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The cutting edge of modern-day age reversal and vibrant health discoveries, awaits you.

Although a few people may find a "doctor" to help them in applying these new discoveries, the present generation of "doctors" is mostly either unwilling or unable to change their thinking enough to do this. But these discoveries are relatively simple and straight forward, so the vast majority of us can successfully apply these discoveries to our lives,

inexpensively and without reference to any "doctor".

If vibrant good health comes to hundreds of millions of people, most "doctors" will be out of business, so there is a horrendous war being waged, of disinformation and attempts to suppress the truth, by the powers-that-be, (e.g. unbelievably powerful drug companies, all sorts of status quo promoting "health industry" related forces, and yes, even your friendly neighborhood "doctor").

They all want you to wait 50 years or more, before applying these new discoveries, so that they can make big bucks from your illnesses.

***METHYL MAGIC: Maximum Health through Methylation*, by Craig Cooney, Ph.D.**

METHYLATION: Prevents Heart Disease and Stroke, Boosts Brain Power, Cures Depression, Treats Arthritis and Many Other Diseases, Prevents Cancer, Slows Down Aging.

The author, Craig Cooney, has a doctorate in biochemistry from the University of California at Davis. He has been published in the *Journal of Biological Chemistry* and the *Journal of Molecular Biology*, and he continues to be published in other prominent scientific journals.

"Think of the methylation process as a central control dial. The setting of that dial can make you sick or it can help keep you in top physical condition. This dial is readily accessible, and you can set it using a few simple strategies."

--- Craig Cooney, Ph. D.

Chances are you've heard little about the immense power of methylation. That will soon change.

During the last decade, hundreds of scientists all over the world --- like author Craig Cooney --- have been uncovering different pieces of the methylation puzzle. *Methyl Magic* is the first book to capture the facts from these hundreds of discoveries and lock the pieces together.

This breakthrough book boils these scientific revelations down into a simple set of easy-to-understand and ready-to-use guidelines. It gives readers a detailed set of supplement, dietary, and exercise strategies that will allow men and

women alike to tap and regulate their own methyl power.

The benefits of *Methyl Magic* will be quickly evident: increased energy and vitality, a trimmer shape, and a healthier mental outlook. Meanwhile, deep inside your body, you'll be working a more profound and longer lasting magic that can help keep you healthy, optimistic, and energized for the rest of our days. ---

The Editor

Advance Praise for *Methyl Magic*:

"*Methyl Magic* adds a missing piece to the optimal health puzzle. Introducing us to the science of Methylation, Cooney unravels the mystery of combining diet and vitamins to support long-lived vitality."

--- Nina Shandler, Author of
Estrogen: The Natural Way

"In *Methyl Magic* Craig Cooney describes strategies based on our bodies' simplest chemical grouping --- the methyl group --- that promise to help keep body and mind active and healthy!"

--- Steven Clark, Ph.D., Professor
of Biochemistry, University of
California, Los Angeles

Price: \$22.95, (no paperback available), (See next page.)