-day or a 21-day workshop anytime in between the 40-day schedule. *Members can receive a 40-day certificate after they complete three 14-day workshops or two 21-day workshops.

4. Workshop Fee:

A. **General 40-day Workshop, Blessed Wives 40-day Workshop: 700,000 won**

1) 10% of the workshop fee will be discounted for families (Direct family, spouse, and siblings) who register for a 40-day workshop together: 630,000 won per person

B. 14-day Workshop for general members: **250,000won** (There is no discount)

C. 21-day Workshop for general members: **350,000won** (There is no discount)

5. Things to Prepare:

A. A. Hoondok Materials: Exposition of the Divine Principle (3 color version), True Mother's memoir, ChamBumo Gyeong (**you can purchase an abridged version of the ChamBumo Gyeong for 7,000 won and the English version of True Mother's memoir for 10,000 won at the international office.**)

B. Clothes and attire: white t-shirts (three or more), pants that don't release dust (for chanyang sessions), comfortable shoes (for Holy Ground prayer, outdoor activities and dedication), Holy Robe and Blessing ring (for those who will participate in the Ancestor Blessing Ceremony), a set of dress clothes (for Cheon Jeong Gung pilgrimage, Sunday service, graduation ceremony, etc.) and some warm clothing

C. Personal belongings: FM radio, shoe bag, umbrella, toiletries, personal towel, personal medication, personal cup, **medical insurance (see below for details)**

D. Please download the Kakao messenger app on your phone before coming to Korea. We will be using this app during your workshop period to communicate and relay information.

6. Points to Consider:

- A. Please try to arrive at the training center before 6 pm which is when the International Office closes so that our staff can help you with registration. If you come late due to unavoidable reasons such as flight arrival time, then you will need to register in the morning at 9am after the morning Chanyang session.
- B. Please preregister on our website before coming to Korea (Late admissions for the workshop can be accepted until 7 days after the start.)
- C. **Members who are psychologically or spiritually challenged must first consult with the training center staff (+82-31-589-7177). If permission is granted, he or she may register only if accompanied by a caregiver.** Please keep in mind that if permission is not granted, or if a caregiver does not come, the member may be asked to return home (The HJ Magnolia International Medical Center psychiatric ward closed down some years ago. However, members can receive treatment as out-patients.).
- D. **Medical Insurance for Traveling Abroad (Traveler's Insurance)**
- 1) Even if you obtain a traveler's insurance, you will be asked to pay the hospital fee first, and then be reimbursed later. **Please prepare extra cash for emergency medical expenses.**
 - 2) **Please check all details with the insurance company to ensure your insurance policy is valid in South Korea.**
- E. Members coming to Korea from abroad **must obtain a 90-day visa before coming to the workshop.** The Training Center cannot acquire or extend visas for you. If your visa expires while you are still in Korea, the immigration office will fine you and your name will be placed on a blacklist. If you need an invitation letter in order to obtain a visa please contact cpintl2013@gmail.com for further assistance.
- F. If you have suspected symptoms of COVID-19 (high fever, cold, etc.), you cannot apply for the workshop, and if you are infected with COVID-19 during the workshop, you will be quarantined.

7. Main Program:

Time	Contents	Details			
06:30	Wake up	Rise and Wash up			
07:00 - 07:30	Hoondokhae	Pledge and Hoondokhae of True Mother's autobiography			
07:30 - 08:00	Cleaning	Cleaning			
08:00 - 08:40	Breakfast	Breakfast / Holy Ground Prayer			
08:40 - 09:40	Chanyang Yeoksa	Removal of evil spirits			
10:00 - 12:00	Morning Lecture	Hookdokhae	Divine Principle Lecture (Part1, 2) True Parents' Life Course	CheonBo Lecture Chanyang Lecture Life of Faith Faith Guidance	Sunday Service
12:00 - 14:30	Lunch / Self-Reflection				
14:30 - 16:50	Afternoon Activities	Film Education Cultivation of Heart	Pilgrimage	Dedication, CheonShim Breathing Meditation	Feet Washing Program, Bowing Program
17:00 - 18:00	Dinner / Shower				
18:20 - 19:20	Chanyang Yeoksa	Removal of evil spirits			
19:30 - 20:00	Prayer	Cheonshim Won (Prayer Hall) Prayer			
20:00 - 20:30	Hoondokhae	Mother's Autobiography			
20:30 - 21:00	Reflection	Reflection			
21:00 - 22:00	Self-Reflection	Self-Reflection			
22:00 - 06:30	Sleep / Vigil	Sleep / Vigil (22:00 – 01:00)			

* Schedule might change

8. Information concerning pregnant sisters who are attending 40-day workshops

Qualifications to be admitted as a pregnant sister: Pregnant sisters who are during their stable period (5 months after

conception), and who can complete their workshop within the periods designated

A. Members who live in Korea and are planning to give birth in Korea: Pregnant sisters who can complete their workshop 15 days before their due date (Please note that members are no longer able to give birth at the HJ Magnolia Hospital located above the training center.)

B. Members planning to give birth overseas: Pregnant sisters who complete their workshop before 31 weeks of pregnancy

You are allowed to board a flight until 31 weeks of pregnancy. You will need a medical certificate issued by a doctor if your pregnancy is between 32 and 37 weeks, and it will be impossible to board a plane after the 38th week of pregnancy. Please check with your travel agent or airline. .

9. The 255th Hyojeong CheonBo 40-day Special Workshop and the 157th Hyojeong CheonBo 40-day Special Workshop for Blessed Wives will be held **June 17 ~ July 26, 2023.**

10. Further inquiries:

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