

Workshop Schedule

283rd & 185th Hyojeong CheonBo 40-day Workshop

2026-03-05 Hit 75

Information Concerning the 283rd Hyojeong CheonBo 40-day Special Workshop and the 185th Hyojeong CheonBo 40-day Special Workshop for Blessed Wives

May the blessings and love of our Heavenly Parent and True Parents be with all mission nations.

The 283rd Hyojeong CheonBo 40-day Special Workshop and 185th Hyojeong CheonBo 40-day Special Workshop for Blessed Wives, which will be conducted under the grace of CheonBo Works under the direct dominion of True Parents and the works of the Holy Spirit, will be held as outlined below. We hope many members will be able to participate.

Please note that this official memo is intended for members living outside of **Korea, Japan and Taiwan**.

1. Schedule for the 283rd Hyojeong CheonBo 40-day Special Workshop and the 185th Hyojeong CheonBo 40-day Special Workshop for Blessed Wives

Time Period: **March 21 (Saturday) – April 29 (Wednesday), 2026**

2. Participants:

A. Members who are 13 years of age and over who can follow the workshop schedule on their own (We are currently not accepting young children in our 40 day workshops.)

3. Workshop registration:

A. On-site registration only.

B. Members can apply for a 14-day or a 21-day workshop anytime in between the 40-day schedule.

* Members can receive a 40-day certificate after they complete three 14-day workshops or two 21-day workshops.

4. Workshop Fee:

A. **General 40-day Workshop, Blessed Wives 40-day Workshop: 700,000 won**

1) 10% of the workshop fee will be discounted for families (direct family, spouse, or sibling) who register for a 40-day workshop together: 630,000 won per person

B. 14-day Workshop for general members: **250,000won** (There is no discount)

C. 21-day Workshop for general members: **350,000won** (There is no discount)

5. Things to Prepare:

A. Hoondok Materials: Exposition of the Divine Principle (3 color version), True Mother's memoir, Cheon Seong Gyeong

B. Clothes and attire: white t-shirts (three or more), pants that don't release dust (for chanyang sessions), comfortable shoes (for Holy Ground prayer, outdoor activities and dedication), Holy Robe and Blessing ring (for those who will participate in the Ancestor Blessing Ceremony), a set of dress clothes (for Cheon Jeong Gung pilgrimage, Sunday service, graduation ceremony, etc.) and some warm clothing

C. Personal belongings: FM radio, shoe bag, umbrella, toiletries, personal towel, personal medications, personal cup, **medical insurance (see below for details)**

6. Points to Consider:

A. Please try to arrive at the training center before 6 pm which is when the International Office closes, so that our staff can help you with registration. If you come late due to unavoidable reasons such as flight arrival time, then you will need to register in the morning at 9 am after the morning chanyang session.

B. **A member who is psychologically or spiritually challenged must first consult with the training center staff (+82-31-589-7177) before coming. If permission is granted, he or she may register only if accompanied by a caregiver.** Please keep in mind that if permission is not granted, or if a caregiver does not come, the member may be asked to return.

C. **Medical Insurance for Traveling Abroad (Traveler's Insurance)**

1) Even if you obtain a traveler's insurance, you will be asked to pay the hospital fee first, and then be reimbursed later. **Please therefore prepare extra cash for emergency medical expenses.**

- 2) Please check all details with the insurance company to ensure your insurance policy is valid in South Korea.
- D. Members coming to Korea from abroad **who are unable to receive a visa waiver must obtain a 90-day visa before coming to the workshop.** The Training Center cannot acquire or extend visas on your behalf. If your visa expires while you are still in Korea, the immigration office will fine you and your name will be placed on a blacklist. If you need to obtain a visa please contact cpintl2013@gmail.com to request an invitation letter or for further assistance.
- E. If you have suspected symptoms of COVID-19 (high fever, cold, etc.), you cannot apply for the workshop, and if you are infected with COVID-19 during the workshop, you will need to be quarantined.

7. Main Program:

Time	Contents	Details			
07:00	Wake up	Rise and Wash up			
07:30 - 08:00	Hoondokhae	Pledge and hoondokhae			
08:00 - 08:40	Breakfast	Breakfast / Holy Ground Prayer			
09:00 - 09:30	Chanyang Yeoksa	Removal of evil spirits			
10:10 - 12:00	Morning Lecture	Hookdokhae	Divine Principle Lecture (Part1, 2) True Parents' Life Course	CheonBo Lecture Chanyang Lecture Life of Faith Faith Guidance	Sunday Service
12:10 - 14:30	Lunch / Self-Reflection				
14:30 - 16:50	Afternoon Activities	Film Education Cultivation of Heart	Pilgrimage	Dedication, True Love Meditation	Feet Washing Program, Bowing Program
17:00 - 18:20	Dinner / Shower				
18:20 - 19:20	Chanyang Yeoksa	Removal of evil spirits			
20:00 - 20:30	Hoondokhae	Mother's Autobiography			
20:30 - 21:00	Jeongseong	Jeongseong			
21:00 - 22:00	Self-Reflection	Self-Reflection			
22:00 - 01:00	Vigil / Sleep	Vigil (22:00 – 01:00) / Sleep			

* Schedule is tentative.

8. Information concerning pregnant sisters who are attending 40-day workshops

Qualifications to be admitted as a pregnant sister: Pregnant sisters who are during their stable period (5 months after conception), and who can complete their workshop within the periods designated:

A. Members who live in Korea and are planning to give birth in Korea: Pregnant sisters who can complete their workshop 15 days before their due date (Please note that members are no longer able to give birth at the HJ Magnolia Hospital located near the training center.)

B. Members planning to give birth overseas: Pregnant sisters who complete their workshop before 31 weeks of pregnancy

You are allowed to board a flight until 31 weeks of pregnancy. You will need a medical certificate issued by a doctor if your pregnancy is between 32 and 37 weeks, and it will be impossible to board a plane after the 38 weeks of pregnancy. Please check with your travel agent or airline for precise information.

9. The 284th Hyojeong CheonBo 40-day Special Workshop and the 186th Hyojeong CheonBo 40-day Special Workshop for Blessed Wives will be held **May 2 to June 10, 2026.**

10. Further inquiries:

- A. Telephone: +82-31-589-7177
 B. FAX + 82-31-584-5787
 C. E-mail: cpintl2013@gmail.com