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Price: \$22.95, (no paperback available as of Jan., 2001)
Refer to ISBN 0-8362-3585-1 (hard back)
www.andrewsmcmeel.com

Library of Congress Cataloging-in-Publication Data
Cooney, Craig

Methyl Magic: maximum health through methylation / Craig Cooney with Bill Lawren.

Includes bibliographical references and index.

ISBN 0-8362-3585-1 (hbk)

1. DNA---Methylation---Health aspects. 2. Nutrition. 3. Dietary supplements.

QP624/C66 1999

613.2'6---dc21

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ADVISORY DISCLAIMER

You should seek the guidance of a qualified health professional before implementing the diet and dietary supplement recommendations in this book. Anyone who has, or suspects they have, a serious illness should consult a physician before undertaking the *Methyl Magic* program. Vitamins, minerals, and foods can interact with prescribed medications. The *Methyl Magic* program in this book should not be used as a substitute for qualified medical care or used in place of known effective treatments for disease.

Please buy and carefully read this book, *Methyl Magic*. It contains basic dietary facts needed to ideally complete the *Methyl Magic* program.

I was able to read this book without buying it, while sitting in a health food store. I was intrigued, (and desperate to alleviate my “maladies of aging”), so I scribbled down the Example A Sample Program of natural supplements, and bought them, (a six month supply was about \$100.00).

Taking these daily, I experienced truly miraculous results within just a few days, alleviating really debilitating maladies I had suffered with for about 15 years, since I passed 40. The author began ten years ago, when he was 34. He, his friends, and family have all experienced results that are truly “like magic”! And this magical miracle has taken place, with no side effects or any discernable down side!

I bought the book !

After 3 months of this simple supplement regimen, my health continues to improve. I am not naming my results, which go far beyond this book’s claims, because I know you may be helped in different ways by this *Methyl Magic* miracle, than I have been.

I am writing this to help anyone I can, and I want to emphasize that I did not need any “health professional” or “doctor”, to experience this miracle.

 The “ADVISORY DISCLAIMER”,

in this book, is necessary because litigation and lawsuits are so very common in the U.S., but it most likely applies to very few people.

Please study and follow this book’s program, and experience for yourself the amazing benefits that are possible for you, for about \$15.00 a month in supplements, and by eating satisfying, sensible foods.